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# Navigator News

"Discovering Fun News and Friendly Facts"

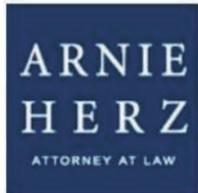
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## Where in the World...

Around the world, cultures welcome the change of the calendar with unique New Year's traditions of their own. For example, in Spain, it is custom to eat 12 grapes, one at each stroke of the clock at midnight on New Year's Eve. In Brazil as well as other Central and South American countries, certain colors are considered lucky. The most popular colors are red, believed to bring love into the New Year, and yellow thought to bring wealth. An onion is traditionally hung on the front door of homes in Greece as a symbol of rebirth. Parents also wake their children up by tapping them on the head with the onion. In Scotland, bonfire ceremonies are held, and in Denmark, residents stand on chairs and jump off of them together at midnight to "leap" into January in hopes of good luck.

## What's Going on Here...

January 6th: "Would YOU do business with YOU?" is a two hour interactive seminar that will give tips on how to start your own business. In this workshop you will learn how to network for your business, branding strategies, and creative business techniques. The workshop will be held at the Port Washington Public Library inside of the Hagedorn meeting room from 7-9 pm.

January 25th: Forest Therapy Walk- Take a meditative Forest Therapy Walk, led by certified guide Linda Lombardo. Based on the Japanese tradition of Shinrin-Yoku, a wellness practice developed in the 1980s, each unique walk inspires mindful connections with the natural elements of the woods for a range of healthful benefits. Walks conclude with a peaceful tea ceremony. For more information visit Linda's website: [www.liforestwalks.com](http://www.liforestwalks.com).

## How's it Possible...

One day in 1903, scientist Edward Benedictus was working in his lab when he accidentally knocked over a flask. When Benedictus looked down, he noticed that rather than breaking into a million little pieces, the glass had cracked slightly while maintaining its shape. Upon inspection, the scientist learned that what had kept the glass together was cellulose nitrate coating the inside of the glass, from that day the safety glass was created! Safety glasses found their first practical use in the 1940's as lenses for gas masks. After the proven performance of the new glass, many companies began to use them in their products. The most popular use of safety glasses are used in car windshields.

## When Did That Happen...

In January 2020, will be the 90th anniversary of the first Mickey Mouse comic to appear in newspapers throughout the United States. Walt Disney wrote the story himself doing the drawings, and Win Smith inking the comic strip. The first few strips were based on the film short called, "Plane Crazy." This short was the first short produced by Walt Disney Studios. It was inspired by Charles Lindbergh's flight from New York to Paris. In the strip, Mickey builds a plane and takes Minnie Mouse on a trip.

## Who Knows...

1. The more you take, the more you leave behind. What am I?
2. What is cold and bites but has no teeth?
3. What belongs to you, but other people use it more than you?  
(Find the answers on the back, under "In The Stars")

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**That's Incredible!**

For centuries volcanic activity around the world has fluctuated. The biggest volcano in the United States is Mount St. Helens, located in Seattle, Washington. The volcano's elevation is 8,363 feet above sea level. The volcano is named after the British diplomat Lord St. Helens, of whom his friend and explorer George Vancouver, chose to name the volcano after him. The location is in the Cascade Range and is part of the Cascade Volcanoes Arc, a segment of the Pacific Ring of Fire which includes over 160 active volcanoes. If you are planning to visit Seattle, it is highly recommended to visit America's biggest volcano, you will be amazed!

**That's Trendy!**

This winter, throwbacks are in! Corduroys will come in different styles and in so many different colors. This material is sure to keep you warm. For those cozy winter days try a bright 80's inspired chunky sweater. Want to add some flare to your winter wardrobe? Fashionable capes although dramatic, are trending to wear during this time of year.

**That's Funny!**

What did the cop say to his stomach?  
 -Stop it! You're under a vest.

What did the factory worker say, when the rubber band split in half?  
 -Oh snap!

How did Darth Vader know what Luke got him for Christmas?  
 -He could feel his presence.

**That's Twisted!**

Round the rough and rugged rock the ragged rascal rudely ran.

**That's Inspirational!**

"Make your life a masterpiece; imagine no limitations on what you can be, have, or do." - Brian Tracy

**Pet of the Month!**



**The Town of North Hempstead Animal Shelter**

Monica is a 5 year old Pit Bull Mix who has been looking for her new family for quite some time- we can't imagine why, though. Monica is an energetic and playful girl, knows her commands, and even enjoys the company of other dogs! She's also proving herself to be an agility champ. Due to her exuberance, she would do best in an active home with kids 10 years old and up.

75 Marino Avenue  
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[theshelterconnection.com](http://theshelterconnection.com)

**In The Stars**

**ARIES** (Mar 21-Apr 20) This month has the potential to give you a big jolt of creativity and zest. Keep an eye out for great ideas or moments of inspiration that can impact your whole month! Lucky Day: Sunday

**TAURUS** (Apr 21-May 21) Don't try to fit an old square goal into today's new round hole. You have the power to take big leaps into the future. Lucky Day: Saturday

**GEMINI** (May 22-June 21) Your vibe can be influential, so be aware that your voice could have some power. Share some love and you can make a difference in your world this month. Lucky Day: Thursday

**CANCER** (June 22-July 22) If you step out of your usual routine, you're likely to meet someone who can impact your life in the days to come. Give it a shot and get off the beaten path! Lucky Day: Wednesday

**LEO** (July 23-Aug 22) Whether you reach out for advice from one trusted pal, or create an entire entourage to tackle a project, just try not to go at it alone. The mingling of energy makes it easier to accomplish anything on your plate. Lucky Day: Wednesday

**VIRGO** (Aug 23-Sept 23) Ask questions and investigate; let your soul explore the possibilities. You could learn something that will enhance your life in a whole new way. Lucky Day: Thursday

**LIBRA** (Sept 23-Oct 22) A shift today can bring new things into your life that can touch you in a positive way down the road. An open mind and heart to welcome the differences in your world can help you see the lighter side. Lucky Day: Monday

**SCORPIO** (Oct 23-Nov 21) Be gentle with yourself and do the best you can. A little forgiveness can help you get right back up and try again — a little wiser and more joyful. Lucky Day: Tuesday

**SAGITTARIUS** (Nov 22-Dec 21) You don't need to keep everything in perfect order every day; give yourself permission to just be you! If you can swing it, make January a time for living and loving life, having fun and expanding your circles. Lucky Day: Sunday

**CAPRICORN** (Dec 22-Jan 19) Capricorns will likely be rolling down the highway of life in a very creative state of mind this month. You're likely to feel powered-up and ready for anything, so enjoy each moment as it comes. Lucky Day: Wednesday

**AQUARIUS** (Jan 20-Feb 18) Aquarians can likely take their pick from a monumental buffet of opportunities this month. Chances to make changes or learn ways to improve your quality of life could cross your path, so keep an eye out! Lucky Day: Tuesday

**PISCES** (Feb 19-Mar 20) This month, lean towards flexibility and compromise. When you learn to adjust, you can discover unknown passions and find new ways to add excitement to life! Lucky Day: Monday

**Answers to Who Knows: #1. Footprints #2. Frostbite #3. Your Name**

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