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Where in the World...

One of the most authentic food experiences you can have in Italy is to visit a food festival or *sagra*. Food festivals are like one big Italian dinner, with a few historic parades, dancing, and music is thrown in for good measure. For example, the Fiera Del Riso is the largest rice and risotto festival in Verona, Italy. You can eat taleggio rice, curried black rice and pear risotto. There are also historic parades and events dedicated to showcasing the rice farming process. In October, there is also the Mortadella Festival where mortadella is one of bologna's most loved products. It contains no artificial flavors, colors, or preservatives. At the festival, it is thinly sliced and served on bread. The festival features many street food stands where you can try the classic versions or the many twists of bologna by chefs. It takes place in the main square of the city and it's a real celebration of Bolognese culture.

What's Going on Here...

October : The Port Washington Chamber of Commerce, Port Washington BID, Residents Forward and Landmark on Main Street continues to have their Port Outdoors event, an open-air dining and shopping experience on Main Street. Port Outdoors Dine & Shop allows pedestrian-only zones on Thursday evenings from 4 to 9 PM until Oct. 15th. Parts of Main Street will be closed to traffic to allow the shops and restaurants to be on the street and enjoy meeting & talking to pedestrians.

October 18th : "Rocktoberfest" Rock out at the Sousa Band Shell. Free concert for the whole family presented by Bach to Rock feat. Porchlight. A concert benefitting Spectrum Designs Foundation and The Nicholas Center. A Port Washington based non-profit orgination with a mission: to help individuals with autism lead full and productive lives through the world of work and in the community. The concert begins at 3 PM and ends at 7 PM , social distancing measures will be in effect please wear a mask.

How's it Possible...

Do you know how candy corn was invented? The original "Chicken Feed" was invented by George Renniger in 1898 in Philadelphia, PA. George worked at the Wunderie Candy Company where he made the candy kernel by hand in small batches. Originally George mixed together sugar and corn syrup because they looked like kernels he named it Chicken Feed. Soon after, the candy became popular because it only cost one penny. The Goelitz company now known as Jelly Belly company decided to advertise the candy kernels it was renamed as candy corn. It became a treat that was eaten during Thanksgiving and Easter. In the 1950's candy became popular for Halloween because it was advertised more than other candy. Now more than 35 million pounds of Candy Corn is sold every year. Candy Corn has its own national day on October 30th.

When Did That Happen...

On October 2, 1950, the character we all love today Charlie Brown is not just born; he was created by Charles Swatz. Swatz earned an Oscar nomination for the first Charlie Brown film, "A Boy Named Charlie Brown." It did not win the Oscar however, his TV programs won many Emmys. One of them was for the "Charlie Brown Thanksgiving" special. Fans also enjoyed Charlie Brown's Snoopy in his doghouse. In 2002, the Charlie Brown float became popular at the Macy's Thanksgiving Day Parade. He was so loved that he is the longest character to ever appear in the Macy's Day Parade as a balloon. Later on, a float of Snoopy was made in 2019. In 2015, Snoopy got a star on the Hollywood Walk Of Fame. In October this adorable young man and his best friend Snoopy will have a birthday. They both will turn 70, except Snoopy was created 2 days later.

Who Knows...

1. What do you use to mend a Jack-O-Lantern?
2. Who won the skeleton beauty contest?
3. If money really did grow on trees, what would be everyone's favorite season?

(Find the answers on the back, under "In The Stars")



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Navigator News supports the ongoing mission of **Nicholas Center, Ltd.**, a Port Washington based nonprofit that helps individuals with autism lead productive and meaningful lives within the community. This entire paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness to the capabilities of people with disabilities. We hope you enjoy this complimentary monthly publication of fun, feel-good news...for a good cause! Learn more about us and affordable advertising opportunities at www.navigatornews.org



That's Incredible!

The largest apple in the world was grown in the west of England on January 1, 1914. This famous giant apple measures 26 inches in circumference, and weighed 27 ounces. The apple was sent to Messrs, Garcia, Jacobs and Co., for sale by public auction in Covent Garden Market on October 19, 1909. It sold for \$70, and the proceeds of that sale were presented to Charing Cross Hospital. This wonderful apple was grown in an 11 inch flower pot, the tree producing six mammoth fruits at the same time. It was this very tree which bore the giant apple of 1909. A well known expert, who inspected the largest apple in the world, expressed the opinion that its production would give a tremendous impetus to fruit growers in Great Britain.

That's Trendy!

