



Tamara's Treasure Trove Life Coaching Client Agreement

This Life Coaching Contract (“Agreement”) dated on this ____ day of 20____ (the “Effective Date”) is made between _____ (the “Life Coach”) and _____ (the “Client”), for the purpose of setting forth the exclusive terms and conditions by which the Client desires to acquire the Life Coaching Services (“Services”) from the Life Coach.

WHEREAS, the Life Coach is engaged in the business of providing Life Coaching Services.

WHEREAS, the Client wish to avail such services from the Life Coach in accordance with the terms and conditions of this contract.

NOW, THEREFORE, FOR ALL GOOD AND VALUABLE CONSIDERATION, the Life Coach and the Client hereby agree as follows:

Life Coach and Client Goals. The Client desires to achieve the below goals to boost and reach their full potential in the following area(s) of his or her life:

- 1. _____
- 2. _____
- 3. _____

Scope of Services. The Client retains the above-referenced Life Coach, and the Life Coach agrees to perform for the Client, the following services:

- 1. _____
- 2. _____
- 3. _____

Any Service outside of the scope as defined in this Agreement may require a new Agreement for other services agreed to by the Parties.

Consideration and Compensation. In exchange for the services rendered by the Life Coach, the Client agrees to compensate the Life Coach as follows:

- Weekly Coaching Sessions:** \$125/Week (\$25 Deposit due upon registration; Full amount due at the start of each session)
- Monthly Coaching Sessions:** \$200/Month (\$50 Deposit due upon registration; Full amount due at the start of each session)





- Weekly Virtual Aromatherapy:** \$125/Week (\$25 Deposit due upon registration; Full amount due at the start of each session)
- Monthly Virtual Aromatherapy:** \$200/Month (\$50 Deposit due upon registration; Full amount due at the start of each session)

Life Coach and Client Schedule. The date and location of the Life Coaching Services as defined in this Agreement shall be performed as set forth via Client registration on www.tamarastreasuretrove.com. A 48-hour notice is required to reschedule or to cancel. Deposit is non-refundable in the event that Client cancels or reschedules appointment less than 48-hours in advance. Life Coach shall perform the Services for the Client on the date(s) and time(s) virtually via the online Zoom portal as agreed to via Client registration on www.tamarastreasuretrove.com and shall observe all the holidays of the Life Coach.

The Client and Life Coach Relationship. The Parties understand that the Client-Life coaching relationship is a partnership or alliance between the Client and Life Coach. This Client-Life coach relationship is an alliance and not a legal relationship.

The Client acknowledges and understands the Services of the Life Coach is an inclusive and comprehensive process that may delve into certain areas of the Client's personal life, including but not limited to, the Client's life, relationships, career, education, recreation, fitness, and finances. The Client fully acknowledges that it is his or her ultimate personal decision as to how he or she decides to implement the Life Coach's services, techniques, advice into such his or her life. The Life Coach will be available to work with clients for an unlimited, ongoing basis with the exception of holidays of the Life Coach. The Life Coach reserves the right to permanently end sessions with clients who express any communication that threatens the safety of the Life Coach, the Client, and/or the safety of others.

The Client acknowledges and understands that the Services rendered by the Life Coach are not psychotherapy and, under no circumstances, are they a substitute for therapy if needed. Further, the Life Coach and their Services do not diagnose, cure, prevent or treat any mental illness or disorder.

Duties and Responsibilities of the Life Coach and Client. The Life Coach and Client agree to uphold their respectful obligations under this Life Coaching Contract. The Parties acknowledge the Parties' responsibilities and duties under this Contract are vital for the Client and Life Coaching relationship to be successful.

The Life Coach agrees to uphold the standards of behavior and ethics as defined by the International Coach Federation¹ ("ICF"). The ICF is a globally recognized standard for life coaching and other comparable Client-Coaching relationships.

The Client agrees to stay in efficient and reasonable communication with the Life Coach. The Client agrees to provide honest feedback to the Life Coach and to fully devoted and engage in the Life Coach's program and respective services they agree to provide. The Client agrees to complete homework assigned by the Life Coach at the end of each session and the Client agrees to submit this homework at the beginning of each follow up Session ("Session").

The Life Coach upholds 100% confidentiality in all Sessions. Personal Client information will not be shared unless Clients mention a plan to hurt themselves or others. In case such a plan is mentioned, Life Coach

¹ Coachfederation.org/ethics





reserves the right to share personal Client information with the local Police Department via 911 or to contact the [National Suicide Prevention Lifeline](#).

Cancellation Policy. Should the Client need to cancel or reschedule a scheduled Life Coach Session, a forty-eight (48) hour notice is required. Notice must be provided via text message/ email or via the Contact Form on www.tamarastreasuretrove.com and confirmed in writing. If the Client fails to give a minimum of forty-eight (48) hour notice on more than one occasion, Client deposit will be non-refundable for the cancelled Session.

