

Take One
it's FREE



Navigator News

"Discovering Fun News and Friendly Facts"

Port Washington, NY

August 2020

Volume 3, Issue 8



MEN ON THE MOVE
Moving & Self-Storage

menonthemove.com



Our Harvest.
Where farmers market meets
online grocery

https://ourharvest.com




LANDMARK
ON MAIN STREET



Spectrum Suds
THE LAUNDRY SERVICE THAT OFFERS
LOADS OF OPPORTUNITIES
48 HOUR TURNAROUND

10% off your first order

Boutique Laundry Service
416 Main Street, Port Washington
Contact us - 516-767-7187 (ext. 2)



B2 BACH TO ROCK
AMERICA'S MUSIC SCHOOL

Providing music lessons for students of all ages and skill levels living in Port Washington, Manhasset, Great Neck, Roslyn, Glen Cove & the surrounding areas.

1015 Port Washington Blvd
Port Washington NY 11050
(516)-441-5526

Bubba Brown's Treasures

Port Washington Pillows and Towels available for sale. Items are made here in Port by someone with Autism.

Your purchase provides employment, empowerment and raises the awareness of those with Autism.

302 Main St, Port Washington, NY 11050
(516) 767-6200

Where in the World...

Today, around 600+ million people play chess across the globe. Chess has deeply touched & enlightened the lives of many people. Chess was invented in India during the Gupta Empire in 6th century AD. Chess was known as *chaturanga* at that time. There is a famous story of an Indian king, Shahram who got bored playing the same games every day. After announcing publicly & weeks of research, a wise mathematician presented *chaturanga* in front of the King. The name '*chaturanga*' is inspired by the four branches of the army: Chatur - four and Anga - divisions. The four divisions being infantry, cavalry, elephantry, and chariotry, represented by the chess pieces - pawn, knight, bishop, and rook, respectively. After India, chess quickly spread to Persia where it was known as *Chatrang*. In the 9th century, chess made its way to Europe as a result of the Arab expansion, where chess experienced its initial growth!

What's Going on Here...

August 30: Join "Bach to Rock" students & staff for an awesome end of summer jam! Event will be held at the Sousa Band Shell at Sunset Park 4pm-7pm Admission is free. Bring a chair, bug spray, a light jacket (it can get chilly) and prepare to social distance and/or mask up.

The Manorhaven Pool at Manorhaven Beach Park will be open daily for two sessions: from 10 a.m. to 1:30 p.m. and 2:30 p.m. to 6 p.m. The pool facility will be closed from 1:30 p.m. to 2:30 p.m. Admission will be free and only open for all North Hempstead Residents. For more information call 311.

The North Hempstead Beach is currently only open to town residents. There are no parking fees for the 2020 season. All visitors are asked to maintain social distancing guidelines and to wear a mask when possible.

How's it Possible...

On August 12, 1930, Clarence Birdseye received a patent for his "Refrigerating Apparatus," a machine that would revolutionize the frozen food industry. Over the course of his life, Birdseye received over 300 patents and transformed the way Americans eat. Birdseye's other inventions included special cellophane wrappings for frozen foods and insulated railroad cars for shipping his products. He also created improved food display lighting and heat lamps for keeping food warm. He is remembered today as the "Father of Frozen Food."

When Did That Happen...

The month of August is special to all Beatles fans. On August 26, 1968, the Beatles finished recording their first record "Hey Jude" on Apple Records. It was with the B side "Revolution" tape. The meaning behind "Hey Jude" was about a boy named Julian, who happens to be John Lennon's son. The Beatles were an English rock band, formed in Liverpool in 1960, with members John Lennon, Paul McCartney, George Harrison and Ringo Starr, they became widely regarded as the foremost and influential act of the rock era. The single went to number 1 on September 28th and stayed #1 for 9 weeks. It has sold approximately eight million copies and is frequently included on music critics' lists of the greatest songs of all time.

Who Knows...

1. What runs all around a backyard, yet never moves?
2. What can fill a room but takes up no space?
3. What breaks yet never falls, and what falls yet never breaks?

(Find the answers on the back, under "In The Stars")



Sweet Treats on the Wharf
Douglas & James Ice Cream
405 Main Street
Port Washington NY 11050



PO Box 121
Port Washington NY 11050



Mention this discount upon purchase!