In October, the weather gets cooler, and more time is spent inside with our families and friends. It is a great time to try making tasty fall recipes that are trending this season. Pumpkin combread is the perfect fall side to soup, roast chicken or turkey, apple pork chops and more! Made with autumn pumpkin, sweet spices and finished with a delicious cinnamon honey butter. If you enjoy apple cider then gather all of the beautiful, fresh, Fall and Winter fruit available. Pop it into a crock pot, and enjoy your warm and comforting Fall Harvest Hot Crockpot Apple Cider. Like pasta and squash? Trending is a gluten-free spaghetti squash alfredo dish. It's cheesy, rich, and creamy with an extra boost of wholesome vegetable goodness.

That's Funny!

What is a ghost's favorite meat?

- Boooooooo-logney

What does the skeleton say when the waiter brings his food?

- Bone Appetit!

What did the oak tree say when autumn came around?

- Leaf me alone

That's Twisted!

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That's Inspirational!

"You're braver than you believe, and stronger than you seem, and smarter than you think." - Winnie the Pooh

Pet of the Month!



The Town of North Hempstead Animal Shelter

We named him Salem because he came to the shelter as a stray in October, but he is anything but spooky! Salem is a fun loving, smart boy that has learned all of his basic commands. He LOVES tennis balls! We did a Wisdom Panel DNA test and the results came back: 75% Cane Corso, 12.5% Neapolitan Mastiff, and 12.5% American Staffordshire Terrier. Salem is a sweet and goofy boy, who enjoys leaning in for petting, but he can take a few minutes to warm up to strangers. He gets along well with other dogs and children.

75 Marino Avenue
Port Washington, NY 11050
theshelterconnection.com

In The Stars

ARIES (Mar 21-Apr 20) The key is to negotiate. Be sure both sides are heard equally before even considering solutions or decisions. **Lucky Day:** Tuesday
TAURUS (Apr 21-May 21) Health and hygiene apply to your mind too, so be sure you're maintaining a harmonious environment by having enjoyable conversations. **Lucky Day:** Monday
GEMINI (May 22-June 21) Apply your ideas creatively, perhaps unleash your inner belletrist by trying your hand at a short story or perfecting your visual communication with the perfect meme. **Lucky Day:** Sunday
CANCER (June 22-July 22) Align how you make money and where you spend it before hitting that buy button. **Lucky Day:** Thursday
LEO (July 23-Aug 22) You can make the most of the planet of love and beauty in your sign for the next month with a makeover, fresh photo shoot/headshots, meet and greets. **Lucky Day:** Tuesday
VIRGO (Aug 23-Sept 23) It's a good time for you to take time out to smell the roses, or whatever it is you've been missing with your recent fast pace! It's the small stuff that makes life special, so slow down and enjoy it! **Lucky Day:** Saturday
LIBRA (Sept 23-Oct 22) You want to spend your hard earned money on Monday and Tuesday, but it might be best to hold off. A rainy day could be just around the corner and you'll wish you'd saved it. **Lucky Day:** Wednesday
SCORPIO (Oct 23-Nov 21) You can't ever anticipate how other people will react, but you shouldn't try to modify your behavior in order to avoid it because you'll only end up stressing. **Lucky Day:** Monday
SAGITTARIUS (Nov 22-Dec 21) Touch base with a friend today. They'll appreciate your kind words more than you can imagine. **Lucky Day:** Saturday
CAPRICORN (Dec 22-Jan 19)) It's a great time to pull back a bit from the social life and spend some time with yourself this month. Self-care is the best care! **Lucky Day:** Wednesday
AQUARIUS (Jan 20-Feb 18) You're feeling a little out of it, but it's nothing that a long walk or some serious exercise can't help. **Lucky Day:** Sunday
PISCES (Feb 19-Mar 20) As a friend, it is your job to let another friend know that you support them and are there for them when they need someone to talk to. **Lucky Day:** Thursday

Answers to Who Knows: #1. A pumpkin patch #2. No body #3. Fall

Bubba Brown's Treasures

Port Washington Pillows and Towels available for sale. Items are made here in Port by someone with Autism.

Your purchase provides employment, empowerment and raises the awareness of those with Autism.

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5 Mile Winter Run - March 8, 2020
Citizens of the year - April 20, 2020
Alper's Karmaca - May 17, 2020
Golf & Fitness Outing - June 1, 2020
Manhasset Bay Kayake - July 25, 2020
Thanksgiving Day Run - Nov 26, 2020

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