



#### Million word gap project

Goodnight stories are important for kids because they help create a relaxing bedtime routine, signaling that it's time to wind down and sleep. These stories make children feel safe and secure, especially when they are feeling scared or worried. Reading together creates a special bonding time between parents and children, strengthening their connection.

Goodnight stories help children relax after a busy day, making it easier for them to fall asleep. Bedtime stories are fun and comforting. They help children grow smarter and feel loved.

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### Illustrations by

**Adobe Firefly** 

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Goodnight stars, goodnight moon, Goodnight cupboard, goodnight spoon.

# Stretch up high and breathe in deep, 1, 2, 3.





Tuck in tight and breathe out slow,
4, 5, 6, 7, 8.

Come on now,
it is getting late.



For the day has ended, and night is near,

Time to snuggle close and hold those dear.



Cuddle me close, a kiss, a hug,



A tight, tight squeeze, just as warm as the softest rug.



My ears can stop their listening tests.



No more talking mouth, it's time to count sheep.

Goodnight eyes, it's time to rest,



Goodnight nose, it's time to sleep,



## Let's wiggle our fingers, count them one-by-one,

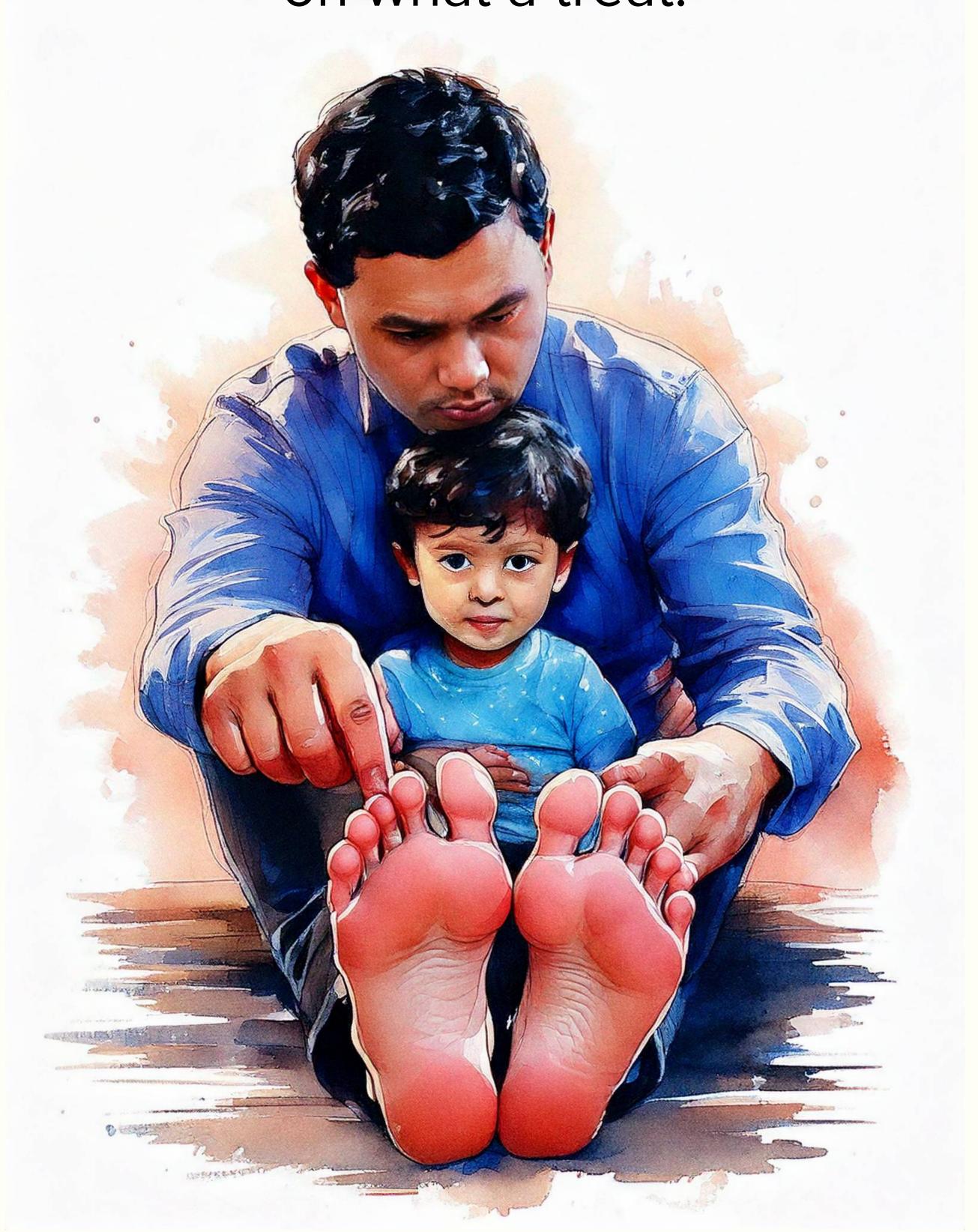


Tommy thumb, Peter pointer,
Longman tall,
Ruby ring, and baby small.

#### Now let's do it all again!



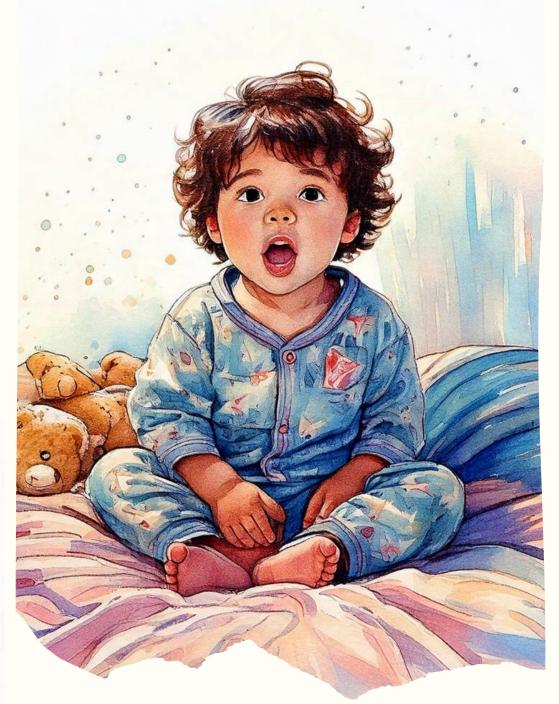
Let's scrunch up our toes, so tight and neat,
There are ten there too, oh what a treat!



1 2 3 4 5 6 7 8 9 10

A big, big yawn, a final squeeze,





I love you my angel,



now dream as you please.

Sweet dreams, my darling,
I love you so,
Goodnight now,
it's time to let go.

