

Take One
it's FREE



Navigator News

"Discovering Fun News and Friendly Facts"

Port Washington, NY

May 2019

Volume 2, Issue 5



menonthemove.com



OurHarvest.
Where farmers market meets
online grocery
<https://ourharvest.com>



Sweet Treats on the Wharf
Douglas & James Ice Cream
405 Main Street
Port Washington NY 11050



Providing music lessons for students of all ages
and skill levels living in Port Washington,
Manhasset, Great Neck, Roslyn, Glen Cove & the
surrounding areas.

1015 Port Washington Blvd
Port Washington NY 11050
(516)-441-5526



The Navigator News will be displayed in
businesses throughout Port Washington.

Why pay high prices to reach your local community
audience!?
12 Months for only \$600 for 3X2 Ad or \$1200 for 3X4 Ad
You may provide us with the artwork or we will create an
ad for you!
Call us at (516)-767-7177
info@navigatornews.org

Where in the World...

In Costa Rica, a fisherman found a baby American Crocodile badly wounded by farmers. He took the crocodile in, and for six months helped the reptile get better with medicine, chicken, and fish. He eventually tried to release it back to the wild but the reptile kept returning to him. Chito named the croc "Pocho" and now considers him a family pet. They swim together and cuddle, just like you would with your own pet dog. Pocho will even come to Chito when his name is called. What an incredibly unexpected friendship!

What's Going on Here...

Friday May 3rd: 3rd Annual Siblings Support Spectrum Fundraiser. Join some of the best siblings of people with Autism, 7:30PM at The Bowery, Rockville Centre. Enjoy a 3-hour open bar, food, and carnival games. Tickets at spectrum.ticketbud.com
Saturday May 4th: Let's Not Be Still! Festival, 5K & Walk! 8:30 AM at North Hempstead Beach Park, Port Washington. Register at starlegacyfoundation.org. All proceeds will be used to provide education, awareness, and outreach to hospitals & support families affected by pregnancy/infant loss.
Sunday May 5th: Israel Fest at North Hempstead Beach Park, Port Washington. Noon-4PM, Free food, live music, and activities. Visit sjcc.org

How's it Possible...

Did you know that parrots actually don't have lips or teeth? But they are able to learn words and phrases. Scientists have discovered how parrots talk and mimic sounds. It comes from a unique region of a parrot's brain. Parrots have two structures in their brains that are vocal learning and imitation. Parrots have a syrinx, located between the voice box. Parrots also have thick tongues so they don't need lips to copy human sounds. When air passes through the syrinx, a parrots tongue moves which produce sound from their throat and mouth.

When Did That Happen...

On May 8, 1886, Coca-Cola was invented by a pharmacist named John Pemberton, otherwise known as "Doc." He fought in the Civil War, and at the end of the war, he decided he wanted to invent something that would bring him commercial success. The soda fountain was rising in popularity as a social gathering spot, so making a soda-fountain drink just made sense, and this was when Coca-Cola was born.

Who Knows...

1. You can drop me from the tallest building and I'll be fine, but if you drop me in water I die. What am I?
2. I can't speak or hear, but I always tell the truth, what am I?

(Find the answers on the back, under "In The Stars")



Photo booth and favors for all events



elitephotofavors.com 718-406-5240



14 Vanderventer Ave #255
Port Washington, NY 11050
516-767-0800
arnie@arnieherz.com



PO Box 121
Port Washington NY 11050



Mention this discount upon purchase!
\$1.00 off
Jumbo Popcorn
and Large Soda Combo
7 Soundview Market Place,
Port Washington, NY 11050
(516) 944-3900




Purchases freshly made to order!

