



AUTUMN 2023 BULLETIN

The mission of the San Juan Ridge Family Resource Center is to connect, support and celebrate the families of the San Juan Ridge

OUR SCHEDULE is as FOLLOWS:

Children's Activities

Classes & summer camps - please read on for info on current offerings

Clothes Closet - Mondays & Wednesdays 10-4

Clothing, shoes and jackets for babies, toddlers, children, teens & adults

Drop-in Playspace Mondays & Wednesdays 10-4

Indoor and outdoor space to play for families with children of all ages

Food Pantry - Tuesdays & Thursdays 12-3

Visit once weekly for a wide variety of food, as well as diapers

Playgroup - Tuesdays & Thursdays 10-12

Families with children ages 0-5 gather to enjoy active play, circle time with stories and songs, arts activities and outdoor play - older siblings welcome

Tech access - Mondays & Wednesdays 10-4 (and other times on an as needed basis)

Computer, wifi, printer, copy and fax machine access, as well as support to use them



BACK TO SCHOOL CLOTHES AVAILABLE at NO COST!

Our clothing closet is bursting with gently used clothing for all ages, including lots of nice outfits for children. We invite you to stop by and peruse our selections! See our schedule above for open hours.

CREATIVE MOVEMENT CLASSES for CHILDREN RESUME



We are delighted to announce that Aubrey Puetz will once again be teaching creative movement classes for children at the Family Resource Center on Wednesdays starting on September 27th. She will offer three classes for the following age groups at the following times: 3-5 year olds from 12:30-1:15, K-3rd graders from 3:45-4:30 and 4th-8th graders from 2:45-3:30. Classes are FREE! To register, please call 530-292-3174. All participants MUST be registered - no drop-ins. Grizzly Hill School students have the option to take the bus to the Oak Tree Campus to participate - please inquire with the school office for more information.

CONTACT US

Physical: 18847 Oak Tree Road, Nevada City 95959/ Mailing: PO Box 630, North San Juan 95960
Phone: 530-292-3174 / Email: sjrfrfc@nevco.org / Website: sanjuanridgefrc.org

Our Partners & Funders



MANY, MANY THANKS for SUMMER CAMPS!

We want to extend our sincere appreciation for all the campers, campers' families, teen counselors, coaches and teachers that came together to make our summer camp season a wonderful success! We served 78 campers throughout five weeks of camp, starting with preschoolers during Play Camp, 5-13 year olds throughout three weeks of Sports Camp and 1st-8th graders during Art Camp. Many thanks go out to Sports Camp Coaches Jack Greenway and Zack Read who led campers in sports, games and play with enthusiasm and care, as well as Art Camp Teachers Seydou Dante, Molly Jochem, Aubrey Puetz and Renee Renoir who shared their talents, time, creativity and energy to make Art Camp such a special and memorable experience. Special thanks also go out to our hard-working team of teen Counselors that made camp possible: Charlotte DeMaranville, Charlotte des Tombe, Esme Loayza, Leah Rose and Izzy Wells. Extra special thanks to Counselor Tavia Whitestone for her incredible dedication and strong work ethic throughout the entire five weeks of camp season. Thank you!

YOGA with MARCY - TIME TO DE-STRESS!

Adults of all ages and ability levels are invited to join Teacher Marcy Risque in a weekly gentle yoga class in the Oak Tree Lodge. Class meets Wednesday mornings 9-10:30 am starting September 13 through December 13 (*please note: no class October 18 due to fall break or November 22 due to Thanksgiving*). If you have a yoga mat, please bring it. A limited number of mats are available for those without. Although this is a free class, donations are gratefully accepted. No need to pre-register. *Please call 530-292-3174 with any questions.*

PLAYGROUP WELCOMES NEW FAMILIES

Families with children ages 0-5 are invited to join us twice weekly for Playgroup! We've been enjoying making new friends and creating wonderful connections during our time together. We gather to play, make art, enjoy circle time with stories and songs and more. Playgroup is a FREE, drop-in program that meets Tuesdays and Thursdays from 10am-noon. Older siblings are welcome to attend. *Please note: Playgroup will not meet October 17 and 19 due to fall break.*

COVID TEST KITS AVAILABLE AT NO COST

Covid test kits are now available for FREE at the Family Resource Center. If you have any symptoms, please do not enter the building. If possible, please call ahead and staff will meet you in the parking lot.

FOOD BANK of NEVADA COUNTY MONTHLY DISTRIBUTION

The Food Bank of Nevada County offers monthly drive-thru food distribution to individuals and families on the second Tuesday of each month from 10am-noon at the Oak Tree School campus, 18847 Oak Tree Road. Upcoming distribution dates are as follows: September 12th, October 10th, November 14th. *Please contact the Food Bank at 530-273-3796 for more details.*

NEVADA CITY NISENAN RANCHERIA LAND ACKNOWLEDGEMENT

- We acknowledge these are the ancestral homelands of the Nevada City Nisenan Tribe
- We acknowledge this land was taken repeatedly with no compensation or regard for the lives and ways of the original people, until they had no land left.
- We acknowledge we are settlers here, that we live, love and work on land the Nisenan never ceded.

To learn more about the Nevada City Rancheria and the Nisenan tribe, visit nevadacityrancheria.org