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Navigator News

"Discovering Fun News and Friendly Facts"

Port Washington, NY

August 2020

Volume 3, Issue 8



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Where in the World...

Today, around 600+ million people play chess across the globe. Chess has deeply touched & enlightened the lives of many people. Chess was invented in India during the Gupta Empire in 6th century AD. Chess was known as *chaturanga* at that time. There is a famous story of an Indian king, Shahram who got bored playing the same games every day. After announcing publicly & weeks of research, a wise mathematician presented *chaturanga* in front of the King. The name '*chaturanga*' is inspired by the four branches of the army: Chatur - four and Anga - divisions. The four divisions being infantry, cavalry, elephantry, and chariotry, represented by the chess pieces - pawn, knight, bishop, and rook, respectively. After India, chess quickly spread to Persia where it was known as *Chatrang*. In the 9th century, chess made its way to Europe as a result of the Arab expansion, where chess experienced its initial growth!

What's Going on Here...

August 30: Join "Bach to Rock" students & staff for an awesome end of summer jam! Event will be held at the Sousa Band Shell at Sunset Park 4pm-7pm Admission is free. Bring a chair, bug spray, a light jacket (it can get chilly) and prepare to social distance and/or mask up.

The Manorhaven Pool at Manorhaven Beach Park will be open daily for two sessions: from 10 a.m. to 1:30 p.m. and 2:30 p.m. to 6 p.m. The pool facility will be closed from 1:30 p.m. to 2:30 p.m. Admission will be free and only open for all North Hempstead Residents. For more information call 311.

The North Hempstead Beach is currently only open to town residents. There are no parking fees for the 2020 season. All visitors are asked to maintain social distancing guidelines and to wear a mask when possible.

How's it Possible...

On August 12, 1930, Clarence Birdseye received a patent for his "Refrigerating Apparatus," a machine that would revolutionize the frozen food industry. Over the course of his life, Birdseye received over 300 patents and transformed the way Americans eat. Birdseye's other inventions included special cellophane wrappings for frozen foods and insulated railroad cars for shipping his products. He also created improved food display lighting and heat lamps for keeping food warm. He is remembered today as the "Father of Frozen Food."

When Did That Happen...

The month of August is special to all Beatles fans. On August 26, 1968, the Beatles finished recording their first record "Hey Jude" on Apple Records. It was with the B side "Revolution" tape. The meaning behind "Hey Jude" was about a boy named Julian, who happens to be John Lennon's son. The Beatles were an English rock band, formed in Liverpool in 1960, with members John Lennon, Paul McCartney, George Harrison and Ringo Starr, they became widely regarded as the foremost and influential act of the rock era. The single went to number 1 on September 28th and stayed #1 for 9 weeks. It has sold approximately eight million copies and is frequently included on music critics' lists of the greatest songs of all time.

Who Knows...

1. What runs all around a backyard, yet never moves?
2. What can fill a room but takes up no space?
3. What breaks yet never falls, and what falls yet never breaks?

(Find the answers on the back, under "In The Stars")



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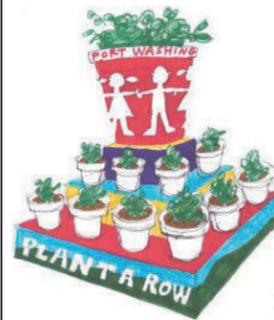


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Navigator News supports the ongoing mission of **Nicholas Center, Ltd.**, a Port Washington based nonprofit that helps individuals with autism lead productive and meaningful lives within the community. This entire paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness to the capabilities of people with disabilities. We hope you enjoy this complimentary monthly publication of fun, feel-good news...for a good cause! Learn more about us and affordable advertising opportunities at www.navigatornews.org



That's Incredible!

