



# PARTNERS Press

March/April 2019

[www.partnersfamilyresourcecenters.org](http://www.partnersfamilyresourcecenters.org)



## What's Inside?

- Got 40? Tip of the month!
- The great NEO camp!
- The Power of Positive Parenting
- Trout Derby
- Get Moving!
- Kindergarten Round-Up!
- And more!

# SPRING



Spring is around the corner, we hope! and the grass IS green! It's time to get ready for outside activities and enjoy the beauty of our community. See the information about the GET MOVING! Program on page 2. The whole family can participate in this FUN event—for your health! The FRC is full of information and resources for your family.



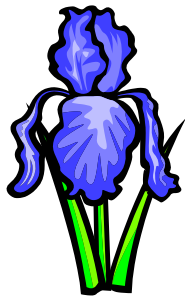
### HOURS:

**Monday—Thursday: 9am-4pm**

Closed 12:30-1:00pm for lunch

**Fridays: 9am-1pm**

Come by or call! **Phone: 273-4059**



## CIRCLE OF FRIENDS Toddler Play Group

T-W-F 10:00-11:30am

PRE-PREGISTRATION REQUIRED

For children 2-4yrs old  
(with their parents/guardians)

Contact Viki to register  
&/or to be added to the  
waiting list: 273-4059  
(Space is limited)



## Parenting Classes



Seeking support with one of the hardest jobs of all—parenting? Take Parenting to the next level. The Power of Positive Parenting Class for Parents of Children ages 2-12.

- Reduce Family Stress.
- Become a more confident parent.
- Create an organized, orderly family routine with ground rules that everyone knows and follows.
- Enjoy a more harmonious family environment.
- Put some new tools in your tool box.



**WEDNESDAYS, March 6th – Apr 24th**

**5:30pm to 7:30pm**

**Scotten School Library**

**10821 Squirrel Creek Rd, Grass Valley**

**Pizza & Childcare provided!  
call Karen or Viki: 273-4059**



We can help with Medi-Cal applications and make referrals for CoveredCA applications and renewals. Hablamos español. Come by or call 273-4059.

## Tip of the month from 40 Assets

**Tip – Child makes best effort  
to do homework**

Make the best, consistent workplace for homework that your home allows: comfortable to read & write, good lighting, and NO distractions. Do some of your own work at the same time, e.g. pay bills, organize your schedule, plan meals, etc. If you can't do your desk chores at the same time, let your child know you're doing your "homework" when you get to it. Provide help when needed, but not answers—questions work well. If you have trouble yourself with a subject, recruit an older child or neighbor to help; sit with them & show your child what a good student you are.

To learn more about the 40 developmental assets (Got 40?), call 271-5617 or e-mail [NedRussell@pacbell.net](mailto:NedRussell@pacbell.net) or [info@got40.org](mailto:info@got40.org).

## Upcoming Events



### Kindergarten Round-Up

Western Nevada County  
Schools

### 2019 Kindergarten Registration

Children who will be 5yrs old on or before 9/1/2019

### Transitional Kindergarten

Children turning 5yrs old between 9/2/2019 and 12/2/2019 are eligible.

Call your child's school for appointments & additional information. For detailed info including guides to immunizations required

for school entry, go to:

<http://nevco.org/kindergarten/>  
and download the parent handout.



### Grass Valley Sportsmen's

### TROUT DERBY

**April 13th 7:00am-1:00pm**  
**Nevada County Fairgrounds**  
**Lions Lake—Grass Valley**

Free to all children ages 3-12 yrs old!  
Rain or shine. Sign-in begins at 7am.

Fishing from 8am-12noon.

Bring your own fishing equipment.

