



**The Massage Negotiator**

Mobile Massage Therapy



## Payment Receipt

**Message Therapist Name \***

First Name

Last Name

**Message Therapist Email Address**

example@example.com

**Add an NPI number below if available for massage therapist providing service on this date.**

**Add CAMTC license number and expiration date, if available for massage therapist providing services on this date.**

**Client Name \***

First Name

Last Name

**Client Phone Number \***

- 

Area Code

Phone Number

**Client Email Address \***

example@example.com

**Massage Service Address**

Street Address

Street Address Line 2

City

State / Province

Postal / Zip Code

**Date of Service**

Date

Hour

Minutes

**Payment Method**

- ☐ Cash
- ☐ Credit Card
- ☐ Zelle
- ☐ Spa Finder multi-use gift/credit card
- ☐ Spa Finder single-use gift card

**Services Purchased**, if there is a qualified health insurance billing code that may or may not be covered by client's health insurance, it is listed in the service, every unit of service is 15 minutes in a window range of 8-22 minutes, i.e. a 25 minute service is 2 units, a 10 minute service is 1 unit. You may use those health ICD-10 treatment codes to bill your insurance personally for reimbursement, but not all wellness or massage therapy is covered by all insurance plans. Active care (requires current diagnosis to reference to manage care with each treatment) under a physician or post-surgery (to improve healing of MSK or lymphatic system enhancement) are usually always covered. Some insurance and union insurance by employers, FSA, or HSA will reimburse from your treatment to you personally. All these payments have been paid for when services were rendered to the massage and bodywork provider. \*



☐ **One Hour Personalized Massage \$80.00**

One hour personalized massage at service address includes delivery of 30 minutes in traffic from E. Grand Blvd in Corona, CA, supplies of clean linens, pillows, bolsters, massage table and face cradle, gratuity, music, and oil. Any add-on services are additionally charged. ICD-10 massage is 4 units of 97124, for lymphatic drainage massage is ICD-10 4 units 97140. For wellness care is ICD-10 S8990.

Quantity  ▼



☐ **90 Minute Customized Massage \$120.00**

Includes 90 minutes of massage services any modality including stretching, transportation and delivery of massage table includes delivery of 30 minutes in traffic from E. Grand Blvd in Corona, CA,, face cradle, clean linens, pillows, bolster, gratuity, music, and oil. Additional massage add-ons are not included in this price. ICD-10 is 6 units of massage therapy 97124, or if lymphatic drainage massage 97140. For wellness and maintenance care the ICD-10 code is S8990.

Quantity  ▼



☐ **Family Massage Special \$240.00**

Includes four hours of massage per family member in a household by however many people can fit in this time, doesn't have to be one hour per household member but no more than two hours of massage per household member allowed. This price does include transportation includes delivery of 30 minutes in traffic from E. Grand Blvd in Corona, CA,, delivery, supplies of clean linens, pillows/bolsters, face cradle and massage table, and oil. ICD-10 code is 97124 of 4 units each family member for massage therapy. For lymphatic massage if used it is 4 units of 97140. For wellness/maintenance care, the ICD-10 code is S8990.



☐ **Couples Massage 1 Hour Each \$160.00**

This is a couples massage one after the other for 1-hour each of a personalized massage any modality including stretching, includes delivery and transportation within 30 minutes in traffic from Grand Blvd in Corona, CA, massage table, pillows, face cradle, clean linens, music, and oil. ICD-10 code for massage therapy is 4 units each of 97124, or 97140 if lymphatic drainage massage used. For wellness and maintenance care the ICD-10 code is S8990.



☐ **Couples Massage 90 minutes each \$240.00**

This is a couples massage in tandem or one after the other that includes the delivery and transportation of massage table includes delivery of 30 minutes in traffic from E. Grand Blvd in Corona, CA,, pillows, face cradle, clean linens, music, and oil. Transportation is 30 minutes to scheduled location at scheduled time in traffic at that time. ICD-10 massage therapy code is 97124 for 4-6 units max time, or if lymphatic drainage done is 4-6 units max time of 97140. For wellness and maintenance care, the ICD-10 code is S8990.



