



Family Resource Centers
PENN VALLEY SITE

NOVEMBER
2020

10862 Spenceville Road,
Penn Valley
Located on Ready Springs
School Campus
Turn right at the campus
stop sign, we are located
in the 2nd portable
(530) 432-1118 x249
M - F 9:00 to 4:00

OUR SERVICES

- CLOTHES CLOSET
- FREE DIAPERS
- LENDING LIBRARY
- COMPUTER LAB
(INTERNET ACCESS, FAX,
PRINTER, COMPUTERS)
- CAREER DEVELOPMENT
SUPPORT
- PARENTING CLASSES
- WEEKLY PLAYGROUP
- COMMUNITY RESOURCES
& REFERRALS

Hi there! We are still here to support you and your family! We ask that you please call to set up a time to access our services, like the Diaper Project.

Please call 268-5606 or 278-8257 to set up a time to access these services. We can arrange a time for you to pick up what you are needing. Stay safe and healthy!

STORY TIME WITH LAURIE



Virtual Playgroup
Wednesday's 10 am

Our playgroup features stories, songs, sharing, prereading and math exercises.

Fun, Free Preschool Activities for parents and their young children

Contact Laurie
530-278-8257
To sign up and receive the Zoom invite.

CHRISTMAS ASSISTANCE

The Salvation Army Angel Tree application is now open. Visit saangeltree.org and enter your zip code to complete the application



You will need these items to complete the online application:
Photo ID
Proof of Residence (lease, utility bill, or mail received from the school district or other government agency)

Documents needed for each child:
Birth Certificate
Official custody or guardianship papers
Clothing and shoe size
Toy Wish

You will be able to upload from scanned copies or take photos. If you wish to take photos, please visit the site again and begin your application from your camera enabled mobile device.

Please note NO private info for you or your child is shared with the public. Donors will only be given a first name and Christmas wish list.

If you have questions call
530-274-3500

FREE DISTANCE LEARNING CENTER AND YOUTH HUB

The free Distance Learning Center and Youth Hub will be available to children, 8:15am to 2pm weekdays, at the Nevada County Fairgrounds, to help meet the educational needs of our students during the COVID pandemic.

Children in 4th grade or higher can be dropped-off at the center, while parents or guardians must remain with younger students. They can accommodate up to 40 students at a time.

The Center will offer high-speed internet access, socially distanced workstations, and a safe and supervised study environment. Students are required to bring their own or school-provided Chromebooks, laptops or tablets, and headphones.

This will serve ALL school districts in Nevada County.

Free breakfast and lunch will provided!



OUR FUNDING PARTNERS



Nevada County
Superintendent of Schools



PARENTING PARTNERS Parenting Tips with Annie

Do-Overs

A Do-Over is a parenting tool that allows for a child to practice an expected behavior. If your child is disrespectful, for example, when you have asked them to do a chore, have them re-do the scene with a Do-Over. Give them a chance to repeat the act in an acceptable manner. Perhaps your child slams down a glass when it's their turn to do the dishes. Or they are angry about not being able to go to their friend's house until they clean their room, so they scatter their Legos on the floor.



Annie Keeling,
MFA

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Try these steps:

1. Use a low firm voice and tell your child to repeat the act respectfully.
2. Give them a few chances, but do not make it a test of wills.
3. The child can continue with their preferred activity after they repeat the act.
4. If not, they are the ones stopping or slowing down their world by their actions.

From chores to sibling disagreements, this gives the child a chance to re-do the scene. In addition to a better understanding of the new positive behavior, Do-Overs provide a way for this behavior to become more deeply ingrained into the grooves of the brain. This tool can provide a space for real learning to take place as the child gets a chance to show you what they've learned.

Once you've tried the Do-Over, look for similar tasks or behaviors and see if the child has learned the new behavior. Give them credit for any improvement. Your positive voice is a powerful teaching instrument.

Annie Keeling, MFA, is the Parenting Specialist for Nevada County Superintendent of Schools. She teaches parenting classes throughout the year. Contact Annie to find the next class near you: akeeling@nevco.org or 530-268-5086.



Create. Connect. Inspire.

The Nevada County Library has been offering many activities on Facebook, Instagram, and online! Including Baby Story Time, Book Boogie Story Time, Book Clubs, and much more!!

To see what they are offering go to their website mynevadacounty.com/library or connect with them on Facebook and Instagram

THE FRC WILL BE CLOSED

We will be closed for a few holidays this month. We will not be open for appointments on the following days:

Wednesday November 11th -
Veteran's Day

Thursday and Friday November
26th and 27th - Thanksgiving
Holiday



FOOD RESOURCES

The Food Bank of Nevada County will continue to host DRIVE-THRU distributions at:

Grass Valley Seventh Day Adventist
Church
12889 Osborn Hill Rd, GV
Thursdays 10am to 1pm

North San Juan Oak Tree Campus
18847 Oak Tree Road, NC
Tuesday November 9th, 10 am to 12pm
In partnership with Twin Ridges
Elementary School District, SJR Family
Resource Center, and the County of
Nevada.



Interfaith Food Ministry is continuing with their normal distribution schedule via DRIVE-THRU.

Mondays, Wednesdays, Fridays
10am to 1pm

2nd Saturday of the month
10am to 12pm
440 Henderson Street
(530) 273-8132



your connecting point

Needing more resources to support you during this time? Call 2-1-1 and they can connect you to those resources to support you and your family or visit their COVID-19 resource page

211connectingpoint.org or call 211

FREE DIAPERS



We have diapers supplied from the Diaper Project. These diapers are free and are to help supplement the cost of diapers for families. You are welcome to get a package of diapers a week from us. We carry diapers from size one to size five.

Call to schedule a time to pick up!