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# Navigator News

"Discovering Fun News and Friendly Facts"

Port Washington, NY

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(516) 883-SEWS (7397)

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## Where in the World...

In South Korea, children are celebrated 100 days after their birth because a child who survived that long was likely to live a full life. This is called "Baek il" and it is celebrated by placing red bean rice cakes at the four compass points of the house and in the sharing of rice cakes with family, friends, and neighbors. It is believed that the more people there are that eat the rice cakes, the longer the life the child will have.

## What's Going on Here...

Sept 5th-8th: Long Island's Oldest Largest Italian Festival is happening at North Hempstead Beach Park, Port Washington. Admission is free. Food & rides are additional costs.

Sept 7th: One Love Long Island Yoga Festival is 20 Yoga Studio Communities gathered together at Sands Point Reserve on Sat., Sept 7th, 8:30am-3:30pm. The event is to raise awareness and funds that will 100% go to Off the Mat and Into the World, United We Om and Puresa Humanitarian. For more info please visit the links: <https://www.eventbrite.com/e/one-love-long-island-2019-yoga-festival-tickets-59906197048/amp> and <https://www.puresa.org/> Event Cost is \$72.00.

Sept 14th: Pride in Port. A day-long celebration of community pride. Parade kicks off at 11:30AM followed by a Senior Citizen luncheon and homecoming football game. Evening dinner dance with "A Taste of Port Washington" and live music. Parade on Main Street from Bellevue Avenue to Port Washington Blvd. Senior luncheon at Schreiber High School cafeteria. Homecoming football game at Schreiber field. Dinner Dance at Polish American Hall.

## How's it Possible...

In the fall, the leaves on the trees change colors, however the color of the leaves is different by the type of tree it is. Red maples turn scarlet, sugar maples can be orangey red, oaks turn brown, red, or a mixture of the two, and aspens turn golden. Leaves eventually turn brown because of tannin, the same substance that gives tea its astringency and staining power. Did you know that some chemicals that change the color of the leaves, also produce color in certain fruits & vegetables? Carotene, which turns leaves orange is the chemical that makes carrots orange. Antocyanias, which turn leaves red, are also found in blueberries and deep purple fruits like grapes. How amazing is it that our eco-system is all linked together?

## When Did That Happen...

In September, 1973, Billie Jean King faced Bobby Riggs in a tennis match now dubbed, "The Battle of the Sexes." Craving a return to the spotlight, Riggs decided in early 1973 to challenge some of tennis' top women players. King at first refused, but after her colleague Margaret Court faced Riggs and lost, King decided it was time to take Riggs up on his offer of a \$100,000 winner takes all tennis match. Riggs was a known chauvinist and made many disparaging remarks in the time leading up to the match. There was over 30,000 people in attendance as well as an estimated 92 million people watching on TV. Normally a serve-and-volley player, King made a conscious effort to wear Riggs down with baseline rallies. She won the first set 6-4 and the next two sets 6-3. Sometime after the match King said, "I thought it would set us back 50 years if I didn't win that match, it would ruin the women's tour and affect all women's self-esteem." Riggs was humbled in his defeat and told reporters that King simply "played too well." The two eventually settled their differences and became friends.

## Who Knows...

1. No matter how much it rains, it never gets any wetter. What is it?
2. What food goes on and on without a beginning, middle, or an end?
3. I am an ancient invention allows people to see through walls? What am I?

(Find the answers on the back, under "In The Stars")

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**Navigator News** supports the ongoing mission of **Nicholas Center, Ltd.**, a Port Washington based nonprofit that helps individuals with autism lead productive and meaningful lives within the community. This entire paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness to the capabilities of people with disabilities. We hope you enjoy this complimentary monthly publication of fun, feel-good news...for a good cause! Learn more about us and affordable advertising opportunities at [www.navigatornews.org](http://www.navigatornews.org)



## That's Incredible!

The largest performing rock band consists of 953 people and was achieved by Beijing Contemporary Music Academy in Tianjin, China on June 16, 2016. In total there were 6 different musical sections to the band. There were 349 singers, 154 guitarists, 151 drummers, 101 bassists, 100 keyboard players and 98 wind instruments, giving the final total of 953!

