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Where in the World...

In South Korea, children are celebrated 100 days after their birth. Historically, it was a big milestone for a baby to reach 100 days since babies would often pass away due to illness and poor living conditions. This celebration is called "Baek il" , it is celebrated by placing red bean rice cakes at the four compass points of the house. Rice cakes are then shared among family, friends, and neighbors. Another belief was that if the steamed rice cakes were shared with 100 people, the infant would have a long and healthy life. Therefore, rice cakes were sent to as many relatives and friends as possible to help celebrate the happiness of the occasion.

What's Going on Here...

Oct 11: "Four Season in Music" Connected play at Sands Point Reserve at 7 PM. Each concert features music and poetry, inspired by the time of year and themes of romance and resilience. Internationally renowned musicians present captivating performances with repertoire ranging from Beethoven, Bach, and Mozart to today's culturally diverse composers.

Oct 17: Autumn Fest at Sands Point Reserve: A family celebration of the fall season and Halloween with outdoor activities for children of all ages. There will be a Honey Market for shopping, a bluegrass band and guided nature walks. The event begins at 12 PM. Visit [sandspoint-preserveconservancy.org](http://sandspoint-preserveconservancy.org) for more information.

How's it Possible...

Have you ever wondered how the "The Great American Scream Machine" roller coaster came to be? The ancestor to the first roller coaster was called "Russian Mountains", which were wooden slides covered in a sheet of ice. The first American roller coaster was opened on June 16, 1884 and was created by an inventor, La Marcus Thompson. It was called the gravity pleasure switchback railway. It's maximum speed was 6 MPH and the cars of both tracks had to be manually pulled to the top at the beginning of each ride. While the roller coasters of today have many innovations like loop de loops and corkscrew rails, there are still at least two roller coasters in existence from this by-gone era. One of these coasters is the Cyclone at Coney Island, which was created in June of 1927. Thank you to these amazing inventors for creating fun for all generations.

When Did That Happen...

Have you ever watched the episode of Spongebob Squarepants where Leif Erikson Day happens? Well, apparently it is a REAL HOLIDAY! Leif Erikson Day, is celebrated every year on October 9th. This holiday is meant to celebrate the day Leif Erikson landed in America. He sailed here in 1002 A.D. on a trip from his homeland of present day Greenland. This holiday was first celebrated in 1964, after Congress declared October 9th Leif Erikson. I would like to wish everyone a HAPPY LEIF ERIKSON DAY, HINGA DINGA DOERGEN!

Who Knows...

1. What type of bath does a Vampire take in October?

2. I represent 8 but listed as 10, my days are shortened whn time changes again. What am I?

3. If October was a shape what shape would it be?

(Find the answers on the back, under "In The Stars")



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**Navigator News** supports the ongoing mission of **Nicholas Center, Ltd.**, a Port Washington based nonprofit that helps individuals with autism lead productive and meaningful lives within the community. This entire paper is developed by people on the Autism Spectrum and seeks to foster inclusion and bring awareness to the capabilities of people with disabilities. We hope you enjoy this complimentary monthly publication of fun, feel-good news...for a good cause! Learn more about us and affordable advertising opportunities at [www.navigatornews.org](http://www.navigatornews.org)



**That's Incredible!**

It is the year 1999: At the X-Games, legendary skateboarder Tony Hawk lands the first ever 900. For those who don't know about skateboarding, a 900 is 2 and a half rotations on a skateboard before landing. Fast forward about 21 years later, a Brazilian native and skateboarder Gui Khury at the age of 11, did one better and landed a 1080! That is three full 360 degree spins on a skateboard! Gui now holds the world record for landing the first 1080 on a regulation skate ramp. He is also the youngest competitor ever at the X-Games. He is well the youngest competitor ever at the X-games. That makes two world records and Gui is only 12 years old!!!! THIS KID IS GOING PLACES!

**That's Trendy!**

In the fall, the leaves are turning brown and the weather gets chilly. This means that we can stay inside and make delicious fall foods. Here are some trendy and delicious things to cook in October: Have fun eating these dishes!

- Honey pumpkin cornbread muffins.
- Quinoa with caramelized butternut squash.
- Mediterranean baked sweet potatoes
- Crockpot balsamic pork roast.
- Sweet potato pie cupcakes with marshmallow frosting.
- Chicken-fried steak fingers with creole mustard sauce.

**That's Funny!**

Why did the ghost go into the bar?

- For the Boos.

What kind of music do mummies like listening to on Halloween?

- Wrap music.

Which Halloween monster is good at math?

- Count Dracula!

**That's Twisted!**

If big, black bats could blow bubbles, how big of bubbles would big black bats blow?


**That's Inspirational!**

"They say time changes things, but you actually have to change them yourself."

- Andy Warhol

**Pet of the Month!**

**The Town of North Hempstead Animal Shelter**




Joey came up through The Shelter Connection's rescue program. He is very social and friendly, but came knowing no commands or how to walk on a leash. He has made some great progress in a short amount of time! He is an energetic, smart guy that is looking for an active family dedicated to continuing his training. He gets along with other dogs but has a prey drive for small animals. He is not recommended to live with cats or other small pets in the house. If you would like to meet Joey, please give us a call at 516-869-6311.

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**In The Stars**

ARIES (Mar 21-Apr 20) Problems are solved through productive conversation. It is important to address what's bothering you before the emotional full moon (in your sign) on the 20th. Lucky Day: Sunday  
TAURUS (Apr 21- May 21) A retreat off the grid with nothing but a good book and your journal is definitely in order. Lucky Day: Tuesday  
GEMINI (May 22- June 21) Things calm down once Mercury stations direct on the 18th, leaving you to integrate what you've learned into your everyday life. Lucky Day: Friday  
CANCER (June 22-July 22) Don't let anyone's negativity hold you back from reaching your highest potential. Lucky Day: Saturday  
LEO (July 23-Aug 22) Fall is a time that is more about comfy vibes and relaxation. Lucky Day: Monday  
VIRGO (Aug 23-Sept 23) Don't worry if things are slow at first, the process picks up his month. Continue to put yourself out there. Lucky Day: Saturday  
LIBRA (Sept 23-Oct 22) Your creativity is potent right now and people want to hear what you have to say. Lucky Day: Thursday  
SCORPIO (Oct 23-Nov 21) Sometimes all self-preservation requires is staying present. Lucky Day: Sunday  
SAGITTARIUS (Nov 22-Dec 21) You will be in a forward-thinking mindset for the rest of the year. Lucky Day: Tuesday  
CAPRICORN (Dec 22-Jan 19) Do not let the urgency you feel rush situations that require a more deliberate and slower pace. Some things take time. Lucky Day: Wednesday  
AQUARIUS (Jan 20-Feb 18) Your charm continues to draw those around you. Look out for someone special this month. Lucky Day: Friday  
PISCES (Feb 19-Mar 20) Spending so much time in solitude has been refreshing. Now your ready to be a social butterfly. Lucky Day: Monday

**Answers to Who Knows: #1. Vampire Riddles #2. October #3. An Octagon**



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The Community Chest is a nonprofit organization whose mission is to provide funds and below market rate rents to charities dedicated to improving the Port Washington community for ALL residents.

5 Mile Winter Run - March 8, 2020  
Citizens of the year - April 20, 2020  
Alper's Karmacas - May 17, 2020  
Golf & Fitness Outing - June 1, 2020  
Manhasset Bay Kayake - July 25, 2020  
Thanksgiving Day Run - Nov 26, 2020



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