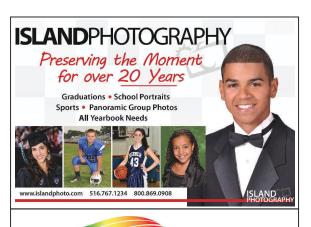
Port Washington, NY September 2021 Volume 4, Issue 9





The Navigator News will be displayed in businesses throughout Port Washington.

Why pay high prices to reach your local community audience!?

12 Months for only \$600 for 3X2 Ad or \$1200 for 3X4 Ad You may provide us with the artwork or we will create an ad for you!

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Navigator News is all Around Town

Wit & Whim Bach to Rock Prism Med Spa Diane's Place Port Washington Train Station Nancy Sinoway Harbor Deli Sheild's Hardware The Shelter Connection Bubba Brown's Treasures North Shore Farms Port Washington Diner Port Washington Library Soundview Cinemas Twin Pines Port Washington Dunkin Donuts Stop & Shop Starbucks Port Washington Salt Cave Spectrum Designs Contact us for low cost local advertising! (516)-767-7177

Where in the World...

Did you know that Japan has the most vending machines in the world? There is one vending machine for each person. The annual sales total more than \$60 billion and they are marked by an incredible variety. The machines sell any number of types of soft drinks, coffee, tea, candy, soup, hot food, and even sake and beer. If there's one thing Americans returning from Japan appear to like to write/read about, it's the wild and strange products sold in vending machines. Anyone can install a vending machine in Japan, by contacting a vending machine manufacturer and obtaining permission. Due to this, vending machines have helped the economy and helped citizens make extra income. That's a lot of snacks!

What's Going on Here...

Sept 18: "Pride in Port" Parade on Main Street. A day-long celebration of community pride. Parade kicks off at 11:30AM followed by a Senior Citizen luncheon and homecoming football game. Evening dinner dance with "A Taste of Port Washington" and live music.

Sept 19: "Party in the Park" Port Washington Carnival hosted by Resients Forward from at Blumenfeld Family Park. The event will take place from 1 PM - 4 PM with live music, family fun, carnival games, yummy refreshments and a tour of local resources for raising families in our great town. Event is free to attend for all.

How's it Possible...

How cool is it to discover something that can save lives. That is what happened on September 28, 1928. Scottish doctor and bacteriologist Alexander Fleming accidentally discovered the antibiotic, penicillin. Almost a decade and a half later, the antibiotic saves the first patient. He shared the Nobel Prize for Medicine in 1945 with Howard Florey and Ernst Chain, who had also worked on developing penicillin as a drug. Fleming's research helped pave the way for all modern antibiotics, which have proved to be effective drugs for the treatment of many diseases, including pneumonia and meningitis. A big thanks to Alexander and his discovery.

When Did That Happen...

Two of America's favorite game shows were created in the month of September. Wheel of Fortune and Jeaopardy, were both made by the same creator Merv Griffin. In these shows contestants must solve a puzzle by spinning the wheel or see how many things they remembered from school. The shows had hosts who were well respected and won Emmy Awards. Happy birthday to these shows that have brought families together after dinner time and created memories for us all.

Who Knows...

- 1. I'm tall when I'm young, and I'm short when I'm old. What am I?
- 2. What is always in front of you but can't be seen?
- 3. What can you keep after giving to someone?

(Find the answers on the back, under "In The Stars")







Community Food Pantry
(516)-883-9777

(516)-883-9777 382 Main St Port Washington NY 11050



As New York State's largest health care provider and private employer, Northwell Health's mission is to improve the health of our communities. Our focus is on prevention, wellness, and providing the full continuum of diagnosis, treatment and after-care services to all those we serve.



menonthemove.com



PO Box 121 Port Washington NY 11050



Plant A Row for the Hungry

Port Washington

A local charitable organization which provides home grown fresh fruits and vegetables to those in need.

Join us on Facebook 516-510-8408



Greater Port Washington Business Improvement District

www.portwashingtonbid.org 516-883-8890

Bubba Brown's Treasures

Port Washington Pillows and Towels available for sale. Items are made here in Port by someone with Autism.

Your purchase provides employment, empowerment and raises the awareness of those with Autism.

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A Business with a Social Mission

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Spectrum Designs is the leading non-profit custom Apparel shop in the United States, employing teens and young adults with Disabilities. Providing customers all over the world with high quality custom T-Shirts, Sweatshirts and promotional products from their flagship location in Port Washington, NY - Spectrum Designs is THE business with a social mission.



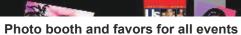






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Join our team!

The Nicholas Center is hiring support personnel to work with our team. Interested? Please email your resume to: workenicholascenterusa.org

Make a Change. Make a Difference. Make the World a better place.

