

Ingredients that Go Well with Chocolate

Most chocolate skincare is a mixture of other ingredients and products where Cacao (Chocolate) is the star. In fact all skincare products are a combination of a variety of ingredients that together make up a nourishing food for your skin.

And, although is hard to believe, not everyone likes the strong aromatic smell of chocolate. Then, combining chocolate with other materials will make a fabulous finished product.

Following, we will study the different essences extracted from fruits, flowers, plants that enhance the properties of working with Chocolate.

In order to obtain a good finished product when working with Chocolate, you need to combine it with other ingredients too, as essences from plants, flowers, seeds, as seen before, but as well work with other butters, waxes to emulsify, humectants.

If you are new to the whole concept of formulating, start simple. Don't blend 5-6 ingredients together until you know each material first. In this lesson we will start you off on that goal, examine these ingredients, take notes and discover, create, enjoy and experience with them.

The combination of the elements, materials and ingredients used make the product, keep a journal with your experiments, that is how I started, formulating, combining ingredients, searching their properties and what they are good for, so putting them together will make a great product. In no time you will develop skills and become an expert, and start a compendium of your own recipes. Look for inspirations where you live, look for ingredients that are native to your place, invent!

In Modules 4 to 8 you will find inspirations to create. Some formulation samples are given to you as an idea of how you can combine and create a product.

Citrus Essences that go well with Chocolate



Lemon Peel
Orange
Lime
Bergamot



Floral Essences that go well with Chocolate



Rose
Lavender
Rosemary
Hibiscus
Chamomile
Gardenia
Violet Leaf

Vanilla
Coffee
Green Tea
Cinnamon
Clove
Peppermint
Ylang Ylang
Bergamot
Raspberry
Strawberry
Cherry
Patchouli
Benzoin
Sandalwood

Other Essences that
go well with
Chocolate



Plants Oils to combined with Cocoa in Skincare Products



Apricot Kernel Oil

Coconut Oil

Jojoba Oil

Avocado Oil

Almond Oil

Brazil Nut Oil

**Evening Primrose
Oil**

Monoi de Tahiti

Camellia

Butters to combine with Cocoa

Shea Butter
Mango Butter
Cupuacu Butter
Kokum Butter
Murumuru Butter



Waxes commonly used in Cocoa Skincare Products

Beeswax
Candelilla Wax
Rice Wax



Hydrosols

Lavender

Rose

Rose Geranium

Chamomile

Jasmine

Orange Blossom



Humectants

Honey

Glycerine

Glycerites

Castor Oil

Aloe Vera Gel

Clays

Kaolin
Bentonite
Seaweed
Rhassoul
Pink Clay
Kaolin



Exfoliators

Rapadura Sugar
Coconut Sugar
Mineral Salts
Ground Flowers Buds
Walnut Shell Powder
Berry Powders

Make a shopping list. When you have obtained the ingredients, read their technical data to ensure that you use them at the right percentages

