



FEBRUARY 2021

10862 Spenceville Road,
Penn Valley

Located on Ready Springs
School Campus
Turn right at the campus
stop sign, we are located
in the 2nd portable

M - F 9:00 to 4:00

OUR SERVICES

- CLOTHES CLOSET
- FREE DIAPERS
- LENDING LIBRARY
- COMPUTER LAB
(INTERNET ACCESS, FAX,
PRINTER, COMPUTERS)
- CAREER DEVELOPMENT
SUPPORT
- PARENTING CLASSES
- WEEKLY PLAYGROUP
- COMMUNITY RESOURCES
& REFERRALS

Hi there! We are still here to support you and your family! We ask that you please call to set up a time to access our services, like the Diaper Project.

Please call 268-5606 or 278-8257 to set up a time to access these services. We can arrange a time for you to pick up what you are needing. Stay safe and healthy!

GIVEAWAY



PARTNERS Family Resource Center received a generous grant to offer you some resources that may be helpful to you and your family.

Items that may be available to be gifted to you

- toothbrushes
- toothpaste
- baby wipes
- laundry soap
- laundry vouchers

Call 530-268-5606 to schedule a time to pick up your goodies

FREE DIAPERS



We have diapers supplied from the Diaper Project. These diapers are free and are to help supplement the cost of diapers for families. You are welcome to get a package of diapers a week from us. We carry diapers from size one to size five. Call to schedule a time to pick up!



Valentine's Day is just around the corner.

Show a grandparent, neighbor, mom or dad that they are special, by decorating their window or door with hearts.

Plan how to secretly hang the hearts. This will be a fun surprise as well as being COVID-19 safe.

Older children will enjoy the challenge of cutting out hearts, younger children will need them cut out. Everyone can enjoy coloring, painting, or thinking of messages for their hearts.

Happy Valentine's Day!

STORY TIME WITH LAURIE



Virtual Playgroup
Wednesday's 10 am

Our playgroup features stories, songs, sharing, prereading and math exercises. Fun, Free Preschool Activities for parents and their young children

Contact Laurie 530-278-8257
To sign up and receive the Zoom invite.

Gadget Self-Control

Children model what they see. If you are on a media device at the dinner table or when your child needs your attention, you are sending a very clear message into the future: "My phone is more important than you. When you have a phone, it will be just fine to make it more important than me." Curb that kind of hypocrisy now. Imagine the limits you would like for your child when they are a teenager.

PARENTING PARTNERS Parenting Tips with Annie



Annie Keeling,
MFA

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Model those now. Enforce unplugged family time and zones in your home. How about a device-free dinner, no devices in the living room, or no devices after lights-out? Media-free mealtime provides your family with an opportunity to bond and connect with each other with no distractions. With devices present, there is a greater chance of developing unhealthy eating habits.

Create a media charging station in your house. This can be a box or container that you keep near an outlet. In our house, my teen had to have his devices in the box by 9:30 pm. I decided to do the same. It's made the rule go a whole lot smoother, and I'm getting caught up on some great reading.

Annie Keeling, MFA, is the Parenting Specialist for Nevada County Superintendent of Schools. She teaches parenting classes throughout the year. Contact Annie to find the next class near you: akeeling@nevco.org or 530-268-5086.

FOOD RESOURCES



FOOD BANK OF NEVADA COUNTY

The Food Bank of Nevada County will continue to host DRIVE-THRU distributions at:

Grass Valley Seventh Day Adventist Church

12889 Osborn Hill Rd, GV
Thursdays 10am to 1pm

North San Juan Oak Tree Campus

18847 Oak Tree Road, NC
Tuesday February 9th,
10 am to 12pm

In partnership with Twin Ridges Elementary School District, SJR Family Resource Center, and the County of Nevada.

INTERFAITH FOOD MINISTRY

Interfaith Food Ministry is continuing with their normal distribution schedule via DRIVE-THRU.

Mondays, Wednesdays, Fridays
10am to 1pm

2nd Saturday of the month
10am to 12pm
440 Henderson Street
(530) 273-8132



Needing more resources to support you during this time? Call 2-1-1 and they can connect you to those resources to support you and your family or visit their COVID-19 resource page

211connectingpoint.org or call 211

DISTANCE LEARNING CENTER



FREE Distance Learning Center and Youth Hub is open from 8:15am to 2pm weekdays, at the Nevada County Fairgrounds. Children in 4th grade or higher can be dropped-off at the center, while parents or guardians must remain with younger students.

They offer high-speed internet access, socially distanced workstations, and a safe and supervised study environment. Breakfast and Lunch are provided.



Create. Connect. Inspire.

The Nevada County Library has been offering many activities on Facebook, Instagram, and online! Including Baby Story Time, Book Boogie Story Time, Book Clubs, and much more!!

To see what they are offering go to their website
mynevadacounty.com/library
or connect with them on Facebook and Instagram