

by Diana Pasquini, San Juan Ridge Family Resource Center

Although a warm dry May made it seem as though summer has been with us for a while, it's time to get ready for the real thing. Summer does not tip toe his way into these Sierra Foothills. He blows in on hot north winds, whipping up whirlwinds of ubiquitous red dust, transforming blades of soft green grass to brittle straw skeletons writhing in his arid wake. Summer skies are brilliantly blue. Days are long and bright. Gardens are colorful havens, and the Yuba is a refuge for the water loving heat-weary.

As summer days lengthen, so do the San Juan Ridge Family Resource Center's hours. **Beginning on Thursday July 1, the FRC will be open 10 am-4 pm, Monday-Friday.** Tuesday and Thursday mornings, 10am-noon, will still be home to our popular Children's Playgroups. Tuesdays and Thursdays, 10 am-3 pm, will also be Food Pantry Days; and the Food Bank's regularly scheduled drive-thru food distributions will remain on the second Tuesday of the month, 10 am-noon. Mondays and Wednesdays, 10 am-3 pm and Tuesdays and Thursdays 1-3 pm are Clothes Closet days. Because of limited access, computer use is still by appointment only. As always, we will be available to make copies, send and receive faxes, provide access to a telephone and drinking water, share information on services and community resources, and accept donations during open hours.

We hope that you will take advantage of our new expanded schedule not only to pick up some groceries and outfit your family with a new summer wardrobe, but just to stop by and say "Hi." Food and clothing may be necessities of life, and so is human contact. We look forward to greeting each and every one of our "family" as you cross our threshold. We're back, baby, and the welcome mat is out.

Inside this issue:

- Congratulations, Grizzly Hill Graduates!* 2
- Colorful Collection of Hands at NSJ P.O. Nisenan Acknowledgments* 3
- Kids Making a Difference What, Softball on the Ridge?!* 4
- Cherry Festival Lives on! Summer Fun at Malakoff Diggins Park* 5
- Community Library Update Schoolhouse Hosts Summer Concert* 6
- Meet North San Juan's New Innkeeper Ananda Living Wisdom School News* 7
- Get Your Go Bag Ready All Burn Permits Suspended!* 8
- Love the River Like a Local Tech Access at FRC* 9



Playgroup at the Family Resource Center is back!

292.3174 to register
Free program for families with children ages 0-5
Families MUST be registered
No Drop-Ins
Covid protocols in place

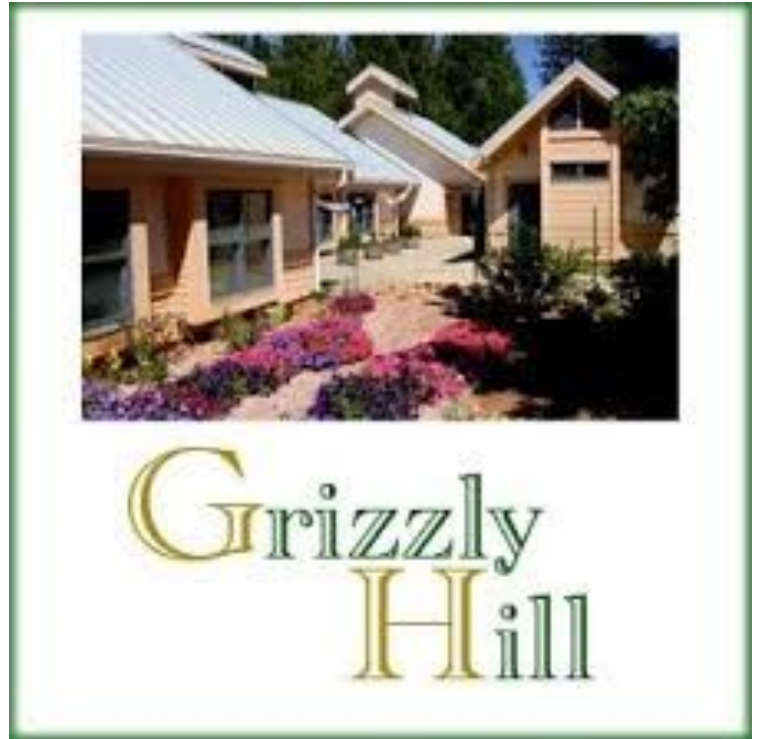
Food Pantry
 Tuesday & Thursday 10-3
Clothes Closet
 Monday & Wednesdays 10-3
 Tuesday & Thursday 1-3
Tech Access
 Wednesdays 10-3 *By appointment*
COVID protocols in place

