#UseYour ToolsDivinationChallenge



MAKE SURE TO REFER TO THE SLIDES ON INSTAGRAM FOR CLEANSING, ACTIVATING/CONNECTING, AND GOOD PRACTICES. WHEN YOU ARE ALL READY, GRAB YOUR THINGS, GO TO A QUIET SPACE, RELAX, & INVITE YOUR GUIDE TO SIT WITH YOU.



DAY 1, CONNECT:

ARE YOU WORKING WITH YOUR GUIDE OR A SPECIFIC ANCESTOR?

MAKE A NOTE OF THAT BELOW:

NOW, BE SURE TO WHOM YOU ARE SPEAKING; ASK SOMETHING
THAT YOU KNOW THE ANSWER TO SO THAT YOU CAN
CONFIRM CONNECTION BEFORE MOVING FORWARD.
BE PATIENT AND TAKE YOUR TIME WITH THIS.
ASK TO BE PROTECTED FROM UNWANTED ENERGIES.

START SMALL WITH A FEW YES OR NO QUESTIONS ABOUT YOUR GUIDE/ANCESTOR:

QUESTION 1:	YES	NO
QUESTION 2:	YES	NO
QUESTION 3:	_ YES	NO
NOW A FEW ABOUT YOURSELF (THESE DON'T HAVE TO BE DEEPLY SERIOUS; WE ARE PRACTICING):		
QUESTION 1:	YES	NO
QUESTION 2:	_ YES	NO
QUESTION 3:	YES	NO
WRITE A LITTLE BIT ABOUT THIS SESSION AND FEEL FREE TO CONTINUE THE BACK AND FORTH FROM A	BOVE.	;





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DAY 2, TRUST:

ARE YOU WORKING WITH YOUR GUIDE OR A SPECIFIC ANCESTOR?

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HERE IS A GREAT EXERCISE TO CREATE TRUST WITH YOUR PENDULUM & YOUR SPIRITUAL CONNECTION! WRITE DOWN A FEW THINGS THAT YOU HAVE TO GET DONE TODAY, NO MATTER WHAT. GO DOWN THE LIST IN ORDER ASKING, "SHOULD I DO THIS [WHATEVER IT IS] FIRST?" AND WHEN YOU GET A YES THAT IS NUMBER 1. WRITE THAT ON THE LINE AND CONTINUE THE PROCESS [ASKING WHAT IS NEXT] UNTIL YOU HAVE AN ORDER OF ATTACK. FOLLOW THE ADVICE IN GOOD FAITH AND SEE HOW IT GOES, EVEN IF THIS SOUNDS A BIT CRAZY!

ITEM:	#
ITEM:	#
AT THE END OF THE DAY, WRITE ABOUT HOW THIS WORKED OUT FOR YOU AND IF YOU'LL YOU TI	RY IT AGAIN:

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DAY 3, SELF-CARE:

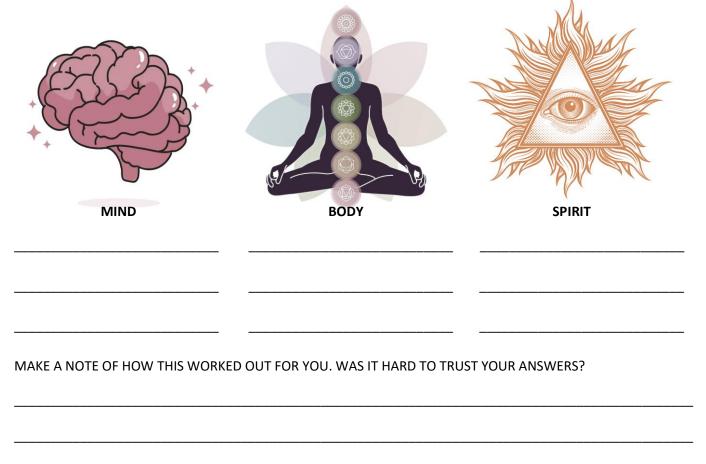
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ASK WHAT IS MOST IMPORTANT TODAY FOR YOUR MIND, BODY, & SPIRIT.

WRITE A FEW OPTIONS FOR EACH, & THEN ASK WHICH ACTIVITY WILL BEST SERVE YOU; FOLLOW THAT GUIDANCE. THE EASIEST WAY TO FIND YOUR ANSWER IS TO ASK YES OR NO FOR EACH OPTION.





