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# Navigator News

"Discovering Fun News and Friendly Facts"

Port Washington, NY

April 2020

Volume 3, Issue 4

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## Where in the World...

Bist Du Hungrig? Which means, "Are you hungry" in German! Well if you are, there is a fair called "The Slow Food Fair" in Germany, and it will satisfy your hunger! This fair carries some of the best German dishes such as bratwurst, sauerkraut, potato pancakes, and sauerbraten (roast beef stew). Sauerkraut is one of the most famous vegetables associated with German foods. We use this German treat on our hot dogs here in America to make it more tasty. Germany also has delicious desserts. One of the best German desserts is bienenstich kuchen (bee sting cake). This cake is a honey flavored cream filled cake topped with honey almond. If you ever visit Stuttgart, Germany make sure to visit The Slow Food Fair!

## What's Going on Here...

EVENTS IN  
PORT WASHINGTON  
ARE POST-PONED  
AND WILL RETURN  
SOON!

## How's it Possible...

Most people are aware that spiders build webs, but did you know that webs were made of silk? Silk is released from spinnerets on the abdomen of their body. These spinnerets have silk glands within them that help produce what is used to make the web. The silk comes out in two forms. One form is stiff and dry so it can be used to make the web itself. The second form of silk starts out as a liquid and is super sticky. It is used to capture food for the spider. A spider's web is as strong as steel but also as stretchy as a rubber band. While humans can break webs with ease, bugs cannot. Some spiders make webs in caves or in tall grass, while others make them on the porch of a house. Spiders also sometimes eat the webs they make to replenish their own silk supply. Spiders are skillful engineers, gifted with amazing planning skills, and their webs have creative designs.

## When Did That Happen...

On April 6, 1896, the first modern Olympic Games were held in Athens, Greece. The atmosphere was festive, with more than 60,000 spectators welcoming foreign athletes with parades and banquets. Fourteen nations competed in 43 events with a total of 241 male athletes in the competition. The events ranged from track and field, cycling, swimming, gymnastics, weightlifting, wrestling, fencing, and tennis. The first modern Olympic champion was an American, James Connolly. He won the triple jump on opening day and was awarded a silver medal and an olive branch. Today the Olympic Games continue, having expanded to 206 countries, with the inclusion of female athletes.

## Who Knows...

1. What can't talk but will reply when spoken to?
2. What is so fragile that saying its name breaks it?
3. What can you break, even if you never pick it up or touch it?

(Find the answers on the back, under "In The Stars")

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## Navigator News is all Around Town

Bach to Rock	Wit & Whim
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Port Washington Train Station	Nancy Sinoway
Harbor Deli	Sheild's Hardware
Bubba Brown's Treasures	The Shelter Connection
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Navigator News supports the ongoing mission of Nicholas Center, Ltd., a Port Washington based nonprofit that helps individuals with autism lead productive and meaningful lives within the community. This entire paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness to the capabilities of people with disabilities. We hope you enjoy this complimentary monthly publication of fun, feel-good news...for a good cause! Learn more about us and affordable advertising opportunities at [www.navigatornews.org](http://www.navigatornews.org)

## That's Incredible!

Most animals like to be around other animals but not Fungie "The Dingle Dolphin". Fungie is a solitary bottlenose dolphin who lives in Dingle, Ireland and was first discovered in Dingle Harbor in 1983. That's why he is called the "Dingle Dolphin." Fungie is over 40 years old and weighs up to 500 lbs., and measures up to 13 ft. Fungie likes to seek out human contact and interact playfully and nicely with other swimmers, surfers, kayakers, and drivers in the water. Fungie has been observed eating garfish, something not previously known to be eaten by dolphins. Fungie is Ireland's first recorded occurrence because Dingle Harbor is a restricted area with no other whales or dolphins. This is why Fungie has the world record for being the first solitary dolphin.

## That's Trendy!

In Paris, France, there is a special raincoat that will debut this spring. French fashion designers have created a raincoat that will include a hooded umbrella on top of it. This raincoat is set to trend for the 2020 spring season, consumers can be excited about not having to carry an umbrella with them. Other special details are two sided pockets on the bottom of the raincoat. As the saying goes, "April showers bring May flowers!". This raincoat will be a lifesaver for many people who struggle in the rain.

## That's Funny!

When do people use their trampoline the most?