Contact us
 By phone: 292.3174
 Via email: sjrfrfc@nevco.org
 Or find us on facebook

Congratulations, Grizzly Hill Graduates!

by Diana Pasquini, San Juan Ridge Family Resource Center

It's been a long, hard year, unlike any in recent memory. The pandemic has touched the lives of everyone, especially students. Grizzly Hill's students are no exception. This year's graduating class was unable to return to genuine classroom instruction until March of this year. One hundred percent of their classes were online. Not only did this group of students not receive the benefits of a face-to-face education. They were unable to socialize with one another. "The highest point of the year was coming back to a full classroom," explained their teacher, Tiffany Caughey." They were all so excited to see each other!" When asked to describe this little class of graduates, she proclaimed, "They're all fabulous!" She continued, " Each one has a great heart and the ability to learn. My wish for each one of them is to go out into the world and be the best possible version of themselves."



We agree wholeheartedly with Ms Caughey's assessment. Her class is fabulous! They are a resilient group of young people who will be going on to continue their education in Nevada City (Sierra Academy of Expeditionary Learning) and Grass Valley (Nevada Union High School) next year. A hearty CONGRATULATIONS to:

Amrita Love

Brodie Gray

Caleigh Piland

Molly Cortes

Nate Duron

Tavia Whitestone

(One more fabulous student is included in this illustrious group, but will remain anonymous for now.)

WE ARE PROUD OF YOU!

A Colorful Collection of Hands Now Showing at North San Juan's Postal Gallery

by Diana Pasquini, San Juan Ridge Family Resource Center



A Colorful Collection of Hands is now on display at the "Postal Gallery" in North San Juan. Created by young artists aged 10 months to 6 years during Playgroup at the FRC, the whimsical tempera hand (and foot) prints brighten walls and warm hearts as only children's art can. Next time you need to buy a stamp or pick up your mail be sure to check out the show. We guarantee that it will bring a smile to your face.



Nevada City Rancheria Nisenan Tribe Acknowledgements

- We acknowledge these are the ancestral homelands of the Nevada City Rancheria Nisenan Tribe.
- We acknowledge this land was taken repeatedly with no compensation or regard for the lives and ways of the original people, until they had no land left.
- We acknowledge we are settlers here, that we live, love and work on land the Nisenan never ceded.

To learn more about the Nevada City Rancheria and the Nisenan Tribe, please visit nevadacityrancheria.org



Kids Making A Difference

by Diana Pasquini, San Juan Ridge Family Resource Center

San Juan Ridge Family Resource Center volunteer **Charlotte des Tombe** is always willing to lend a helping hand. She has played her violin for young children and their parents, assisted kids with a colorful art project and engaged in outdoor parachute play with FRC's Children's Playgroups. She has bagged up edible commodities, shelved nonperishable foods, assisted customers in the Oak Tree Food Pantry, and folded, sorted and artfully displayed clothing in FRC's Clothes Closet. Whether engaged in menial repetitive duties or stimulating, creative ones, Charlotte performs each and every job with a bright smile and a kind word for all.

In addition to being a busy 6th grade student in Yuba River Charter School's Home Study Program, Charlotte is a baker, musician, ballet dancer, horseback rider, and softball player. She also creates and circulates a family newspaper to members of her sizable clan. Charlotte's family has made its home on the Ridge and engaged in service to the San Juan Ridge community for three generations. When Charlotte needed to do a community service project to qualify for participation in YRC's Medieval Games program, her parents sent her this way. She explained, "My parents recommended the FRC. I realized that it was a nice place. They help people with getting clothes and food. Helping people in the food pantry has been my favorite part of volunteering. Even though I have finished required volunteering I would like to continue volunteering at the FRC because it is a fulfilling activity." Thank you, Charlotte, for your excellent service!



What, Softball on the Ridge?!

by Lucille Rovnak

Mark your calendars for June 19th and 20th, for the first annual "Father's Day Slowpitch Softball Tournament" at the newly restored Oak Tree Community Park Field in North San Juan. The tournament will be followed, beginning June 27th, by "Softball on The Ridge" league play every Sunday.