\$1.00 off
Jumbo Popcorn
and Large Soda Combo

7 Soundview Market Place,
Port Washington, NY 11050
(516) 944-3900

Plant A Row for the Hungry
Port Washington



A local charitable organization which provides home grown fresh fruits and vegetables to those in need.

Join us on Facebook
516-510-8408

PAINTING WITH FLOWERS
AN ENCHANTING BOUTIQUE FOR WOMAN AND HOME

298 Main Street
Port Washington, NY 11050
(516) 883-4164
paintingwithflowers@msn.com

Navigator News is all Around Town

Bach to Rock	Wit & Whim
Prism Med Spa	Diane's Place
Port Washington Train Station	Nancy Sinoway
Harbor Deli	Sheild's Hardware
Bubba Brown's Treasures	The Shelter Connection
Port Washington Diner	North Shore Farms
Port Washington Library	Soundview Cinemas
Port Washington Dunkin Donuts	Twin Pines
Starbucks	Stop & Shop
Port Washington Salt Cave	Spectrum Designs

Contact us for low cost local advertising! (516)-767-7177

Come to Prism Med Spa and Reveal Your Inner Light



Mention this ad and receive \$50 off your 1st treatment and 25% Off your first package.

41 Main St, Roslyn NY
Tel: 516-277-2293 www.prismmedspa.com



- 436 Plandome Road -



As New York State's largest health care provider and private employer, Northwell Health's mission is to improve the health of our communities. Our focus is on prevention, wellness, and providing the full continuum of diagnosis, treatment and after-care services to all those we serve.



A Business with a Social Mission
Custom Apparel, Printed in NY

Spectrum Designs is the leading non-profit custom Apparel shop in the United States, employing teens and young adults with Disabilities. Providing customers all over the world with high quality custom T-Shirts, Sweatshirts and promotional products from their flagship location in Port Washington, NY - Spectrum Designs is THE business with a social mission.



Every Purchase directly supports
Employment of Teens & Young Adults
with Disabilities

Email sales@spectrumdesigns.org
or Call (516) 767-7187

Spectrum Designs Foundation is a registered 501(c)(3) Non-profit - All Donations are Tax-Deductible



SOCIALLY GOOD!
Purchases freshly made to order!

All products are made in small batches daily, ensuring mouth-watering flavor and unmatched freshness. Customers can even add their own logo or personalized message. These treats aren't just good, they're SOcially good!



www.spectrumbakes.org 516-767-7187(opt 2)

ISLANDPHOTOGRAPHY

Preserving the Moment
for over 20 Years

Graduations • School Portraits
Sports • Panoramic Group Photos
All Yearbook Needs



www.islandphoto.com 516.767.1234 800.869.0908

ISLAND PHOTOGRAPHY

Navigator News supports the ongoing mission of **Nicholas Center, Ltd.**, a Port Washington based nonprofit that helps individuals with autism lead productive and meaningful lives within the community. This entire paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness to the capabilities of people with disabilities. We hope you enjoy this complimentary monthly publication of fun, feel-good news...for a good cause! Learn more about us and affordable advertising opportunities at www.navigatornews.org



That's Incredible!

National Potato Day is August 19th, so if you like spuds, this one's for you! It seems that a few people have tried to claim that their potato is the biggest, but only a few have been officially confirmed by the Guinness Book of Records. In September 2010, Peter Glazebrook of Nottinghamshire grew a titanic potato that weighed just under 4kg, putting his spud in the top spot. It seems he is no stranger to large veggies and currently holds the record for the heaviest parsnip and the longest beetroot. What is he putting in that soil?!

That's Trendy!

Now that the Fourth of July has come and gone, summer is more than half over which means it is time to gear up for upcoming fall trends! Bodysuits, flared pants, and distressed denim are some of the most popular items this year. No wardrobe is complete without a pair or two of jeans, and a wide range of styles are popular this fall. High-waisted flared bell bottoms, boyfriend style and skinny jeans are some of the most popular options. A final accessory for this fall is a face mask, and many merchants are now selling washable cloth masks in a wide range of designs and styles.

That's Funny!

What is more amazing than a talking dog?

- A spelling bee

What do aliens wear to upscale weddings?

- Space Suits

Why is it so hot in a stadium after the Olympic games are over?

- Because all the fans have left!

That's Twisted!

You've no need to light a night-light on a night like tonight, when a night's light, like tonight's light.

