



# PARTNERS Press

February/March 2020

[www.partnersfamilyresourcecenters.org](http://www.partnersfamilyresourcecenters.org)



## What's Inside?

- Got 40? Tip of the month
- Parenting classes!
- Daffodil Run!
- Read Up! Literacy program!
- Jim Rogers Memorial Ride & Run - Distracted Driving Awareness!
- And more!

**FRC CLOSED FOR PRESIDENTS' WEEKEND FEB 14th & 17th**



Is Mother Nature finished with Winter? Or is there more rain and snow on the way? Be sure you and your family are ready to weather whatever storm comes along. A good book is always nice to have around on a rainy day. Our FRC has a lending library full of adventures within the pages of its books. Come visit us! The FRC is full of information and resources for your entire family.



Hours are: **Mon-Thurs. 9:00am-4:00pm**  
**Friday: 9:00am-1:00pm**  
 Come by or call! **Phone: 273-4059**  
 Hablamos español

### Parenting Classes

Seeking support with one of the hardest jobs of all—parenting? Take Parenting to the next level. The Nurturing Parent Seminars are for parents of children ages 2-12.

- Reduce Family Stress.
- Become a more confident parent.
- Create a family routine with ground rules that everyone knows and follows.
- Enjoy a more harmonious family environment.

**TUESDAYS, March 24h – May 19th 5:30pm-7:30pm**  
**Grass Valley Charter School, 225 S. Auburn St., GV**

To register or more info:  
 call Annie 530-268-5286



We are still seeking housing for several families through our Housing Support Program. We can assist with move-in costs and other support services. These families are either already working or are re-entering the workforce. Apartments or houses of any size. Families range in size from a couple expecting their first child to a single parent with 5 children. If you or anyone you know has information that may help us find housing,

**PLEASE LET US KNOW!**

**Call Karen or Viki at 530-273-4059**

[ONLY Families referred through CalWorks are eligible for the housing program.]



## Upcoming Events

### 10th Annual Jim Rogers Memorial Ride & RUN

Promoting Distracted Driving AWARENESS

**SUNDAY, Feb. 16th, 2020**

**11:00am Rain or Shine**

Meet at Tour of Nevada City Bicycle Shop

457 Sacramento St, Nevada City

Sandwiches to follow

12:30pm at the bike shop

SEE ATTACHED FLYER

All ages and abilities welcome!

knwe@sbcglobal.net for more info



### Daffodil Run April 5, 2020

Western Gateway Park

Penn Valley

**Registration begins Feb. 1st !**

Sign up today!

5K & 10K Runs

5K walk

FREE KIDS RUN

For more information call

530-263-7386

Registration form attached!

## Tip of the month from 40 Assets

Tip – Asset #28— Integrity

Ironically, the most important way for parents to encourage integrity in their children is to show them by their own words and behavior that it is OK for friends (and family) to have different beliefs and convictions, how to listen to and discuss differences respectfully, and not to be afraid to modify beliefs as they learn more about life. Praise young people when they make good decisions based on their beliefs.

To learn more about the 40 developmental assets (Got 40?), call 271-5617 or e-mail [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net) or [info@got40.org](http://info@got40.org).



## PARTNERS Press



Come see the new  
**NEO YOUTH CENTER**  
 at 139 Joerschke Drive  
 (next to Bitney Prep  
 High School) The center  
 hosts after school drop-in hours,  
 workshops and weekend events. Stop  
 by for games, music, art, a place to hang  
 out or just for someone to talk to.  
[www.ncneo.com](http://www.ncneo.com)



### WATCH FOR INFO ON THIS SUMMER'S Great NEO CAMP!

Applications will be available at  
 NEO and on-line

GREAT focuses on teaching life skills  
 through FUN activities and experi-  
 ences within the community.

Children learn good communication  
 skills, practice good decision-making  
 and refusal skills, visit 49er Fun Park  
 and the pool, and so much more!

Children entering 6th through 8th  
 grade for next school year  
 are eligible for the program.



### Need a winter jacket? Kids growing out of their pants?

Our clothes closet is available  
 with clothing for infants  
 up to adults. We can

accept donations of seasonal, clean  
 clothes in good condition. Call or come  
 by the FRC.



We can help with Medi-Cal applications and  
 make referrals for CoveredCA applications  
 and renewals. Hablamos español. Come by  
 or call 273-4059.



### Mission

The program's mission is to  
 help adults build their read-  
 ing and writing skills  
 through the free, confiden-  
 tial, one-on-one efforts of  
 volunteer tutors. All instruc-  
 tional materials are provid-  
 ed by Read Up!

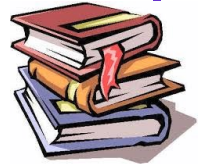
Read Up! builds reading, writing, speaking and math skills.

### Features

- Free instruction and materials
- One-on-one tutoring by volunteer tutors who really care
- Completely confidential
- Flexible scheduling, begin building skills today!

### Skills

- Read Up! Participants will improve all areas of their lives by building skills to read and write better
- Understand school, business, and community activities
- Help children with their homework
- Understand nutritional and medical information
- Fill out job applications and other important papers
- Read maps and schedules
- Much, much more!



### Students

Read Up! can help students who have pre-school children (under 5yrs of age) take advantage of the Family Reading Program and enjoy storytelling, word games, and fun reading for the whole family.

### Locations

Read Up! is located at:  
 Madelyn Helling Library  
 980 Helling Way  
 Nevada City, CA 95959  
 Phone: 530-470-2772

Truckee Library  
 10031 Levon Avenue  
 Truckee, CA 96161  
 Phone: 530-575-7030



### Win a pair of running shoes In the FRC Shoe Drawing!

To benefit Grass Valley PARTNERS  
 Family Resource Center  
 One ticket—\$5.00 donation  
 Five tickets—\$20.00 donation

Shoes donated by  
 TRKAC Running Store  
 \$120 value (your choice of shoes)

Stop by GV FRC @ 235 S. Auburn St,  
 GV to get your tickets or  
 call 530-273-4059 for more info

**Drawing to be held on April 28th**

