Small changes, big differences.





The Power of Positive Parenting

For Parents of Children Ages 2-12

SEMINAR DATES: Tuesday Nights January 21st – March 10th, 2020 (8 weeks)

TIME: 5:30 PM to 7:30 PM

VENUE: Ready Springs School

10862 Spenceville Rd., Penn Valley, CA

MATERIALS FEE: \$35 (scholarships available)

PIZZA & CHILDCARE ACTIVITIES PROVIDED!

TO REGISTER & FOR FURTHER INFORMATION CALL (530) 268-5086 (Space is limited, call now for registration!)

Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P is one of the few parenting programs in the world that's based on evidence from clinical research. For more than 30 years, Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations. That's why Triple P can help.

- · Reduce family stress.
- Create a family routine with ground rules that everyone knows and follows.
- Become a more confident parent.
- Enjoy a more harmonious family environment.

Put some great new tools in your parenting tool box with Triple P Parenting!

PRESENTER: Annie Keeling, Parenting Specialist, Nevada County Supt of Schools