[no pets allowed at this event]

530-265-8397 5pm-9pm





**NEW!**  
**The great NEO camp!**



Applications are available  
beginning **APRIL 1st**  
at the FRC and online at [ncneo.org](http://ncneo.org)

**Applications due by MAY 17th**

Delivered or mailed to  
**PARTNERS Family Resource Center**  
235 S. Auburn St., Grass Valley CA 95945  
Or NEO  
139 Joerschke Dr., Grass Valley, CA 95945

Following in the footsteps of the GREAT Summer Youth Academy, NEO camp will teach life skills through FUN activities & experiences within the community.

**Children entering 6th through 8th grade NEXT SCHOOL YEAR are eligible for the camp.**  
6th grade July 8-12  
7th/8th grades July 15-19

Call or stop by the FRC or NEO for more info:  
FRC: 530-273-4059 NEO: 530-470-3869

**Daffodil Run**  
April 7, 2019  
Western Gateway  
Park  
Penn Valley



**Sign up today!**  
**5K & 10K Runs**  
**5K walk**  
**FREE KIDS RUN**

This year, Paradise schools will be supported if you give a \$5 donation above your entry fee & donations will be matched up to \$500.

This run supports our local schools with donations toward fitness and sports equipment. By supporting the Daffodil Run you are supporting our community.

For more information & registration  
[Daffodilrunpv.com](http://Daffodilrunpv.com)



**Get involved at the FRC**



**ALGEBRA,  
READING, & ESL  
TUTORS NEEDED!**

Are you someone interested in helping elementary, middle school, high school, or adult students reach their potential? Perhaps a former teacher? Please contact us at the FRC!  
530-273-4059

Lyman Gilmore Middle School Presents...

# BEAUTY AND THE BEAST

March 22nd - 24th, 2019 Performances held at Don Baggett Theater Nevada Union High School

For more information and tickets visit:  
[www.lymangilmoremusicaltheater.com](http://www.lymangilmoremusicaltheater.com)

Book by Linda Woolverton    Lyrics by Howard Ashman and Tim Rice    Music by Alan Menken

**screen-free week**

**April 29 - May 5, 2019**

Nevada County Public Health invites the community to celebrate Screen-Free Week in Nevada County. Screen-Free Week is a national effort, April 29 – May 5, and encourages families to intentionally unplug and rediscover the joys of life beyond the screen. Watch for more information!

**GET MOVING !!**  
**2019**

**9 WEEK COMMUNITY PROGRAM**  
Presented by Trkac Running Store,  
Sierra TrailBlazers, & Gilligan's Hillgains



Walkers ~ Walk/Runners  
Beginner Runners  
Experienced Runners

Join us for a **FREE** 9 week training program & find out what everyone's talking about!

**Starts Thursday, April 11th 6pm at NUHS Track**  
**11761 Ridge Rd, Grass Valley, CA**

Training time: 6:00pm-7:15pm Thursdays at NUHS Track  
To Sign up: stop by the Trkac Store or online at [trkac.com](http://trkac.com).  
Or sign up at the NUHS Track on April 11th.

From beginner walkers to advanced runners & kids Kindergarten –6th grade  
QUESTIONS CONTACT: Trkac at 530-274-4422 / 101 W. McKnight Way, GV



*Events at the Library*

**Madelyn Helling Library—Nevada City**

Tuesdays 10:30am—Preschool Story Time (3-5yrs)  
Thursdays 4:00pm—Sing-a-long (all ages)  
First Monday of the month 3:30-5:30—Family Movie Night (all ages)

**Grass Valley Library**

Wednesdays 10:30am—Toddler Story Time  
Wednesdays 4:00-5:00—Homework Club (grades K-12)  
Last Saturday of the month 10:30am—Family Story Time

**Teen Advisory Group**

Help the Youth Services Librarian plan library programs, promote teen books, support the library & have fun!

»Great way to fulfill community service hours

»Free snacks & refreshments are provided

To Join: Contact the library for a TAG application



Madelyn Helling Library  
980 Helling Way, Nevada City  
530-265-1538

GV Library—Royce Branch  
207Mill Street, Grass Valley  
530-470-2693

[www.mynevadacounty.com/290/library](http://www.mynevadacounty.com/290/library)