All products are made in small
batches daily, ensuring mouth-watering flavor
and unmatched freshness. Customers can even
add their own logo or personalized message.
These treats aren't just good, they're
Socially good!

www.spectrumbakes.org 516-767-7187(opt 2)

(516) 883-9EWS (7397)



Creative
Tailoring & Alterations
Studio

334a Main Street
Port Washington, NY 11060

nancysinoway.com
nancysinoway@gmail.com



Twin Pines Charitable Thrift Shop &
Community Food Pantry
(516)-883-9777
382 Main St
Port Washington NY 11050

Bubba Brown’s Treasures

Port Washington Pillows and Towels available for sale. Items are made here in Port by someone with Autism.

Your purchase provides employment, empowerment and raises the awareness of those with Autism.

302 Main St, Port Washington, NY 11050
(516) 767-6200



A Business with a Social Mission
Custom Apparel, Printed in NY

Spectrum Designs is the leading non-profit custom Apparel shop in the United States, employing teens and young adults with Disabilities. Providing customers all over the world with high quality custom T-Shirts, Sweatshirts and promotional products from their flagship location in Port Washington, NY - Spectrum Designs is THE business with a social mission.

T-Shirts

Uniforms

Embroidery

Promotional Products

Every Purchase directly supports
Employment of Teens & Young Adults
with Disabilities

Email sales@spectrumdesigns.org
or Call (516) 767- 7187

Spectrum Designs Foundation is a registered 501(c)(3) Non-profit - All Donations are Tax-Deductible

Come to Prism Med Spa and Reveal Your Inner Light



PRISM
MED SPA

Mention this ad and receive \$50 off your 1st treatment and 25% Off your first package.

41 Main St, Roslyn NY
Tel: 516-277-2293 www.prismmedspa.com



GREENS
IRISH PUB

Manhasset, New York

- 436 Plandome Road -

Navigator News supports the ongoing mission of **Nicholas Center, Ltd.**, a Port Washington based nonprofit that supports individuals with autism in leading full and productive lives in the community. This entire paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness to the capabilities of people with disabilities. We hope you enjoy this complimentary monthly publication of fun, feel-good news...for a good cause! Learn more about us and affordable advertising opportunities at www.navigatornews.org



That’s Incredible!

Stan Lee is the incredible creator of Spider-Man, X-Men, The Incredible Hulk, and the rest of our favorite Marvel characters. He is best known for writing and publishing comic books. At the early age of 17, he was assistant at the Comic Time division of Pulp magazine and a comic book publisher. By the time he was 20, he created his own comic book publishing company called Marvel Comics. The inspiration for his characters came from his youth - wanting to create characters for his audience (teenagers) to relate to, rather than look up to.

That’s Trendy!

Cherry print clothing will be in during this season. This is because of its vibrant and colorful look. It’s also cheerful which gives a very summer-time-like vibe. Expect to see a lot of cherry print clothing everywhere. Tye-dye clothing remains in very high popularity throughout the warmer seasons, due to its brightness and sunburst look.

That’s Funny!

What do you call a bee that’s having a bad hair day?
-A frisbee

Why don’t skeletons watch scary movies?
-They just don’t have the guts.

What kind of room has no doors and no windows?
-A mushroom


That’s Twisted!

A certain young fellow named Beebee, wished to marry a lady named Phoebe, “But,” he said, “I must see what the minster’s fee be, before Phoebe be Phoebe Beebee.”

That’s Inspirational!

“Someone I once knew wrote that we walk away from our dreams, afraid that we may fail, or worse yet, afraid that we may succeed.”
-Forrester from Finding Forrester

Pet of the Month!



The Town of North Hempstead Animal Shelter

Emma enjoys being with people, and our handlers enjoy working with her. This smart, friendly girl knows her basic commands, loves long walks on our nature trail, agility activities, petting and of course, treats! She wants to be an only dog in the family.

