



Family Resource Centers
PENN VALLEY SITE

APRIL 2019

10862 Spenceville Road,
Penn Valley
Located on Ready Springs
School Campus
Turn right at the campus
stop sign, we are located
in the 2nd portable

(530) 432-1118 x249
M - F 9:00 to 4:00

REMINDERS

- DID YOU KNOW THAT WE HAVE A CAREER CENTER? COME IN & WORK ON YOUR RESUME!
- IF YOU HAVE QUESTIONS ABOUT OUR HOURS, GIVE US A CALL!

WHAT WE OFFER

- CLOTHES CLOSET
- FREE DIAPERS
- LENDING LIBRARY
- COMPUTER LAB (INTERNET ACCESS, FAX, PRINTER, COMPUTERS)
- CAREER DEVELOPMENT SUPPORT
- PARENTING CLASSES
- WEEKLY PLAYGROUP
- COMMUNITY RESOURCES & REFERRALS



STORY TIME
Every Wednesday
10-11:30

Welcoming parents & their children (birth to 5)
Connect with your child & other parents
Drop-ins welcome!

CIRCLE OF SECURITY



We are hosting our Circle of Security Parenting Workshop.

Journey inward for self-understanding and view your child through a new lens.

Learn to support your child's feeling of security - which makes parenting more enjoyable!

Learn why parenting triggers big feelings and how to handle strong emotions.

Learn to observe your child's cues & understand what your child needs

For parents of children ages 0 to 5
8-week workshop - Thursdays
from 5:30 - 7:00pm
April 25th to June 13th

\$35 materials fee (scholarships available)

Pizza and Free childcare until filled

Space is limited, call now to register!

Meg Luce 913-2745

TROUT DERBY

Sportsmen's Club Kids

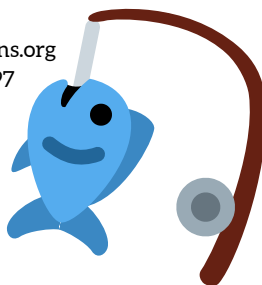
FREE!

Ages 3 to 12 years old
Lions Lake - Located next to the RV campgrounds at the Fairgrounds

April 21st 7:00 am to Noon
7:00 am - Sign-ups begin
8:00 am to Noon - Fishing
12:30pm - Awards Ceremony

3 fish "derby" limit will apply
Rain or Shine
Please bring your own fishing equipment

gvsportsmens.org
530-265-8397



STEP UP TO KINDERGARTEN/ PRESCHOOL



Do you have a child entering Kindergarten or Preschool in Nevada County?

Step Up to Kindergarten/Preschool applications are open!
Open to all Nevada County Kindergartners that will be attending Kindergarten in the Fall of 2019

Fill out the application
first5nevco.org
or
530-274-5361

July 8-26,
9am-12pm, Monday-Friday.

This popular program is FREE for all Nevada County residents and fills up quickly.

Apply today to be a part of our 7th summer!

FREE EASTER EGG HUNTS

Scotten School Field
10821 Squirrel Creek Rd. GV
Saturday April 20th
Totally Free!
Pancake Breakfast 8:30am
Egg hunts 9:00am

They will have bounce houses & face painting.

New expanded special area for toddlers & those with disabilities
Questions? 530-273-6425 x701



Western Gateway Park Penn Valley
Saturday April 20th
9:00am

Get your picture taken with the Easter Bunny
Free! Children's Book Giveaway
Free! Bracelets & Hand painting



Help support the FRC!

VOLUNTEER
Parents have been requesting tutors! So, we are looking for volunteer tutors for a variety of subjects. The schedule is flexible. Please call for more information.

DAFFODIL RUN

Sunday April 7th
5k Run/Walk
10k Run
FREE Kids Run

Western Gateway Park,
Penn Valley

Registration 7:30 am
Kids run 8:30 am
5K/10K Run 8:45 am
5K Walk 8:50 am

This year they will be supporting Paradise Schools with a \$5 donation above entry fee and they will match donations up to \$500.

This run supports our local school with donations towards fitness and sports equipment.

By supporting the Daffodil Run you are supporting our community.

For more information and for registration
daffodilrunpv.com



TIP OF THE MONTH from 40 Assets
Tip #34 - Cultural Awareness

Maintain traditions of your children's cultural and ethnic origins and discuss how the traditions are part of the children's history. Learn and talk about other people, visit festivals, and make friends with families with histories different than yours.

These steps will help your children build their own identities, but also how to respect people who are different whether in racial, religious, cultural and ethnic origins, or with different physical and mental strengths.

Questions?
271-5617

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