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# Navigator News

"Discovering Fun News and Friendly Facts"

Port Washington, NY

March 2021

Volume 4, Issue 3

2017-18  
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## Where in the World...

Saint Patrick's Day is a big event in Ireland. Many people come from around the world to visit ever since it became a traditional holiday in the 1980s. Families gather to enjoy live music in the street and attend parades. Saint Patrick was a 5th century British missionary and a bishop in Ireland. People wear green as a way to remember who he was and the wonderful things he did in Ireland. In the United States, Irish-Americans, and non Irish alike, celebrate this day as well. People usually get super festive and creative! You also can find places that sell special treats like green milkshakes, green bagels and Irish soda bread. In New York City, the annual Irish Day Parade is a big event with step dancers and bagpipe players. Maybe Dr. Seuss was right and green eggs and ham is not such a fairytale after all!

## What's Going on Here...

March 8 & 15: "Vegetable Gardening Series" from 7-8:30 PM weekly on ZOOM hosted by the Port Washington Public Library. Also presented by Master Gardeners from Nassau County Cornell Cooperative Extension and Plant-A-Row for the Hungry Port Washington. In this series, you will learn how to grow your own delicious vegetables and herbs. Sign up on pwpl.org to sign up and have access to zoom info. This event is free and open to the public.

## How's it Possible...

Did you know that the trampoline was invented by a kid?! Using his parents' garage as a workshop, teenage gymnast, George Nissen simply strapped a canvas sheet to a rectangular steel frame. In 1934, with the help of his coach Larry Griswold, he created a bouncing rig that helped generate the power and height to do a back somersault. Originally, they made it out of scrap steel and tire inner tubes. Thanks to those two we can bounce, jump and have tons of fun!

## When Did That Happen...

"Oh say can you see, by the dawn's early light..." This month marks the 90th anniversary of "The Star-Spangled Banner" national anthem. The song was written by 35 year old lawyer Francis Scott Key dedicated to America. It was written first as a poem on September 14, 1814, the name of the poem was called "Defence of Fort M'Henry." The lyrics of the poem were later officiated by congress on March 3, 1931 to be the National Anthem of the United States. What began as a poem and expression to the U.S. flag is now the anthem we sing. It is a song about the land of the free, and the home of the brave.

## Who Knows...

1. Why can't you iron a four-leaf clover?
2. What is a bow that can't be tied?
3. What can run but can't walk?

(Find the answers on the back, under "In The Stars")



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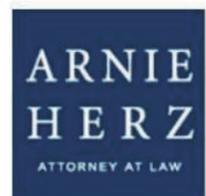


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**Navigator News** supports the ongoing mission of **Nicholas Center, Ltd.**, a Port Washington based nonprofit that helps individuals with autism lead productive and meaningful lives within the community. This entire paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness to the capabilities of people with disabilities. We hope you enjoy this complimentary monthly publication of fun, feel-good news...for a good cause! Learn more about us and affordable advertising opportunities at [www.navigatornews.org](http://www.navigatornews.org)



## That's Incredible!

Do you want to know when the largest St. Patrick's Day celebration took place? On March 17, 2012, the biggest St. Patrick's Day celebration was held in Ireland & globally, thanks to the Guinness World Book of Records. This day was to be promoted as "The Friendliest Day" of the year, with 4,000 venues in Ireland and venues around the world hosting St. Patrick's day events. In total, 435,456 participants had joined the campaign. From Japan to Nigeria, people from 161 countries around the world promised that they would take part and join a Guinness hosted St. Patrick's Day party to mark the Irish national holiday. This is testament to the global appeal of Irish culture and the positivity of the day which extends all around the world.

### That's Trendy!

On St. Patrick's Day, there will be a lot of good stuff to eat. Common foods are Irish soda bread, corn beef and cabbage. This year restaurants have brought back their usual St. Patty's treats! McDonalds will sell its shamrock shake, a delicious shake that has a minty green flavor. Disney parks will have their green colored snacks like green cupcakes and green Mickey caramel apples. St. Patrick's day is going to be sweet and salty for your taste buds. Check more trending holiday green treats near you!

### That's Funny!

What kind of music scares balloons?

- Pop Music!

What did the science book say to the math book?

- Dude! You have a lot of problems!

What do you give a sick lemon?

- A lemon-AID!

### That's Twisted!

Fluffy the fox follows the flowers

### That's Inspirational!

"Sometimes you will never know the value of a moment, until it becomes a memory" - Dr. Seuss

### Pet of the Month!

#### The Town of North Hempstead Animal Shelter



Nala is a gorgeous 5 year old Pit Bull Terrier that is unsure why she is in the shelter. Nala was surrendered with her sister when her family was moving and did not take the two of them with them. Her sister has since been adopted, but Nala still waits for her new home. Nala is sweet girl that loves her some treats, but sadly she is stressed here and therefore does not immediately interact with people meeting her. We believe that once this beautiful girl is home with a new, loving family she will come alive again. Due to the nervousness we are seeing here, we are not recommending her to live with young children at this time.

75 Marino Avenue  
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[thesherlockconnection.com](http://thesherlockconnection.com)

### In The Stars

ARIES (Mar 21-Apr 20) Try going out to places you haven't been before where you can meet the kinds of people who can open up new horizons for you.

Lucky Day: Monday

TAURUS (Apr 21- May 21) Reach out to others when you can and work on your hobbies when you cannot. Lucky Day: Sunday

GEMINI (May 22-June 21) This the perfect time to ask for advice from your friends. Lucky Day: Saturday

CANCER (June 22-July 22) You'll feel your social life become highly active this month. This will most likely bring exciting friends as well as new possibilities.

Lucky Day: Sunday

LEO (July 23-Aug 22) This month you'll tend to feel pretty in demand and well liked. Lucky Day: Tuesday

VIRGO (Aug 23-Sept 23) It's time to get busy! Activities that require your focus or creativity will bring in new opportunities! Lucky Day: Monday

LIBRA (Sept 23-Oct 22) You surprise yourself by showing someone how you really feel, or maybe by revealing an odd interest that others really don't understand, the good news is that the response is just about perfect. Lucky Day: Friday

SCORPIO (Oct 23-Nov 21) You need to level yourself back out from the excessive work you've partaken in over recent days. Lucky Day: Thursday

SAGITTARIUS (Nov 22-Dec 21) A born leader, you never worry about what people think. Your ideas are unique, and you don't second-guess yourself. Lucky Day: Tuesday

CAPRICORN (Dec 22-Jan 19) Use your intuition to decide on whether to take a chance on exciting new opportunities. Lucky Day: Saturday

AQUARIUS (Jan 20-Feb 18) You may feel more emotional during this time, try spending time with friends and loved ones this month. Lucky Day: Monday

PISCES (Feb 19-Mar 20) You will be most compatible with people who are creative and spend much of their time expanding their skills. Lucky Day: Wednesday

Wednesday

**Answers to Who Knows: #1. Because you shouldn't press your luck! #2. A Rainbow! #3. Water**

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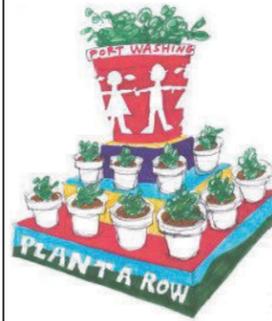
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Citizens of the year - April 20, 2020  
Alper's Karmacas - May 17, 2020  
Golf & Fitness Outing - June 1, 2020  
Manhasset Bay Kayake - July 25, 2020  
Thanksgiving Day Run - Nov 26, 2020

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