NCASA (Nevada County Adult Sports Association) has been restoring the field for the last several months. Some of the improvements include new dugouts, benches and bleachers, a newly restored field, and new bases. A Scorer's booth is being built, and fencing is being repaired as well.



Most of the work is being done by Rich Ramirez (of NCASA) and myself, Lucille Rovnak, along with other volunteers, with donations from citizens and local businesses.

We are still seeking donations to finish the project. Donations of any amount can help! These may be sent to: NCASA, PO Box 2191, Grass Valley, CA, 95945. Donations of \$300.00 or more will receive a 3'x5' banner along the outfield fence. For more information, please call NCASA at 530.575.9142.

Cherry Festival Lives On!

by Diana Pasquini, San Juan Ridge Family Resource Center



125TH ANNUAL
NSJ CHERRY FESTIVAL
JUNE 5, 2021
NSJ COMMUNITY
CENTER

10 AM TO 6 PM
LIVE MUSIC
TACOS!
VENDORS
RAFFLE
KIDS GAMES

29190 HWY 49

North San Juan has been the site of an annual Cherry Festival since 1895. Founded by prospector Christian Kientz in 1853, the town of North San Juan's population grew quickly as men flocked to the area to work in adjacent hydraulic mining operations. The town's population swelled to several thousand when a flume from mountain lakes ushered in an era of prosperity by providing water to the townsfolk and surrounding mines. Soon North San Juan became headquarters for water companies that supplied the mines, and water ran above the town in elevated flumes. The end of hydraulic mining in 1884 marked the beginning of a decline in population for the foothill mining town. Over the years three major fires swept through the town, destroying the homes and businesses in its path. Resilient then, as now, North San Juan has survived; and through boom or bust, fair weather or foul, the Cherry Festival has endured. The global pandemic may have put a damper on last year's festivities, but things are looking up and the Cherry Festival is back!

This year's **Cherry Festival** will be on **June 5th**, from **10 am to 6 pm**. Although there will be no parade this year, there will still be plenty of fun. There will be music from bands playing throughout the day, as well as children's games, tacos by Angie, and vendors, including Papa Crow's Forge. Raffle tickets for a variety of prizes donated by local businesses and artisans will be available at 1 for \$1 and 6 for \$5.

Vendors can still reserve a spot by calling Sue Bauer at 292.9525. The Cherry Festival is North San Juan Community Center's annual fundraiser. Every penny raised at this family friendly event goes to keeping the Community Center's doors open and the lights on.

Also happening at the North San Juan Community Center this summer is the weekly **Farmers Market**. For more information on dates and times, as well as a Farmers Market vending site, call Avani at 480.993.6487.

Summer Fun at Malakoff Diggins State Historic Park

by Diana Pasquini, San Juan Ridge Family Resource Center

Did you ever wonder about how and why the devastating consequences of hydraulic mining led to the famed Sawyer Decision, California's first environmental law? Have you ever wished you could step back in time and take a leisurely stroll through a real gold rush era town? Malakoff Diggins State Historic Park provides not only a glimpse, but an experience of Sierra Nevada Foothill history.

When you visit Malakoff, plan to make a day of it. Pack a picnic lunch to enjoy at one of many shady picnicking spots in the historic town of North Bloomfield, at Blair Lake, or elsewhere in this beautiful 3500 acre park. As well as a charming spot for a picnic or barbeque, Blair Lake is stocked with trout and bass, so don't forget your fishing pole. In addition to hiking on over twenty miles of well maintained trails, gold panning and a scavenger hunt are also available to park-goers.



MDSHP's clean, well equipped campgrounds opened on May 21, and cabins may become available later this summer. The park's visitor center is open daily, 10 am-6 pm. *To learn more about Malakoff Diggins State Historic Park, or to reserve a camping space, call 265.2740.* We hope you will take advantage of this marvelous educational/recreational jewel right here in our own back yard.

