

Janis Lynn-Harris Corona

EDUCATION

- The 500 Hour Massage Therapist Certification, Alta College, 730 Pacific Coast Highway Ste. 105, Redondo Beach, CA, 90277, (310) 540-3355, graduated Dec. 2006
- Bachelor of Science in Math and Economics joint major | University of California San Diego, UCSD | 9500 Gilman Dr., La Jolla, CA 92093, (858) 534-2230 | grad. Date: Dec. 2015
- Master's Degree in data Science | Lewis University, One University Pkwy, Romeoville, IL, 60446, (815) 838-0500, grad. Date: October 2019
- Doctor of Chiropractic | Southern California University of Health Sciences, 16200 Amber Valley Dr., Whittier, CA 90604, (562) 947-8755 | medical student of DC program 12 term, fall 2021, in progress 3/12 terms completed as of 8/20/2022

SKILLS

- Swedish, hot stone, prenatal, sports, chair, deep tissue, reflexology, shiatsu, myofascial, trigger point therapy, lymphatic drainage, oncology, and cranial-sacral massage modalities
- Myofascial Release Therapy for relieving and remodeling muscle adhesion lesions from scar tissue
- Cross Fiber Friction (XMT) for relieving and remodeling scar tissue in the tendons
- Post-Isometric Relaxation (PIR) and Reciprocal Inhibition (RI) stretch therapies for relieving hypertonic muscles and strengthening hypotonic muscles
- Suggesting additional add-ons to massage services such as aromatherapy, sugar foot scrub, hot stones, or bio-freeze topical treatment for relieving muscle aches
- Continuously updating and refreshing skills through my liability insurance: InsureLMT.com online courses for CEUs in LMT, like myofascial, stretching, IASTM, and KT tape applications for pain management

LICENSES AND INSURANCE

- CAMTC – California Certified Massage Therapist Council # 18843, expires 4/14/2023
- InsureLMT.com liability insurance for Massage Therapy #439208, expires 9/12/2023

WORK EXPERIENCE

- a. Massage Envy | Chino Hills | Jan 2020-Present | Job Title: LMT | Supervisor: Toni | (909) 573-0200
- b. Massage Heights | Chino Hills | May 2019 – Jan 2020 | Job Title: LMT | Supervisor: Tamera | (909) 810-2899
- c. Massage Heights | Rancho Cucamonga | March 2019 – June | Job Title: LMT | Supervisor: Griselda and Phillip (Lead LMT) | 909-922-2013
- d. Heller Chiropractic | Costa Mesa 92626 | March 2019 – April 2019 | Job Title: **Independent Contractor 1099-LMT** | Supervisor: Brian Heller (owner) and Nastassia (front desk assistant) | 714-557-9454
- e. OC Wellness | Westminster 92683 | September 2019-November 2017 | Job Title: **Independent Contractor 1099-LMT** | Supervisor: Anna | (866) 303-9355
- f. Massage Heights | Newport Beach 92660 | 1334 Bison Ave. | July 2017 – March 2018 | Job Title: LMT | Supervisor: Michelle or Kristin | 949-644-7352
- g. Bodycentre | Fullerton 92832 | July 2016-July 2017 | Job Title: **Independent Contractor 1099-LMT** | Supervisor: Katrina Sanchez | (714) 447-1784
- h. Massage Green | Corona 92881 | 1312 E. Ontario Ave. | January 11, 2016 – November 2017 | Job Title: Licensed Massage Therapist CA | Supervisor: Libni | (951) 371-7918
- i. Hand and Stone Massage | Costa Mesa 92627 | September 2014-January 2015 | Job Title: Licensed Massage Therapist | Supervisor: Tasha | (949) 645-4823
- j. Massage Envy | Yorba Linda 92886 | November 2013-July 2014 | Job Title: Licensed Massage Therapist | Supervisor: Colleen | (714) 701-0200
- k. Massage Envy | Tustin 92782 | June 2012-October 2013 | Job Title: Licensed Massage Therapist | Supervisor: Brittany | (714) 617-8900
- l. Elements Massage | Mira Loma 91752 | August 2011 – June 2012 | Job Title: Licensed Massage Therapist | Supervisor: Paul and Lingua Fetui | (951)-280-1200
- m. Krause Holistic Health Center | Redondo Beach 90277 | Job Title: **Independent Contractor 1099** CMT-Certified Massage Therapist or Graduate MT | June 2005-July 2007 | Supervisor: Christine | (310) 540-3355