**Run sheet Driver/Rider- Competencies covered**

This run sheet will assist in the development of the driver/rider on the reverse side is an area to record further information.

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| **In the run column mark:**  **Competence Levels: 1 = Commended 2 = Satisfactory 3 = Requires Development** |

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| **Name** | |  | **Competence** | **Observer comments Run No.** |
|  | Pre-drive / ride checks | |  |  |
| **Preparation** | Fitness / eyesight check | |  |  |
|  | Cockpit Drill (car only) | |  |  |
|  | Rolling brake test | |  |  |
|  | Knowledge – IPSGA | |  |  |
| **Information** | Observation – scanning | |  |  |
|  | Use of mirrors and rear observation | |  |  |
|  | Take, Use, Give (TUG) | |  |  |
|  | Road signs and markings | |  |  |
|  | Anticipation | |  |  |
|  | Hazard identification | |  |  |
| **Position** | Bends | |  |  |
|  | Junctions and Roundabouts | |  |  |
|  | Motorways | |  |  |
|  | Overtaking | |  |  |
|  | Hazard management | |  |  |
|  | Vulnerable road users | |  |  |
| **Speed** | Speed limits | |  |  |
|  | Acceleration sense | |  |  |
|  | Limit point | |  |  |
|  | Braking technique | |  |  |
| **Gears** | Clutch and changing gear | |  |  |
|  | Choice of gear | |  |  |
|  | Timing of changes | |  |  |

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| **Acceleration** | Smoothness |  |  |
| Anticipation and planning |  |  |
| Hazard awareness |  |  |
| Progress and restraint |  |  |
| **Other Skills** | Steering |  |  |
| Slow manoeuvring |  |  |
| Knowledge H/code & course material |  |  |
| Courtesy to other road users |  |  |
| Vehicle / machine sympathy |  |  |
| Spoken thoughts (car only) |  |  |

**Run sheet – Observer Notes**

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| **Date** |  | **Weather conditions** |  | **Observer name** |  |

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| **Observer Comments** |
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| **Development Plan** |
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