



Family Resource Centers
PENN VALLEY SITE

JUNE 2019

10862 Spenceville Road,
Penn Valley
Located on Ready Springs
School Campus
Turn right at the campus
stop sign, we are located
in the 2nd portable
(530) 432-1118 x249
M - F 9:00 to 4:00

REMINDERS

- DID YOU KNOW THAT WE HAVE A PRINTERS & A FAX MACHINE THAT ANYONE CAN USE?
- IF YOU HAVE QUESTIONS ABOUT OUR HOURS, GIVE US A CALL!

WHAT WE OFFER

- CLOTHES CLOSET
- FREE DIAPERS
- LENDING LIBRARY
- COMPUTER LAB (INTERNET ACCESS, FAX, PRINTER, COMPUTERS)
- CAREER DEVELOPMENT SUPPORT
- PARENTING CLASSES
- WEEKLY PLAYGROUP
- COMMUNITY RESOURCES & REFERRALS



STORY TIME
Every Wednesday
10-11:30

Welcoming parents & their children (birth to 5)
Connect with your child & other parents
Drop-ins welcome!

SUMMER ACTIVITIES AT THE FRC

We are excited to announce that we have partnered up with Nevada County Library to host summer events on Mondays.



- Free!**
No registration required
All from 2 to 3pm
at the Penn Valley FRC
- June 10th - Painting without Brushes
 - June 24th - Cookie Decoration
 - July 1st - Water Play
 - July 8th - Marble Maze Making
 - July 22nd - Robot Exploration
 - July 29th - Science Exploration

Call for information
432-1118 x249



Help support the FRC!

Parents have been requesting tutors! So, we are looking for volunteer tutors for a variety of subjects. The schedule is flexible. Please call for more information.

We are also in need of infant clothes!
Drop off your gently used and clean infant clothes. We have quite a few new families that are needing baby clothes for their newest addition

FREE DIAPERS

You can get a pack of free diapers a week provided by The Nevada County Diaper Project. Come in and get a pack!



PARENTING CLASS



Love and Logic

Free! 10 week course offered from FREED

You will learn:
The Parenting the Love and Logic Way & Supporting Youth with Special Needs curriculum

A process for understanding the unique needs & competencies of each child

How to maintain healthy 'can-do' expectations

Tips for teaching essential life skills

Skills for developing & maintaining a cooperative parent-school team

When:
June 11th - August 13th
Every Tuesday
4:00 - 5:30pm

Where:
FREED
Grass Valley Office
435 Sutton Way GV 95945

Register Today!
(530) 477-3333
annette@freed.org

AR BOOKS



We now have a dedicated section in our Lending Library for Accelerated Readers books.

Each book is marked with the reading level and point worth.

Come in and check out our selection of books for all ages! We have something for everyone and it is open to community.

FAMILY OUTDOOR MOVIES

Beginning June 14th, Western Gateway Park Foundation is sponsoring **FREE Family Movie Night in the Park!**

For Fridays this summer families can gather in the park on the lawn area in front of the Stage Pavilion to enjoy an evening outdoors watching a movie on the "big screen". There will be a combination of fun classics and popular animations.

Bring a chair or blanket, dress warmly and bring an extra jacket, and your fun party attitude! Movie will start around 8:45 pm and will end around 10 pm. Call the park office for more information 432-1990.



- June 14
- June 21
- June 28
- July 12
- July 19
- July 26

Movies will be announced soon! Check out Western Gateway Park Facebook for updates!

TIP OF THE MONTH from 40 Assets Peaceful Conflict Resolution

One of the most valuable skills you can teach your children is peaceful conflict resolution, that is, settling differences with others without hitting, shouting, or using hurtful language. Difficult for all of us when we're upset. They will need your guidance to learn how to identify and state their emotions beyond anger (vs accusations). Have practice sessions when they are not upset. Contact the FRC for classes that include steps and practice.

Questions?
271-5617
nedrussell@pacbell.net