Community Library Update

by Roo Cantada, San Juan Ridge Community Library

“An Attitude of Gratitude brings opportunity”

We are so blessed to have such a wonderful place to live and gather. It has been a tumultuous past season and we've had some excellent events with record attendance! Kite day was a wild success, the Tapestry folks have returned, and our first movie night happened even with a cloudy, sprinkly night. There is so much in store for the summer, it's hard to list it all, so go to www.sjrcommunitylibrary.org or Facebook to see our entire calendar! Short list: Movie nights 1st & 3rd Saturdays, Pass the Mic 1st and 3rd Sundays, Kickball 1st & 3rd Mondays, Poetry 1st Thursday of every month...and much more! We are excited to have activities to get you and your family out and enjoying the fresh air and great literature! Our Birthday Party on June 6th should be a sweet outing for the whole family. Make sure you make it by 2pm so we can toast Mary Moore as she transitions from full time staff to volunteer boss. We will miss the predictability but we are glad she will still be a critical part of SJRCL. CHEERS, Mary!

Saturday, June 5th 10am-6pm- NSJ Cherry Festival-SJRCL will have books available for donation, applications, plus a sweet activity for children.

8:30pm MOVIE NIGHT ON THE FIELD “Where the Wild things Are” Wear them out at Cherry Fest and then come relax on the field!

Sunday, June 6th 12-3pm @ SJR Community Library- We are happy to welcome the hot weather and summer with a Birthday Party for the Library! It's been 8 years since our grand opening and we are excited to celebrate all that is good about the library- with cake! 2pm toast to Mary Moore

Sunday, June 6th 6-8pm PASS THE MIC at the Pavilion, music, poetry, magic tricks, whatever! Show your Stuff at our first open mic

Monday June 7th Family Kickball Night ALL AGES 6:30 -8:00pm

Tuesday, June 15th 8pm STARGAZING, NC library gave us an amazing telescope. Use ours or bring your own.

Saturday, June 19th 8:30pm MOVIE NIGHT ON THE FIELD, “Dr. Doolittle”

Sunday, June 20th 6-8pm PASS THE MIC

Monday, June 21st 6:30-8:00pm Family Kickball ALL AGES

KIDs Club ! Wednesdays June 16th ,23rd ,30th YARD GAMES 10-11AM kids age 3-7, **11:30-12:30 EXPERIMENTS** kids age 7-12 (snacks provided 11-11:30am)

As you can see, things are definitely happening around here! Keep a look out for an Annex Calendar of classes and workshops soon as well. Seed library is still here too.

LIBRARY's NEW HOURS! 10 am-6 pm TUESDAY and THURSDAY 12 pm-4 pm SATURDAYS

Schoolhouse Hosts Summer Concert in Amphitheater

From the website of the North Columbia Schoolhouse Cultural Center: northcolumbiaschoolhouse.org

Come Celebrate Summer in the Amphitheater!

Saturday, June 19 ~ 6 pm-sunset

**An outside concert with Beaucoup Chapeaux & Tumble
Plus Visitations from the Land of the Dancers**

The North Columbia Schoolhouse is excited to present a summer concert in the amphitheater on Saturday, June 19th starting at 6pm. We invite you to bring a picnic, listen to some music and dance in the new season!

Drinks & deserts will be available for purchase.

Tickets available at Mother Truckers and online!



Meet North San Juan's New Innkeeper

by Diana Pasquini, San Juan Ridge Family Resource Center

Lovingly created by Frank and Jeannie Milano nearly two decades ago, Milano's Inn is in very good hands. The new innkeeper, Kimberly Amaya, has years of experience, working most recently at the Swallows Inn in Capistrano Beach. Prior to her eleven years there, she also worked at Sierra Hot Springs in Sierraville. In addition to pursuing a career in hospitality, Kimberly practices massage and watsu, an aquatic body work. A busy mother of three teenagers, she is also a yoga teacher and a chakra dance facilitator.

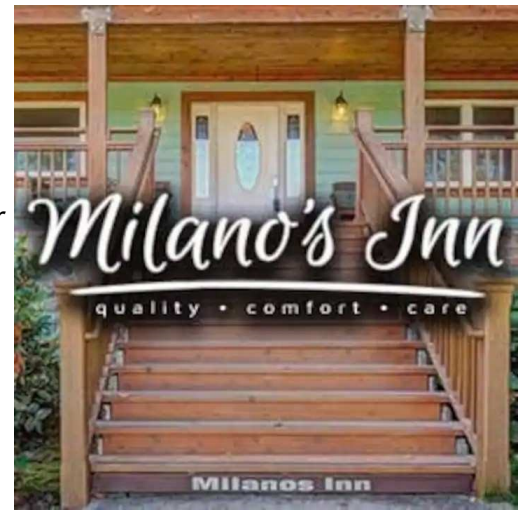


Kimberly was attracted to this area by the Yuba River and the people. "It's really great to be a part of the community. I get to lodge all of your family members and friends when they come. I really like that aspect. It's special that when your mother comes to visit, she stays with me. I'm honored to have your family members stay with me."