National Potato Day is August 19th, so if you like spuds, this one's for you! It seems that a few people have tried to claim that their potato is the biggest, but only a few have been officially confirmed by the Guinness Book of Records. In September 2010, Peter Glazebrook of Nottinghamshire grew a titanic potato that weighed just under 4kg, putting his spud in the top spot. It seems he is no stranger to large veggies and currently holds the record for the heaviest parsnip and the longest beetroot. What is he putting in that soil?!

That's Trendy!

Now that the Fourth of July has come and gone, summer is more than half over which means it is time to gear up for upcoming fall trends! Bodysuits, flared pants, and distressed denim are some of the most popular items this year. No wardrobe is complete without a pair or two of jeans, and a wide range of styles are popular this fall. High-waisted flared bell bottoms, boyfriend style and skinny jeans are some of the most popular options. A final accessory for this fall is a face mask, and many merchants are now selling washable cloth masks in a wide range of designs and styles.

That's Funny!

What is more amazing than a talking dog?

- A spelling bee

What do aliens wear to upscale weddings?

- Space Suits

Why is it so hot in a stadium after the Olympic games are over?

- Because all the fans have left!

That's Twisted!

You've no need to light a night-light on a night like tonight, when a night's light, like tonight's light.

That's Inspirational!

"Yesterday's the past, tomorrow's the future, but today is a gift. That's why it's called the present." - Bill Keane

Pet of the Month!

The Town of North Hempstead Animal Shelter



Are there any beach bums out there looking for a sidekick? Napoleon, a sweet and easy-going senior boy, wants nothing but to spend his golden years in the sun next to his forever companion. Napoleon originally came to the shelter as a stray and quickly stole all of our hearts. He was featured on a holiday edition of News 12's Dog Day Fridays. Napoleon is as gentle as they come and would make a wonderful companion for someone that enjoys relaxing as much as he does.

75 Marino Avenue
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In The Stars

ARIES (Mar 21-Apr 20) You need some rest. Be thoughtful about how you interact with coworkers and employers. Lucky Day: Thursday
TAURUS (Apr 21-May 21) Be conscious and stay true to your word. Opportunities may develop through involvement with friends that have a purpose. Lucky Day: Friday
GEMINI (May 22-June 21) This month take care to be mindful. Don't forget to take time to stop and smell the roses. Lucky Day: Tuesday
CANCER (June 22-July 22) This will be a big month for you, professionally. You will be able to work in fine detail and present the best possible proposal. Lucky Day: Saturday
LEO (July 23-Aug 22) Use your energy wisely. Spend some time with good friends and family. Make self love a priority. Lucky Day: Tuesday
VIRGO (Aug 23-Sept 23) Nourish your soul in all the ways that make you feel whole. Infuse positivity into your heart and mind. Lucky Day: Sunday
LIBRA (Sept 23-Oct 22) You will reap the rewards for your kind actions. Try to be fair in your dealings with acquaintances. Lucky Day: Monday
SCORPIO (Oct 23-Nov 21) Be open to meeting new people and exploring new places. Lucky Day: Saturday
SAGITTARIUS (Nov 22-Dec 21) Give yourself permission to relax. Try to stay focused on one thing at a time. Things are looking good for you, so open your eyes and get to it. Lucky Day: Saturday
CAPRICORN (Dec 22-Jan 19) This month don't hesitate to take your show on the road. Travel will also be very informative, remember to let it all sink in. Lucky Day: Tuesday
AQUARIUS (Jan 20-Feb 18) Give yourself a break this month. You can't control everything, so focus on what you can do. Lucky Day: Friday
PISCES (Feb 19-Mar 20) To have the biggest impact in the shortest amount of time, go for the direct approach. Ambition is your middle name, go get 'em! Lucky Day: Tuesday

Answers to Who Knows: #1. A Fence #2. Light
#3. Day and Night

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- Citizens of the year - April 20, 2020
- Alper's Karmacas - May 17, 2020
- Golf & Fitness Outing - June 1, 2020
- Manhasset Bay Kayake - July 25, 2020
- Thanksgiving Day Run - Nov 26, 2020

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