



PAM – Ride Invitation

Saturday 1st September

Leaving Saltash Services at 9.30

Replaces our regular Sunday Event next weekend

Despite writing this on a rainy Sunday the weather looks good for next weekend so join us on a pleasant jaunt to Coverack

RL- Philip Head

Philip writes- I have offered to trial a Saturday ride out because I have regular commitments on Sundays. Perhaps there are others who would find a Saturday ride out convenient.

So here's the plan:

Meet at SALTASH SERVICES at 09:30 with full tanks. First we take the A roads to Callington, then on the Launceston road, turning left on the road to Congdons Shop. Go over the moors taking in Upton Cross; Minions; St. Neot; Mount; Cardinham then on to Bodmin.

Then take the Old Coach Road to our coffee break at Chapter 1 Diner at Indian Queens.

After the break we head off via Truro to Coverack. A table will be booked for us at The Lifeboat House Restaurant, which has a picture window with stunning views over the ocean. Sharks and dolphins are commonly viewed here along with a large selection of bird life. They do a fabulous all-day breakfast for £7.50. Those who would like to bring a picnic or have lunch elsewhere are of course free to do so.

A fifteen-minute walk along the coastal path will take those who wish to the Terence Coventry Sculpture Park, a most unique experience. Return via Truro and St. Austell to a comfort and coffee break at Lostwithiel. Disperse from there.

5 and a half hours' riding time; approx. 2 hours comfort and lunch breaks



Lifeboat House Coverack - Click photo for Menu

Hope to see you there !
PAM team



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