Milano's Inn has five bedrooms, each with a private bath, the walls of which are brightened by tiles hand set by Jeannie. There is also a handicapped room with its own private entrance. Outdoors are lush grassy areas, mature plum and pear trees, and lots of roses. (see picture) Kimberly sees to it that coffee, teas, and snacks are available to guests throughout the day; and a fully equipped kitchen is available for guests' use.

In addition to providing clean, comfortable lodgings, Kimberly plans to present ongoing special classes and events for the community. She dreams of putting in a warm pool so that she can share watsu with the community, as well. "My passion is watsu. For six years I've been in college working on completing a double major in psychology and dance. Now I'm focusing on the Inn and getting the kids settled in. I want them to find the magic here. It's such a beautiful place. I'm so glad to be here!"

Milano's Inn is located at 27949 Cherokee Road, across the street from Fire Station #1 in North San Juan. For more info or to make a reservation, call Kimberly at 530.292.2000. You can also learn more about the Inn or book a stay on Airbnb.

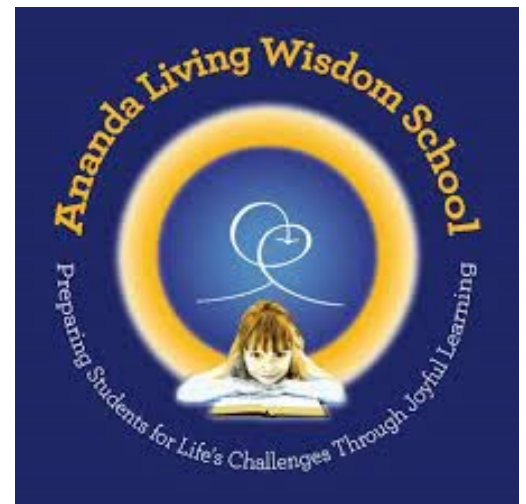


Ananda Living Wisdom School News

by Hridaya Atwell, Principal

Hello friends at Family Resource Center, Greetings from Ananda Living Wisdom School! Here is a little news of how our school has been fairing during this last year. We have been able to remain open all year for in-person learning, due to lower enrollment numbers and great parent and student compliance with Covid protocols. Of course, we have missed the togetherness of our all-school programs and celebrations. Our preschool remained open along with our elementary and middle schools with a total enrollment of 24 students. Our high school is continuing to be totally on-line with foreign and American students. Next year we are hoping to go back to a fuller enrollment with relaxation of Covid protocols.

To learn more about our school and find out about enrollment for next year, please call our school number: 530.478.7640 or email me at: hridaya@livingwisdom.org



Get Your Go Bag Ready

by Diana Pasquini, San Juan Ridge Family Resource Center

Our fervent wish is that the Ridge has the good fortune of being spared from devastating wildfires. Although we've been lucky lately, there is still a chance that a fast moving fire may threaten our homes. In that case it's good to have a plan. First of all, know all possible evacuation routes and locate temporary refuge areas on the Ridge. Then load up your family and pets, grab your go bags and head toward safety. Although specific needs may differ from person to person or family to family, the following is a good list of items that should be considered and packed into a go bag that is easy to grab on your way out the door when you are in a hurry.