- Spring-Time.

What's the biggest difference between Thanksgiving and April Fool's Day?

- On one you're thankful but on the other you're prankful.

Which monster plays the most April Fool's jokes?

- Frankenstein.

## That's Twisted!

Five frantic frogs fled from fifty fierce fishes.

## That's Inspirational!

"Try to be a rainbow in someone's cloud." - Maya Angelou

## Pet of the Month!



### The Town of North Hempstead Animal Shelter

Juniper is a young German Shepherd that was found tied up at the gate of the shelter. She is a sweet girl with a lot of love to give, but can be nervous meeting strangers at first. She is very smart and is learning her commands like a pro! Juniper would do best in a shepherd-savvy home without young children.

Take me home today!

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[theshelterconnection.com](http://theshelterconnection.com)

## In The Stars

**ARIES** (Mar 21-Apr 20) This month's energy will create a loving atmosphere to give back. Express some warmth and gratitude to the special people in your life for their support — or, a simple random act of kindness to a stranger can also make your inner light shine. Lucky Day: Monday  
**TAURUS** (Apr 21-May 21) Changing things up by spending time with a few close friends can bring you a rejuvenated sense of purpose along with the good company. A great book that takes you to a far-away place or that can teach you something new might be right up your alley. Lucky Day: Tuesday  
**GEMINI** (May 22-June 21) Finding the answers to some of life's most pressing questions by simply listening to that little voice coming from your soul might not be as hard as it seems. Staying grounded in what matters most to you can be your compass. Lucky Day: Thursday  
**CANCER** (June 22-July 22) You're ready to hit the ground running! This is a great time to tackle ambitious fitness goals, as long as you're realistic about how sustainable these lifestyle changes are. Your friends will want to be around you a lot during this time. Lucky Day: Wednesday  
**LEO** (July 23-Aug 22) For the next four weeks, you're the life of the party on Zoom, and you add the color and fun that's been missing from your loved ones' lives. This will be the best month at your job. Lucky Day: Friday  
**VIRGO** (Aug 23-Sept 23) You will get good outcomes regarding your prosperity, happiness, and from your maternal side. You are also in an excellent position to make positive changes to your life during this period. Lucky Day: Saturday  
**LIBRA** (Sept 23-Oct 22) Work extra hard during this time because you will get great results. This time will be a great time for your career perspective. Lucky Day: Sunday  
**SCORPIO** (Oct 23-Nov 21) This change is going to be very important for your success because here you will be able to channel all the energy inside you. You will have more energy and be happier this year, so make sure to take advantage of it. Lucky Day: Tuesday  
**SAGITTARIUS** (Nov 22-Dec 21) It can be challenging to stay grounded and centered—but it's more important than ever. You're on the right track, forge ahead. Lucky Day: Saturday  
**CAPRICORN** (Dec 22-Jan 19) Capricorns will set high standards for themselves, but their honesty, dedication and perseverance will lead them to their goals. You will reach the top and achieve your goals. Lucky Day: Tuesday  
**AQUARIUS** (Jan 20-Feb 18) You're in particularly good shape for pursuing goals that involve creating and sharing. You may be able to smooth over differences through the power of touch or your physical presence. Lucky Day: Friday  
**PISCES** (Feb 19-Mar 20) Pisces are selfless, they are always willing to help others, without hoping to get anything back. It's a terrific time for sharing, networking, connecting, and group zoom activities or teamwork. Lucky Day: Monday

Answers to Who Knows: #1. An Echo #2. Silence  
#3. A Promise

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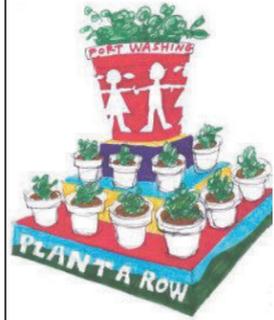
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The Community Chest is a nonprofit organization whose mission is to provide funds and below market rate rents to charities dedicated to improving the Port Washington community for ALL residents.

- 5 Mile Winter Run - March 8, 2020
- Citizens of the year - April 20, 2020
- Alper's Karmacas - May 17, 2020
- Golf & Fitness Outing - June 1, 2020
- Manhasset Bay Kayake - July 25, 2020
- Thanksgiving Day Run - Nov 26, 2020



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