

Issue Date:
November/
December
2022

WWW.PARTNERSFAMILYRESOURCECENTERS.ORG



PARTNERS PRESS

Grass Valley/Penn Valley

PARTNERS IS PEOPLE AND RESOURCES TOGETHER, A NETWORK OF EDUCATION RECREATION AND SUPPORT

PLAYGROUP

Attention parents and guardians! Your toddler wants to play, sing, create and dance.

We have a class for them.
TWO LOCATIONS!

Grass Valley:
530-273-4059

Penn Valley:
530-432-1118

x2249

**Come Join the FUN!!
Watercolor Paint Class**

**Nov. 10th & 17th
1:00 – 3:00 PM**

**Classes to be held at
PARTNERS Family
Resource Center
325 South Auburn St.
Grass Valley**

**Contact Viki
530-273-4059**



**Nutrition and
Cooking Class
for 5th-8th
Grade Students**

**Penn Valley
PARTNERS Family
Resource Center**

**Wednesday
Dec 14th
3:00 - 4:00 PM
call for more info
and to sign-up
530-432-1118
x2249**

IN THIS ISSUE

FRC ACTIVITIES

- Playgroups @ Penn Valley and Grass Valley FRC's
- Nurturing Parenting: Read the latest tips! Sign-up for the Winter Class
- ESL Classes Tuesdays 11:45-12:45
- WRAP Sessions for Youth
- Watercolor Paint Class at GV FRC
- Cooking and Nutrition at PV FRC

COMMUNITY UPDATES

- Vaccinations: Nevada County Public Health @ 500 Crown Point Circle
- Salvation Army Christmas Gift Assistance
- Santas Christmas Shoppe

**Read the Latest
in Parenting:**

**The
Gentle
Gift**



**NCSOS
Parenting Specialist:**
Jinnæ Anderson
530-238-5608

**FREE
ESL Classes**

Return to the GV FRC

Tuesdays

11:45-12:45

**G.V. Family Resource Center
Call 530-273-4059
For more information**

**Let's Learn
English**

**We need your help in meeting the needs
of our community**

Weekly Tutors- What subject do you prefer?

Clothes Closet Organizer - Flexible schedule.

**Come share your passion - Art, Science, Crafts,
Technology, with a student workshop**

Grass Valley FRC 530-273-4059

Penn Valley FRC 530-432-1118 x2249



GET YOUR NEEDS MET

- Parenting 1:1 with Viki Doris
- Diapers & Wipes @ the FRC's
- Clothes Closet (Winter clothes) @ the FRC's
- Free gently used books

**IF YOU WOULD LIKE
ASSISTANCE IN ACCESSING
ANY OF THESE SERVICES OR
WANT TO KNOW MORE
BEFORE YOU JUMP IN: CALL
US AT THE FAMILY
RESOURCE CENTER
530-273-4059**

**Winter Clothes Donations needed
size 2 and up.**

**Please call before bringing
donations.**

Thank you for your generosity!



PARTNERS
Family Resource Centers

MADELYN HELLING LIBRARY: SIGN UP FOR NEWS

CALWORKS | CASH ASSISTANCE PROGRAM



Issue Date:
November/
December 2022

WWW.PARTNERSFAMILYRESOURCECENTERS.ORG
235 SOUTH AUBURN ST. GRASS VALLEY | 530-273-4059
10862 SPENCEVILLE RD. PENN VALLEY | 530-432-1118 X2249



PARTNERS PRESS

Nevada County Public Health

Grass Valley

500 Crown Point Circle, Ste110 530-265-7049

CALL THE FRC's FOR MORE INFO ON
VACCINES OR TO PICK UP A TEST
GV 530-273-4059 PV 530-432-1118 x2249

General Vaccines - Kids

1-4 pm

2nd and 4th Thursdays Monthly



General Vaccines - Adults

1-4 pm

3rd Thursdays Monthly

Covid-19 Vaccines - Ages 6 mo.+

1-4 pm 3rd Thursdays Monthly

Sign up on Myturn.ca.gov

Except
Holidays

The Family Resource Centers
have COVID-19 Home Tests.
Come pick up a test to have on hand.
The next time you have symptoms
you will be prepared.

IN THIS ISSUE

FRC ACTIVITIES

- Playgroups @ Penn Valley and Grass Valley FRC's
- Nurturing Parenting: Read the latest tips! Sign-up for the Winter Class
- ESL Classes Tuesdays 11:45-12:45
- WRAP Sessions for Youth
- Watercolor Paint Class at GV FRC
- Nutrition and Cooking at PV FRC

COMMUNITY UPDATES

- Vaccinations: Nevada County Public Health @ 500 Crown Point Circle
- Salvation Army Christmas Gift Assistance
- Santas Christmas Shoppe

GET YOUR NEEDS MET

- Parenting 1:1 with Viki Doris
- Diapers & Wipes @ the FRC's
- Clothes Closet (Winter Clothes) @ the FRC's
- Free Gently used books

DID YOU KNOW?

You can call 2-1-1 in the event of a crisis or if you need to access community services? Give them a call!

Nurturing Parenting Winter 2023 Class Series



Take the stress out of parenting with Nurturing Parenting's evidence-based, interactive approach. For 35 years, this program has helped parents to deepen and strengthen their family relationships in all types of situations. Topics include:

- Communicating with Respect
- Loving Discipline and Logical Consequences
- Setting and Keeping Limits that Work
- Building Self-Worth
- Brain Development
- Dealing with Stress
- And much more!

Parents say--
"I am calmer in the chaos."
"Love the practical tools!"
"I am feeling more secure as a parent."



Jinnae Anderson,
Parenting Specialist

8 Week Evening Series:

Thursdays 5:30-7:30pm
Jan 26-Mar 13
Ready Springs Elementary School
10862 Spenceville Road, Penn Valley
Pizza & childcare provided for evening class!

8 Week Morning Series:

Thursdays 10am-12:00pm
Feb 2-March 23
Family Resource Center Grass Valley
235 S. Auburn Street

Cost per series: \$35 Scholarships available!

Scan QR Code
to Register Online:



Or: For questions
or registration:

Jinnae: 530-238-5608
janderson@nevco.org



In need of
assistance for
your children's
Christmas gifts?

Go online to
saangeltree.org

Salvation Army's
Angel Tree
Application

KARE Crisis Nursery and
Sierra Presbyterian Church
Host

Santa's
Christmas
Shoppe

All items .25c

Saturday
Dec. 10 9am-1pm

Sierra Presbyterian
Church
175 Ridge Rd.

For children
ages 3-10

Come shopping for
parents, grandparents,
siblings & friends.

WRAP is at the Family Resource Centers

We help kids build a plan to get the most out of life.

Establish tools to manage school work. Explore ways to avoid peer pressure.

Stay on track with healthy learning habits and relationships that
your children love and want to keep as they grow.

Your kids can enjoy activities that align with wellness and self-empowerment.

Give us a call: GV FRV 530-273-4059 PV FRC 530-432-1118 x2249



Come Shopping
The FRC Clothes
Closets have winter
clothes for your
family.



WWW.PARTNERSFAMILYRESOURCECENTERS.ORG