Following are recommendations from Ready Nevada County and can be found at mynevadacounty.com:

- Three-day supply of non-perishable food and three gallons of water per person
- Map marked with evacuation routes
- List of important numbers in case your cell phone is lost
- Prescriptions, special medications*
- Assistive devices or durable medical equipment
- Battery-powered radio
- Extra batteries
- Pet & service animal supplies (food, water, carrier, leashes)
- Change of clothing/Sturdy shoes for walking
- Extra eye glasses or contact lenses
- N95 mask
- An extra set of car keys
- Credit cards, cash, or checks
- Flashlight
- Sanitation supplies
- Copies of important documents (birth certificates, passports, etc.)
- Cell phone charging cord and extra battery/Laptop
- Diaper bag
- First aid kit
- Your Ready, Set, Go! Handbook

**At least a week-long supply of prescription medicines, along with a list of all medications, dosages, and any allergies*

All Burn Permits Suspended!

by Diana Pasquini, San Juan Ridge Family Resource Center

CAL FIRE has suspended ALL burn permits for outdoor residential burning within Nevada, Yuba and Placer counties. Because of increased fire danger posed by the high volume of dead grasses and hotter, drier conditions in the region, all residential outdoor burning of landscape debris (leaves, branches, etc.) is banned.

As of this writing, CAL FIRE and firefighters across California have responded to 2038 wildfires since January 1; and it's still May! This looks like it's going to be a long, hot, dry summer accompanied by the threat of a particularly severe wildfire season.

Now is the time to make sure that there are 100 feet of defensible space around homes and outbuildings and to be prepared to evacuate if the time comes. Here are some tips from CAL FIRE that will help protect your home and property:

- ◆ Clear all dead or dying vegetation 100 feet from around structures.
- ◆ Landscape with fire resistant plants and non-flammable ground cover.
- ◆ Find alternative ways to dispose of debris like chipping or hauling to a biomass energy/green waste facility.

For additional information on how to create defensible space, or how to be prepared for wildfires, as well as tips to prevent wildfires, visit www.ReadyForWildfire.org.



Love the River Like a Local

by Diana Pasquini, San Juan Ridge Family Resource Center

No doubt about it, on the San Juan Ridge, summer is River Season. Once days start warming up, the Yuba beckons us to take a dip in her cool, fresh waters. Could anything be more enticing on a sweltering summer day? Generations have made afternoons at the River the centerpiece of their summers. Beautiful? Yes. Refreshing? Yes. Dangerous? Unfortunately, yes.

Nevada County in coalition with the South Yuba River Citizens League and the Yuba River Safety Cohort have some suggestions that will make your trips to the Yuba safer while having fun:

“River safety is your responsibility. An average of five lives are lost each year on the South Yuba River due to high, fast, cold water. Please enjoy our beautiful trails and beaches, but during high flows...stay out and stay alive!



- ◆ Do not stand in moving water. If pulled downriver, lie on back, tuck arms, and point feet downstream.
- ◆ Always LOOK first! The river is constantly changing. Scout safe routes.
- ◆ Drinking alcohol and swimming don't mix and never bring glass bottles to the area.
- ◆ Wear a life jacket for all river activities. **Watch children and pets at all times.**
- ◆ Stay out of the water during high flows.
- ◆ **NO FIRES** allowed in the river canyon.
- ◆ No cell service in river canyon.
- ◆ Obey all parking signs. Fines now \$162.”

In addition to the above safety guidelines, here is a guideline for being a decent and responsible human being. DO NOT LEAVE TRASH, including cans, bottles, food, wrappers, baby diapers & toilet paper (yuk!), etc. at the river. If you brought it in, you can take it out. Please consider the health and safety of the river itself, the forest and its creatures, and other river goers when you are there. It's important to preserve life and to preserve this precious resource as well.

Tech Access Available at Resource Center

by Kristin Snell, San Juan Ridge Family Resource Center

Computer access is available to the public Wednesdays by appointment between the hours of 10-3 (if no appointment is booked, drop-ins are welcome). We welcome families with children and have set up a small space for them to use while parents or caregivers access tech.

One adult or high school student may use the tech room at a time. Younger children must be accompanied by an adult. We are also able to print documents and send and receive faxes on a limited basis during our open hours.

Call for details or to schedule an appointment—292.3174.



Emergency Contact Information

TO GET EMERGENCY HELP

CALL 911 FROM LANDLINES

*If you call 911, be certain to fully identify your location
(Nevada County, City, Street, Number, Landmark)*

CALL 265-7880 FROM CELL PHONES

N\$JFD RECORDED EMERGENCY INFO SERVICE: 470-9713

BURN DAY INFO: 274-7928

EARTH and Road WORKS, Inc.