Canceling more than 3 consecutive Sessions, or more than 5 total scheduled sessions, without prior consent of the Life Coach, shall be deemed a material breach.

In the event the Life Coach needs to cancel a scheduled Session, forty-eight (48) hour notice will be given to the Client via text/ email and confirmed in writing. If the Life Coach fails to give forty-eight (48) hour notice, Client will receive one (1) free Session for each occurrence.

Term and Termination. This Life Coaching Contract may be terminated at any time by mutual agreement by the Life Coach and Client.

This Life Coaching Contract shall be effective on the date hereof (20_____) and shall continue until terminated by either party upon 7 business days written notice.

The Client understands that the Life Coach may terminate this Agreement at any time if the Client fails to pay for the Services provided under this Agreement or if the Client breaches any other material provision listed in this Life Coaching Contract. The Client agrees to pay any outstanding balances within 3 days of termination.

Confidentiality. Any and all parties of this Contract, including all attachments hereto, shall be strictly construed and considered confidential in nature. Neither the Life Coach or the Client shall have the right and entitlement to disclose any information and detail in relation to the Contract and the Services herein represented and embodied. Such disclosure shall be considered a material breach of this Life Coaching Contract and shall be subject to further action by the aggrieved party.

The Client understand that this Client-Life Coach Contract is not protected by legal confidentiality. Therefore, the Life Coach may be required to disclose otherwise confidential information to authorities.

Limited Liability. The Life Coach makes no guarantees, warranties, or representations of any kind, express or implied with respect to the Services rendered and negotiated subject to this Agreement. In no event shall the Life Coach be held liable to the Client for any special, direct, or consequential damages. Notwithstanding any damages that the Client may acquire, the Life Coach's under this Life Coaching Contract, and the Client's sole remedy, shall be limited to the amount paid by the Client to the Life Coach under this Contract for all Services rendered throughout the duration of this Contract, including the date of termination. Client agrees that the Life Coach is not responsible for any inaction or actions, or for any indirect or direct result(s) of any Services rendered by the Life Coach.





Dispute Resolution and Governing Law. Parties to this Agreement shall first attempt to settle any dispute through good-faith negotiation. If the dispute cannot be settled between the parties via negotiation, either party may initiate mediation or binding arbitration in the State of California.

If the parties do not wish to mediate or arbitrate the dispute and litigation is necessary, this Agreement will be interpreted based on the laws of the State of California without regard to the conflict of law provisions of such state. The Parties agree the dispute will be resolved in a court of competent jurisdiction in the State of California. This Agreement shall be binding upon the successors and assigns of the respective parties.

Legal Fees. Should a dispute between the named Parties arise lead to legal action, the prevailing Party shall be entitled to any reasonable legal fees, including, but not limited to attorneys' fees.

Severability. If any term or provision of this Agreement is invalid, illegal, or unenforceable in any jurisdiction, such invalidity, illegality, or unenforceability shall not affect any other term or provision of this Agreement or invalidate or render unenforceable such term or provision in any other jurisdiction.

No Waiver. No waiver of or failure to act upon any of the provisions of this Agreement or any right or remedy arising under this Agreement shall be deemed or shall constitute a waiver of any other provisions, rights or remedies (whether similar or dissimilar).

Counterparts. This Agreement may be executed in counterparts, each of which shall be deemed an original, but all of which together shall be deemed to be one and the same agreement. A signed copy of this Agreement delivered by facsimile, email, or other means of electronic transmission shall be deemed to have the same legal effect as delivery of an original signed copy of this Agreement.

Electronic Signatures. This Agreement and related documents entered into in connection with this Agreement are signed when a party's signature is delivered electronically, and these signatures must be treated in all respects as having the same force and effect as original signatures.

Captions for Convenience. All captions herein are for convenience or reference only and do not constitute part of this Agreement and shall not be deemed to limit or otherwise affect any of the provisions hereof.

Entire Agreement. This Agreement constitutes the sole and entire agreement of the Parties regarding the subject matter contained herein, and supersedes all prior and contemporaneous understandings, agreements, representations, and warranties, both written and oral, regarding such subject matter. This Agreement may only be amended, modified, or supplemented by an agreement in writing signed by each Party hereto.

[Signatures on Following Page]





IN WITNESS WHEREOF, the undersigned have executed this Life Coaching Contract effective as of the _____ day of _____, 20____ (the "**Effective Date**").

Dated: _____

Dated: _____

Life Coach's Signature

Client's Signature

Life Coach's Printed Name or Entity

Client's Printed Name or Entity

Life Coach's Contact Information:

Client's Contact Information:

Address:

Address:

Phone Number(s):

Phone Number(s):

Email Address: _____

Email Address: _____