Navigator News supports the ongoing mission of Nicholas Center, Ltd., a Port Washington based nonprofit that helps individuals with autism lead productive and meaningful lives within the community. This entire paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness to the capabilities of people with disabilities. We hope you enjoy this complimentary monthly publication of fun, feel-good news...for a good cause! Learn more about us and affordable advertising opportunities at www.navigatornews.org

That's Incredible!

The largest living cat is Hercules, an adult male liger (lion x tigress hybrid) currently housed at Myrtle Beach Safari, a wildlife reserve in South Carolina, USA. In total length, he measures 3.33 m (131 in), stands 1.25 m (49 in) at the shoulder, and weighs 418.2 kg (922 lb). His brother, Sinbad, is slightly taller, but is also lighter. Hercules has four nephews which were born in 2014, Yeti, Odin, Sampson and Apollo. These are the first white ligers ever born with Yeti being the largest of the litter. Wow how awesome! Meoww!

That's Trendy!

A new fall season means cozy new trends, but we're not just talking about fashion or decor. Autumn food trends are just as popular, and staying up to date with the latest trending fall foods will help you have a festive and delicious season. It doesn't have to just be pumpkin pie either! Try pumpkin waffles or pumpkin cheesecake. The harvest season is here which means apples are in their prime. Apples make the perfect addition to your fall menu. Baked apple pork chops and old fashioned apple dumplings are trending recipes this year. Something's brewing this fall, and it's Kombucha! It has great taste and is healthy for you. Make time to try these treats this fall season.

That's Funny!

I can't believe I got fired from the calendar factory.

- All I did was take a day

Why do bees hum?

off!

lyrics!

Karma

- They don't remember the

There's a new restaurant called

- There's no menu. You get what you deserve.

That's Twisted!

Betty Botter bought some butter

That's Inspirational!

"Happiness is not something readymade. It comes from your own actions."

- Dalai Lama

Pet of the Month!

The Town of North Hempstead Animal Shelter



Joey came up through The Shelter Connection's rescue program. He is very social and friendly, but came knowing no commands or how to walk on a leash. He has made some great progress in a short amount of time! He is an energetic, smart guy that is looking for an active family dedicated to continuing his training. He gets along with other dogs but has a prey drive for small animals so he is not recommended to live with cats or other small pets in the house. If you would like to meet Joey, please give us a call at 516-869-6311.

75 Marino Avenue Port Washington, NY 11050 theshelterconnection.com

In The Stars

ARIES (Mar 21-Apr 20) Happy September! This Virgo season is going to cool you down and bring you back down to earth. Revise, revisit and lay low. Lucky Day: Thursday

TAURUS (Apr 21- May 21) This is the month to attend to business be focused and receive the awards. Lucky Day: Monday

GEMINI (May 22- June 21) Septembers' focus will be on domestic affairs, family and fostering good relationships with the two. Lucky Day: Monday CANCER (June 22-July 22) You can count on help from stellar influences this month. It is important to believe in your capabilities and make quick decisions. Lucky Day: Tuesday

LEO (July 23-Aug 22) You feel creatively fertile, ready to give birth to some new talent or aspect of who you are. Lucky Day: Friday

VIRGO (Aug 23-Sept 23) This month will be a good test for you. You are burning with inspiration, ambition and likely yearning for a new sense of direction. Lucky Day: Saturday

LIBRA (Sept 23-Oct 22) Use this time to 'lighten up' with your sense of over-responsibility. If you can't love your work, then try to work with love. Lucky Day: Sunday

SCORPIO (Oct 23-Nov 21) Have faith in yourself, if you want success in life. Be spontaneous and make things happen. Lucky Day: Wednesday SAGITTARIUS (Nov 22-Dec 21) You like to be in the limelight and there will be many opportunities to shine this month. Lucky Day: Thursday CAPRICORN (Dec 22-Jan 19)This is also a peak time to start a new project, go over your budgets, and change up your health routine. Lucky Day: Monday

AQUARIUS (Jan 20-Feb 18) September will be filled with sunshine and happy messages. It's a gorgeous month, filled with positive vibes.Lucky Day: Tuesday

PISCES (Feb 19-Mar 20) September offers great opportunities to make new friends, promote yourself, advertise your business or create an internet presence. Lucky Day: Friday

Answers to Who Knows: #1. A Candle #2. The Future #3. Your Word



Providing music lessons for students of all ages and skill levels living in Port Washington, Manhasset, Great Neck, Roslyn, Glen Cove & the surrounding areas.

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COMMUNITY CHEST OF PORT WASHINGTON



The Community Chest is a nonprofit organization whose mission is to provide funds and below market rate rents to charities dedicated to improving the Port Washington community for ALL residents.

5 Mile Winter Run - March 8, 2020 Citizens of the year - April 20, 2020 Alper's Karmacae - May 17, 2020 Golf & Titness Outing - June 1, 2020 Manhasset Bay Kayake - July 25, 2020 Thanksgiving Day Run - Nov 26, 2020



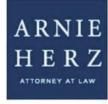
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