General Engineering Contractors

Lic#785445

SIEGFRIED & CHERI KNOLL Local Phone: 530-292-3685

PO Box 750 Phone: 1-800-361-6246

N. San Juan, CA 95960 Fax: 530-292-3686

Haz. Mat. Certified * Excavating * Septic Systems * Paving

Road Maintenance * Grading * Dumptruck Services * Site Prep.



BETTER ON THE BIG SCREEN

SHOWTIMES & FILMS

530-477-9000

www.sierratheatres.com



Weekly CSA Farm Boxes

(530) 292-3776 mountainbountyfarm.com

EDMONDSON FAMILY CHIROPRACTIC

(530) 988-8993

20092 Oak Tree Road

North San Juan



Dr. Edmondson, DC

License #33767



Home of the Sierra Storytelling Festival
Amphitheater & Concert Space
Community Building Events
Wedding & Event Venue
Local Talent Showcase
(530)265-2826

www.northcolumbiaschoolhouse.org

Vehicle Donations Aid SJR Community Library & FRC

by Diana Pasquini, San Juan Ridge Family Resource Center

If you have a car, truck, motorcycle, even a boat that still has a little life in it, but has outlived its usefulness to you, how about donating it to CARS, a vehicle donation program that helps fund nonprofits? Dollars raised from your used vehicle could be of great help to the San Juan Ridge Community Library and the San Juan Ridge Family Resource Center. *For more information, please call CARS at 855.500.7433 and tell them that you want to donate to the San Juan Ridge Community Library.* Once the library receives the donation, the proceeds are split 50/50 with the FRC. So now you can clean up the yard or garage while doing a really good deed that benefits the entire community.

Staff

Diana Pasquini
Community School Liaison
Kristin Snell
Community School Liaison



Contact Us

Physical: 18847 Oak Tree Road
Nevada City 95959
Mailing: PO Box 630, N. San Juan 95960
Phone: 530.292.3174
Email: sjrfrfc@nevco.org
Website: sanjuanridgefrfc.org

Services

Food pantry, clothes closet, computer access and playgroup are now available. These services are offered free of charge. See details below. Face covering & social distancing are required. Hours are subject to change. We close for power outages & snow.

Our services have typically included the following in addition to clothing & food, computer access & playgroup: drop-in children's play space, lending library & laundry station, as well as summer camps for school-aged children. We very much hope to bring our complete range of services back when we can safely do so. We are grateful to receive donations of cash, clothing & non-perishable food items during business hours.

Clothes Closet—Mondays & Wednesdays 10-3 and Tuesdays & Thursdays 1-3

Baby/toddler, boys' & girls' and adult clothing and shoes of all sizes. *Please note: The clothes closet can now be found in the Phoenix building.*

Computer Access—Wednesdays by appointment between 10-3

Computer access is available Wednesday by appointment between the hours of 10-3 (if no appointment is booked, drop-ins are welcome). We are also able to print and fax documents at other times if staff is available. *Call for details or to schedule an appointment—292.3174.*

Food Pantry—Tuesdays & Thursdays 10-3

Food is available once per week for individuals & families. Diapers may be available as well. *Please note: The food pantry can now be found in the Oak Tree Kitchen.*

Playgroup

Playgroup brings families together to enjoy active play, circle time with stories and songs and outdoor activities. Families must be registered to join. This is no longer a drop-in group due to Covid restrictions. Covid protocols in place. *Please call 292.3174 for more information or to enroll.*

About Ridge Connections

This quarterly newsletter features original articles, event announcements, program descriptions, photos & more. We welcome both one time & ongoing submissions from the community. Our deadline for the Summer edition is June 28th.

We reserve editorial rights as regards the appropriateness of articles for inclusion, as well as rights to edit for length.

The views & opinions expressed in these pages are solely those of the authors, & do not necessarily represent the views & opinions of the San Juan Ridge Family Resource Center, its staff, volunteers or funders.

Electronic Ridge Connections

Visit our website at www.sanjuanridgefrfc.org to view Ridge Connections, color photos & other info about our Center online.