75 Marino Avenue
Port Washington, NY 11050
theshelterconnection.com

In The Stars

ARIES (Mar 21-Apr 20) This will be the best day to initiate change. Sudden changes at home will thrill family members more than you anticipated. Lucky Day: Monday
TAURUS (Apr 21-May 21) You are able to make changes in your home that will be favorable to all involved. Any renovation or decorating to your home should include the whole family. Lucky Day: Saturday
GEMINI (May 22-June 21) Get domestic chores out of the way early. If you haven't planned a vacation, then at least try to get away for the weekend. Lucky Day: Sunday
CANCER (June 22-July 22) Look to a close friend for advice. Travel opportunities must be taken advantage of. Lucky Day: Sunday
LEO (July 23-Aug 22) You will enjoy lavish forms of entertainment and should consider making arrangements early. Exercise programs will be effective. Lucky Day: Sunday
VIRGO (Aug 23-Sept 23) You can put in some overtime and make extra cash. Social events should be the highlight of your day. Lucky Day: Wednesday
LIBRA (Sept 24-Oct 23) Hobbies will be good for your emotional well being. You may find that your family members are incredibly easy to get along with this month. Lucky Day: Thursday
SCORPIO (Oct 24-Nov 22) Look into the warm vacation spots that you’ve been day dreaming about. Lucky Day: Tuesday
SAGITTARIUS (Nov 23-Dec 21) Use your creative abilities to come up with new ideas and directions. Look into attending seminars that can expand your perception. Lucky Day: Sunday
CAPRICORN (Dec 22-Jan 20) You can raise your standard of living if you pick up some freelance work on the side. You may find that getting together with colleagues after hours will be worthwhile. Lucky Day: Wednesday
AQUARIUS (Jan 21-Feb 19) Romance will be on your mind, and chances for ideal connections are in the works. Social activities or travel should be in your plans. Lucky Day: Thursday
PISCES (Feb 20-Mar 20) You could have a tendency to spend too much on your home or entertainment. You may need to lend an ear to an old friend. Lucky Day: Monday

Answers to Who Knows: #1. Paper #2. A mirror




Our mission is simple:

To support individuals with autism in leading full and productive lives in the community.

www.nicholascenterusa.org 516-767-7177

COMMUNITY CHEST OF PORT WASHINGTON
Established in 1949



The Community Chest is a nonprofit organization whose mission is to provide funds and below market rate rents to charities dedicated to improving the Port Washington community for ALL residents.

Alper’s Karmacue – May 20, 2018
Citizen of the Year – Apr 16, 2018
Golf & Tennis Outing – May 14, 2018
Thanksgiving Day Run – Nov 22, 2018
PW-Manh Bay Kayak Run – July 21, 2018

382 Main Street ♦ Port Washington, NY 11050 ♦ 516-767-2121 **DONATE TODAY!** info@portchest.org ♦ www.portchest.org



CATERING, EVENT PLANNING + DESIGN

410 Main Street
Port Washington, NY 11050
(516) 883-0091
www.hontheharbor.com info@hontheharbor.com



As New York State’s largest health care provider and private employer, Northwell Health’s mission is to improve the health of our communities. Our focus is on prevention, wellness, and providing the full continuum of diagnosis, treatment and after-care services to all those we serve.



EAT IN · TAKE OUT · DELIVER
Why Go Anywhere Else?

306 Main Street
Port Washington, NY 11050
P: 516-883-9597
F: 516-767-7572
E: info@harbordelipw.com



Plant A Row for the Hungry Port Washington

A local charitable organization which provides home grown fresh fruits and vegetables to those in need.

Join us on Facebook
516-510-8408



Greater Port Washington Business Improvement District

www.portwashingtonbid.org 516-883-8890

Navigator News is all Around Town

Bach to Rock

Wit & Whim

Prism Med Spa

Diane’s Place

Port Washington Train Station

Nancy Sinoway

Twin Pines Thrift Store

Sheild’s Hardware

Bubba Brown’s Treasures

The Shelter Connection

Port Washington Diner

North Shore Farms

Port Washington Library

Soundview Cinemas

Port Washington Dunkin Donuts

Harbor Deli

Port Washington Salt Cave

Spectrum Designs

Contact us for low cost local advertising! (516)-767-7177