@owlandbonestarot @notsomysticaltarot

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DAY 4, LET'S TRY A BOARD:

ARE YOU WORKING WITH YOUR GUIDE OR A SPECIFIC ANCESTOR?

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BE PATIENT AND TAKE YOUR TIME WITH THIS.
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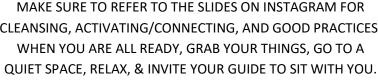
LIST A FEW SPECIFICS IN THIS AREA:			

ARE YOU GETTING MORE COMFORTABLE IN YOUR PRACTICE? WILL YOU INCLUDE MORE PENDULUM WOR	к?





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DAY 5, CHOOSE YOUR TOOLS:

ARE YOU WORKING WITH YOUR GUIDE OR A SPECIFIC ANCESTOR?

MAKE A NOTE OF THAT BELOW:

NOW, BE SURE TO WHOM YOU ARE SPEAKING; ASK SOMETHING THAT YOU KNOW THE ANSWER TO SO THAT YOU CAN CONFIRM CONNECTION BEFORE MOVING FORWARD. BE PATIENT AND TAKE YOUR TIME WITH THIS. ASK TO BE PROTECTED FROM UNWANTED ENERGIES.



ARRANGE YOUR RUNES OR CARDS IN A CIRCLE, FACE DOWN. FOCUS YOUR ENERGY AND STATE YOUR INTENTION SIMPLY & CLEARLY. FOR EXAMPLE, "PLEASE GIVE ME GUIDANCE FOR MY DAY". BE PATIENT & WAIT UNTIL YOU SEE A DEFINITE PATTERN WITH **DIRECTION TO A CERTAIN POINT, THEN TURN** OVER THE ITEM THAT WAS INDICATED.

WHAT WAS YOUR MESSAGE?			?

HOW DO YOU FEEL ABOUT YOUR MESSAGE? DID YOU ENJOY THIS EXERCISE & WOULD YOU TRY IT AGAIN?

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DAY 6, LOST ITEMS:

ARE YOU WORKING WITH YOUR GUIDE OR A SPECIFIC ANCESTOR?

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DRAW YOUR MAP, FLOORPLAN, OR BOARD OVER HERE!

USE THE SPACE TO THE LEFT TO EITHER DRAW
A MAP OF THE AREA WHERE YOU THINK THE
ITEM MIGHT BE, OR SKETCH A ROUGH
FLOORPLAN OF YOUR SPACE AND ASK
QUESTIONS THAT NAROW DOWN THE
LOCATION. YOU CAN ALSO DRAW A PIE CHART
[LIKE ON DAY 4] AND WRITE IN THE ROOMS IT
COULD BE FOUND AND SEE WHAT DIRECTION
YOU GET FROM THERE. FLIP THE PAGE OVER
IF YOU NEED MORE SPACE.

IF THIS SEEMS TOO TEDIOUS, FEEL FREE TO BASICALLY PLAY HOT & COLD WITH YOUR PENDULUM UNTIL YOU FIND YOUR MISSING ITEM; THIS IS A COMMON TECHNIQUE!

YOU CAN COMBINE ANY OF THESE IDEAS TOGETHER AS WELL. GET CREATIVE AND REMEMBER, THIS IS YOUR PRACTICE.

THIS EXERCISE INVOLVES A LOT OF TRUST. DID YOU FEEL CONNECTED OR DO YOU NEED MORE PRACTICE?

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- PLACE A FEW OF YOUR **TAROT** DECKS IN A SEMI-CIRCLE.
- ASK YOUR PENDULUM WHICH ONE WILL SERVE YOU BEST IN THIS NEXT "BONUS WEEK" EXERCISE.
- ONCE YOU HAVE A CLEAR ANSWER, SET THAT DECK ASIDE AND CLEANSE/CLEAR IT IN WHATEVER WAY FEELS BEST FOR YOU AND YOUR PRACTICE.

WHAT DECK WILL YOU BE USING?

WHAT IS YOUR RELATIONSHIP WITH THIS DECK?

WHAT IS YOUR HOPE FOR BONUS WEEK?

IF YOU WOULD LIKE TO READ FASTER AND MORE COHESIVELY, BONUS WEEK WILL BE A REALLY FUN ONE FOR YOU.

BE ON THE LOOKOUT FOR DETAILS - SEE YOU THERE!

REMEMBER TO HAVE FUN WITH THIS! LOOK FOR NEXT WEEK'S BONUS ACTIVITY - GET READY & STAY TUNED!