To receive a quarterly email with a link to the latest Ridge Connections articles, write sjrfrfc@gmail.com

Our Partners & Funders



LIHEAP Program Provides Energy Assistance

From a flyer

To apply for LIHEAP Energy Assistance (firewood, propane, utilities) call:

1-888-524-5705

All applications must be made by phone

Telephone Numbers Resource List

Compiled by the San Juan Ridge Family Resource Center (1/21)



San Juan Ridge

Health & Safety

- ☼ N. San Juan Fire Dept Office
292-9159 (911 for emergency)
- ☼ NSJ Fire Dept Emergency Infoline
470-9713 (911 for emergency)
- ☼ Sierra Family Medical/Dental Clinic
292-3478 (accepts MediCal)

Schools/Child Care

- ☼ Ananda Living Wisdom School
478-7640
- ☼ Early Head Start Program
292-4354
- ☼ Grizzly Hill School
265-9052

Businesses/Organizations

- ☼ Ananda Village Office
478-7500
- ☼ Bigley's Market & Brass Rail
Tavern 292-3443
- ☼ Bunny Bristles Chimney Sweeping
292-0228
- ☼ Campanelli Hair Salon 292-3484
- ☼ Center for Radiant Health
478-7549
- ☼ Country Store
470-8800
- ☼ Earth & Road Works 292-3685
- ☼ Four Winds Studio 559-7325
- ☼ Geronimo Pole Company
362-4124
- ☼ Inner Path 478-7765
- ☼ Karmen's Garden & Greenhouse
274-7472
- ☼ KYRR 93.3FM (Yuba River Radio)
470-9063
- ☼ Mama's Pizzeria
292-1400
- ☼ Marjorie McDougal, CMT
478-7785
- ☼ Milhous Feed
292-3242
- ☼ Mother Truckers
292-3250
- ☼ Mountain Bounty Farm
292-3776
- ☼ Mud & Pearls
362-8082

- ☼ North Columbia Schoolhouse
Cultural Center
265-2826
- ☼ N. San Juan Post Office
292-3303
- ☼ N. San Juan Center
292-9048 (message only)
- ☼ N. San Juan Transfer Station
292-4340
- ☼ Papa Crow's Forge
"Bladesmith"
913-1152
- ☼ Peterson's Corner Bar &
Restaurant
292-3747
- ☼ Red Moon Ranch
615-1667
- ☼ Ridge Plumbing
265-6524
- ☼ Ridge Café
292-3488
- ☼ Marc Ryan, Piano Tuning
292-3171
- ☼ Namaste Wellness 478-7571
- ☼ Karl Salmondson, Shearing &
Engine Repair
362-8082
- ☼ San Juan Ridge Community
Library
292-3008
- ☼ San Juan Ridge Family
Resource Center
292-3174
- ☼ Sierra Super Stop
292-3481
- ☼ Sweetland Garden Supply
292-9000
- ☼ Wild Fire Construction
292-3270

Health/Safety/ Other

- ☼ Adult Protective Services
265-1639
- ☼ Burn Day Info
274-7928
- ☼ Cal-Trans Road Conditions
1 (800) 427-7623
- ☼ California Poison Hotline
1 (800) 222-1222
- ☼ Child Protective Services
273-4291
- ☼ Community Beyond Violence
(formerly DVSAAC)
Crisis 272-3467/Main 272-2046
- ☼ Community Recovery Resources
273-9541
- ☼ Crime Tip Line (Nevada County)
470-2400
- ☼ County of Nevada Information
265-1218
- ☼ FREED Center for Independent
Living
477-3333
- ☼ Hospitality House (for the home-
less)
271-7144
- ☼ KARE Krisis Nursery
Crisis 265-6520 Business 265-0693
- ☼ Mental Health Crisis/Suicide
Prevention Line
265-5811
- ☼ Nevada County Alcoholics Anon-
ymous Hot Line
272-6287
- ☼ Sierra Nevada Memorial Hospital
274-6000
- ☼ SPIRIT Peer Empowerment
Center
274-1431
- ☼ Team 3 Counseling Center
478-5701 (*sliding scale*)
- ☼ Teen Clinic
265-1450
- ☼ www.dial211.com—referral
service for local agencies
- ☼ Women of Worth
272-6851

Beyond the Ridge

Food Resources

- ☼ Food Bank of Nevada County
272-3796 *2nd Tuesday of the
month, Oak Tree Campus*
- ☼ Inter-Faith Food Ministry
273-8132
- ☼ Women Infant Children
265-1454 (WIC program)

**Please call 292-3174 to
add your number to this
list or with any
corrections.**