That's Inspirational!

"Yesterday's the past, tomorrow's the future, but today is a gift. That's why it's called the present." - Bill Keane

Pet of the Month!

The Town of North Hempstead Animal Shelter



Are there any beach bums out there looking for a sidekick? Napoleon, a sweet and easy-going senior boy, wants nothing but to spend his golden years in the sun next to his forever companion. Napoleon originally came to the shelter as a stray and quickly stole all of our hearts. He was featured on a holiday edition of News 12's Dog Day Fridays. Napoleon is as gentle as they come and would make a wonderful companion for someone that enjoys relaxing as much as he does.

75 Marino Avenue
Port Washington, NY 11050
theshelterconnection.com

In The Stars

ARIES (Mar 21-Apr 20) You need some rest. Be thoughtful about how you interact with coworkers and employers. Lucky Day: Thursday
TAURUS (Apr 21-May 21) Be conscious and stay true to your word. Opportunities may develop through involvement with friends that have a purpose. Lucky Day: Friday
GEMINI (May 22-June 21) This month take care to be mindful. Don't forget to take time to stop and smell the roses. Lucky Day: Tuesday
CANCER (June 22-July 22) This will be a big month for you, professionally. You will be able to work in fine detail and present the best possible proposal. Lucky Day: Saturday
LEO (July 23-Aug 22) Use your energy wisely. Spend some time with good friends and family. Make self love a priority. Lucky Day: Tuesday
VIRGO (Aug 23-Sept 23) Nourish your soul in all the ways that make you feel whole. Infuse positivity into your heart and mind. Lucky Day: Sunday
LIBRA (Sept 23-Oct 22) You will reap the rewards for your kind actions. Try to be fair in your dealings with acquaintances. Lucky Day: Monday
SCORPIO (Oct 23-Nov 21) Be open to meeting new people and exploring new places. Lucky Day: Saturday
SAGITTARIUS (Nov 22-Dec 21) Give yourself permission to relax. Try to stay focused on one thing at a time. Things are looking good for you, so open your eyes and get to it. Lucky Day: Saturday
CAPRICORN (Dec 22-Jan 19) This month don't hesitate to take your show on the road. Travel will also be very informative, remember to let it all sink in. Lucky Day: Tuesday
AQUARIUS (Jan 20-Feb 18) Give yourself a break this month. You can't control everything, so focus on what you can do. Lucky Day: Friday
PISCES (Feb 19-Mar 20) To have the biggest impact in the shortest amount of time, go for the direct approach. Ambition is your middle name, go get 'em! Lucky Day: Tuesday

Answers to Who Knows: #1. A Fence #2. Light
#3. Day and Night

Photo booth and favors for all events



elitephotofavors.com 718-406-5240



Twin Pines Charitable Thrift Shop &
Community Food Pantry
(516)-883-9777
382 Main St
Port Washington NY 11050



14 Vanderverter Ave #255
Port Washington, NY 11050
516-767-0800
arnie@arnieherz.com

COMMUNITY CHEST OF PORT WASHINGTON

Established in 1949



The Community Chest is a nonprofit organization whose mission is to provide funds and below market rate rents to charities dedicated to improving the Port Washington community for ALL residents.

- 5 Mile Winter Run - March 8, 2020
- Citizens of the year - April 20, 2020
- Alper's Karmacas - May 17, 2020
- Golf & Fitness Outing - June 1, 2020
- Manhasset Bay Kayake - July 25, 2020
- Thanksgiving Day Run - Nov 26, 2020

382 Main Street
Port Washington, NY 11050
516-767-2121
info@portchest.org
www.portchest.org



Greater Port Washington Business Improvement District

www.portwashingtonbid.org 516-883-8890



The Navigator News will be displayed in
businesses throughout Port Washington.

Why pay high prices to reach your local community audience!?
12 Months for only \$600 for 3X2 Ad or \$1200 for 3X4 Ad
You may provide us with the artwork or we will create an ad for you!
Call us at (516)-767-7177
info@navigatornews.org

(516) 883-SEWS (7397)



334a Main Street
Port Washington, NY 11050

nancysinoway.com
nancysinoway@gmail.com



CATERING, EVENT PLANNING + DESIGN

410 Main Street
Port Washington, NY 11050
(516) 883-0091
www.hontheharbor.com info@hontheharbor.com