



PARTNERS Press

August/September 2021

www.partnersfamilyresourcecenters.org



What's Inside?

- TUTORING!
- U-Pick Vegies!
- Circle of Friends!
- **KNOW YOUR ZONE!**
- Back to school immunizations
- GED & ESL classes!
- Nurturing Parent 1:1 support
- And more!



Once again, here's to the Super Heroes who kept learning happening during this crazy time—teachers and parents alike! The first day of school is just around the corner and it may look different than in years past. Know that the FRC is still here for information and resources, and to support you in any way we can!

OPEN HOURS:

Mon-Thurs 9am-4pm

(closed for lunch from 12:30-1:00pm)

Fri 9am-1pm

Phone: 530-273-4059



CIRCLE OF FRIENDS

Playgroup for Toddlers

Come join us for a fun-filled morning of activities, singing, & story time!



10:00-11:30am

Tuesday or Wednesday

**Call Viki to register for September 2021
530-273-4059**

FRC FUNDRAISER!

Penn Valley Chamber Virtual Auction August 2-7, 2021

View auction items Aug 2-Aug 6 on PV Chamber Facebook page and make your bids on Aug 7th noon-6pm
Winners notified by Aug 10th
Proceeds benefit PV & GV FRC programs & Chamber Scholarship Program



No computer? No printer?

Our computers and printer are available by appointment. Call 530-273-4059 to schedule a time to come in. Adults & students 13+yrs

Why get vaccinated?

To protect yourself, your co-workers, your patients, your family, and your community



Building defenses against Covid-19 in our community is a team effort. www.cdc.gov/coronavirus/vaccines

COVID-19 VACCINATION CLINICS

For the most up-to-date information on where to receive your vaccination visit

mynevadacounty.com OR myturn.ca.gov

Or call us and we can help locate a clinic for you!
530-273-4059



In order to understand whether your area is under an evacuation warning or order, you need to know your Zone Name. Authorities will use Zone Names in emergency alerts, media releases, & social media to notify residents.

FIND YOUR ZONE!

- 1 Go to community.zonehaven.com
- 2 Enter your address into the search bar
- 3 Find your zone in the pop-up window & WRITE IT DOWN & put it somewhere where everyone in your house can see it (the fridge is a good bet).



BE PREPARED NEVADA COUNTY!!



New Events and Opportunities.

Empowering youth to make healthy lifestyle choices.

JOIN US Friday, AUGUST 6th For OUTDOOR MOVIE NIGHT!

7:30pm-11:00pm

Ages 11-25 Movie TBA

Litton Building

200 Litton Drive

Backyard—far left side of building

Bring your friends & kick back with free candy and popcorn. Bring a lawn chair or blanket to sit on.

*****Due to Covid everyone must sit at least 3ft apart & no sharing blankets.**

Please call/text us at 530-470-3869 with questions or if you need support.

See Facebook or go online

for more info: www.ncneo.org.



Our TUTORING PROGRAM will begin again in September for students in 2nd grade through college (adults included). Please call us for info or to have a student added to our waiting list. All Covid protocols will be followed.



530-273-4059

GED class returning to the FRC!

Mondays 9am-12pm

Beginning in September 2021

Enrollment info TBA

ESL class is returning as well!

Pending schedule confirmation

Call the FRC for info on either class

530-273-4059

What's Happening at the Library

Madelyn Helling Library

Tuesdays 4pm: Art Attack Art Club

Tweens & Teens grades 6-12

530-265-1541

Wednesdays starting in

September 2021

3pm Paws to READ

530-265-1538



Grass Valley Library

Tuesdays 10:30am: Book Boogie Story

Time: Ages 18mos-5yrs

530-470-2695



Madelyn Helling Library 980 Helling Way, Nevada City
530-265-1538

Grass Valley Library 207 Mill St., Grass Valley
530-470-2693



2021 Back-to-School Immunizations Ages birth-18

Nevada County Health Department
530-265-7049

500 Crown Point Circle, Grass Valley

1:00pm-4:00pm

On the following Thursdays:

August 5, 12, 19, 26, 2021

BY APPOINTMENT ONLY!

NURTURING PARENTING CLASSES

2021-2022 Class schedule coming soon!!!

Individual sessions available by appointment

Watch for monthly workshops beginning

September 2021

Call the FRC for info: 530-273-4059

Our Clothes Closet is OPEN!

And full of gently used clothes for infants through adults



RED PAINT IN THE HAIR?! BLUE PAINT ON THE JEANS?

Sand in the shoes? Peanut butter on the favorite shirt? White socks that look brown? Sleeves a little damp?

YOUR CHILD PROBABLY... worked with a friend; solved a problem; created a masterpiece; learned a new skill; had a great time; developed new language

YOUR CHILD PROBABLY DIDN'T... feel lonely; become bored; do repetitive "babyish" tasks; do worksheets that are too easy; do "sit down" work that isn't age appropriate

YOU PROBABLY... paid good money for the clothes; will have trouble getting the red paint out; are wondering if your caregiver isn't paying close enough attention to your child

YOUR CAREGIVER PROBABLY... was aware of your child's needs & interests; spent time planning a challenging activity for the children; encouraged the children to try new things; made smocks available for the children; was worried that you might be concerned

Try to remember your favorite activity when you were 4yrs old. Was it outdoor play with water, mud, dress-up clothes? Young children really learn when they are actively involved in play — not when someone is talking to them. There is a difference between "messy" & "lack of supervision". The caregiver made sure your child was fed, warm, took a nap, washed hands after toileting & before eating, & planned messy fun things to do because that is how children learn. Send your child to school in clothes that can get dirty! Keep extra old clothes at the site for times when they get really wet or messy. If you need to take your child out, bring dressier clothes for pick-up time. Keep calm. Remember in a few years the teenagers will use the shampoo, mirrors & all the towels! Young children need time to be kids. If you have concerns, talk to your child's caregiver about active play! (from OPTIONS Summer newsletter 1995)