### That's Trendy!

Welcome Back To The 80's! From pleats, ruffle mini dresses to logo matching denim outfits it's all in! Talk about making a statement! And to add lavish feathers-just a regular day for Lady Gaga walking the red carpet. Oversized clothing ponchos, outlandish accessories, weird shoes, big bags (totes the size of a tabletop!). It doesn't stop there...ohhh no, skirts over wide leg pants or worn under a frock to create a "leg-lengthening effect". Last but not least of pre-fall trends is plaid suiting and mashed up solid separates. Enjoy being creative and most importantly don't forget to have fun!

### That's Funny!

Why should you take a pencil to bed?

To draw the curtains!

Why did the robber take a bath?

Because he wanted to make a clean getaway.

Did you hear about the angry pancake?

He just flipped.

### That's Twisted!

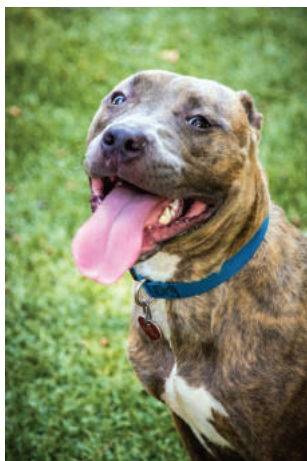
If only doctor doctors another doctor, then which doctor is doctoring the doctored doctor? Does the doctor who doctors the doctor doctor the doctor the way the doctor he is doctoring doctors?

### That's Inspirational!

"Love yourself. It is important to stay positive because beauty comes from the inside out."

-Michael Phelps

### Pet of the Month!



#### The Town of North Hempstead Animal Shelter

Luna is a pit bull mix and is as sweet as can be! Luna is an active girl that loves to go for long walks and chase the ball, but she also appreciates a good cuddle session. Due to her exuberance, Luna would do best in an active home with children 10+ years old dedicated to continue her training.

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### In The Stars

**ARIES** (Mar 21- Apr 20) Saving your hard earned money would be wise this month. Be honest in your communication and keep an upbeat attitude. Lucky Day: Monday  
**TAURUS** (Apr 21-May 21) Responsibilities, with respect to older relatives, may be an inspiration to you. You will have the ability to capture the interest of others. Lucky Day: Friday  
**GEMINI** (May 22-June 21) Get busy making those changes to your home. Spend time with those who bring positivity. Lucky Day: Tuesday  
**CANCER** (June 22-July 22) There's lots to be done and if you meet your deadline you'll be in your boss's good books. You may want to look into warm vacation spots. Lucky Day: Thursday  
**LEO** (July 23-Aug 22) Relatives will want to get together this month. Travel for business or pleasure will be enlightening. Lucky Day: Wednesday  
**VIRGO** (Aug 23 -Sept 23) Your ideas are good and career moves can be realized. You can gain knowledge from dealing with foreigners. Lucky Day: Saturday  
**LIBRA** (Sept 24 -Oct 23) Don't let anyone discourage your ambition. Make sure to get plenty of fresh air this month. Lucky Day: Sunday  
**SCORPIO** (Oct 24 - Nov 22) Romance and social activity will be a promising combination. You are best to do something energetic with friends. Lucky Day: Monday  
**SAGITTARIUS** (Nov 23 -Dec 21) Romantic opportunities are evident if you get involved in large groups or organizations. You will have opportunities to advance, but you may have to be willing to make some changes and possibly a residential move. Lucky Day: Wednesday  
**CAPRICORN** (Dec 22- Jan 20) Take special care in any home improvement project you work on today, you'll be glad you did. Stay busy by getting immersed in your work. Lucky Day: Tuesday  
**AQUARIUS** (Jan 21 -Feb 19) Your high energy will help you through this rather busy month. It's a favorable time for real estate, investments, and money-making opportunities to be successful. Lucky Day: Friday  
**PISCES** (Feb 20-Mar 20) Plan to visit friends or relatives. You'll meet interesting new people if you are social this month. Lucky Day: Saturday

**Answers to Who Knows: #1. Water. #2. A donut. #3. A window.**

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