☐ **2 hour massage \$160.00**

Get two hours of massage therapy for you or your loved one to spend more time and focus on areas that need more attention or to spend more time relaxing and detoxing stressful events affecting the body. Stay at home and enjoy your vacation with the 2-Hour Staycation massage. For wellness and maintenance care, the ICD-10 code is S8990.



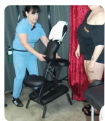
☐ Stretch Proprioceptive Neuromuscular Facilitation PNF AROM/RROM/PROM bodywork session **\$65.00**

Need to get more range of motion like you used to have before an old injury or being sedentary? With PNF, proprioceptive neuromuscular facilitation, you will be guided with active range of motion (AROM) and resisted range of motion (RROM) through muscle agonist and antagonist along a joint to get back that range of motion by facilitating the reflex arc for flexors and extensors always one or the other at the spinal nerve root level. Proven to inhibit the antagonist reflexive inhibition of the agonist shortened or hypercontractile muscle to get more stretch and movement for better posture and functionality to move and feel better. This can be done before a massage session, and you can add on other therapeutic treatment services such as guasha scraping or KT taping to relieve tension aches at the tendinous attachment of involved muscle for a low additional cost each. ICD-10 code for this is 4 units of 97110 rehab/ROM, or 97124 massage therapy, or 97139 unlisted/specific if MRT or TrP or XFT used. If IASTM scraping used it is 1 unit of 97039 unlisted modality.



☐ Special Event Multiple Guests Massage 3 hours **\$300.00**

If you are planning a special event, a wellness day for coworkers or family, then consider massage on table and/or chair for all of your guests. Consent given for 5-15 minutes per person for 25-50 guests able to get massage. The price is \$300 for 3 hours. What a great way to share the experience and benefits of relaxation and pain relief instantly?! You will always be remembered for the special attention you spent showing your coworkers, family, or friends at your special event how much you care about their peace of mind and good health.



☐ Special Day Event for 5 hours and up to 50 guests get Massage **\$400.00**

Show how much you care about your day long event for your family, friends, employees, coworkers, neighbors, and so on by giving them all 5-15 minutes of personalized massage therapy set up directly at your event. Each person gets to experience the benefits of massage therapy, relief from tension and pain, as well as added relaxation to enjoy your event in peace. Get 5 hours for \$400. What an amazing opportunity to show your audience you care about their health and wellness?!



☐ hot stones **\$20.00**

full body hot stone massage. This is not a routine, the hot stones are used as massage tools for musculature, not the autonomic nervous system's parasympathetic rest and digest focus. The soothing benefits of hot stone therapy can calm the sympathetic nervous system and activate muscle relaxation, vasodilation, increased circulation, and rest and digest body processes, while allowing muscles to relax and over power pain receptors in the body to improve pain signaling pathways and work into the massage adhesion lesions better. Pressure is not what the hot stones are used for as those are along the same sensory pathway as the proprioception for place in space, touch, joint position, and joint vibration of distal digits. Massaging the whole body with hot stones includes the arms, legs, and back. The heat is moderate and the stones are moved in a controlled manner over the body to enhance muscle relaxation and better reception of massage and overall rest and digest parasympathetic response. Not for people injured and recovering, having inflammation, sensitive to changes in temperature, or broken bones under musculature. ICD-10 code is for constant attendance modality for 97039 unlisted modality with constant attendance 1 unit.

Quantity  



☐ **Massage Gun Hyper-percussion Instrument \$20.00**

The hyper-percussion instrument used is the massage gun, a battery powered, powerful percussive instrument used to relax the stimulated myofibrils and microfilaments of muscle fibers and muscle bellies of the body. Instrument used per area of tension. Relaxes muscles with a nerve inhibition stimulus that occurs after the muscle fibers are exhausted from isometric and concentric contractions as a unit, the muscle filaments relax from the golgi tendon organ in the tendons inhibiting muscle contractions. Great for tight muscles or over use aches. Not good for muscle sprains, inflammation, over open wounds or healing wounds, nor good over areas of recent broken or fractured bones. vibration of the body position is picked up by the dorsal sensory columns of the spinothalamic tract that is shared with pressure. Those seeking more pressure due to pain signaling pathways with pressure in the body, are recommended to have this add-on with their massage to help the body repair proprioception in the musculature and align the muscles to a better position for preventing stress and aches or repetitive injury. ICD-10 code for this is 97039 1 unit of constant attendance modality unlisted/specific, or 97139 for unlisted/specific therapeutic skills to improve function.

Quantity



☐ **Infrared Light Therapy \$20.00**

Infrared light therapy is a great source of healthy radiation for the body to stimulate metabolic processes in the body, relax the muscles, increase vasodilation and emptying of cellular waste and improved delivery of vital nutrients and oxygen to cells via the red blood cells. This is not recommended for people sensitive to temperature changes or with hypertension, kidney disease, liver disease, heart disease, or gall bladder disease as it increases circulation in the body and could affect those organs negatively removing blockages into the blood stream. If you are perfectly healthy and blood pressure is in normal range this service is ok. Can be used all session, and simulates a sauna with detoxing effects. This add-on service does require an electrical outlet to use. It remains on the area of the body and moved around to other areas of body or left on one area while other area of body worked on. Example is left on back while legs or arms or back worked on. Recommended to not look at the light but no need to wear light blocking glasses. The ICD-10 code for infrared light is 97026 in supervised modality by units 1-4.

Quantity





☐ Biofreeze pain relief cooling gel \$5.00

a quarter sized amount of this pain relieving gel activates the same pain signaling pathways as chili peppers and capsaicin that alert the brain to temperature changes that share the same lateral spinothalamic sensory pathway from the musculature to the brain as pain from touch. The pain from sharp object touch and cold/hot temperatures compete for each other along this path to brain sensory information, when temperature changes like the cooling affect of this biofreeze is applied to the musculature, it relieves the motor response from the brain's corticospinal descending pathway and allows the muscle to relax and stop flaring up or sending pain and inflammatory agents to the adhesion lesion in the muscle that allows the body to heal itself and activates the rest and digest healing effects of the parasympathetic nervous system. When not in pain sleep is easier and stress is tolerated more in life. It is recommended not to apply to more than one area, two areas spanned over 20 minutes each application is alright. One spot wait 20 minutes then the other spot 20 minutes. The person could get the chills and have a drop in comfort at room temperature and start to shiver otherwise, but not in all instances. Not recommended for people sensitive to changes in temperature and client must not touch the area immediately after application to avoid secondary contact with eyes and subsequent burning sensation in eyes. ICD-10 code for cold gel is under 97010 for hot or cold packs, where cooling gel applied topically applies under hydrotherapy modalities.

Quantity  ▼



☐ Hot Pack from Hydrocollator \$20.00

This is a hydrocollator hot pack that is added to the massage to enhance the temperature receptors in the lateral spinothalamic tract for the shared pain pathway of muscles afferent sensation to the brain, that will relax the body and mind while receiving massage with varied pressure as it allows the motor response of the corticospinal tract from brain to the muscles to relax and prevent muscle guarding. Not for those sensitive to heat or with underlying cardiovascular conditions. Could be good for edema to eliminate excess fluid in tissues while the heart works less to pump blood throughout the body with gravity's effects greatly reduced, but only if edema not caused by cardiovascular conditions, kidney disease, or liver disease, and possibly cancer. ICD-10 code is 97010 under supervised modality of hot/cold packs.



☐ Cupping \$20.00

Total body cupping on arms, legs, and back will stimulate circulation and enhance massage effects in deep tissue massage. Helps to break up adhesion lesions in the muscle and muscle fascia by pulling up stagnant blood and allowing circulating blood to enter the tissues to free up motion, allow more pressure and less muscle guarding. Helps decrease tendon pulling by massive dense adhesion lesions thereby increasing range of motion and joint function and play. Not recommended for anemic people or people with kidney disease, heart disease, or liver disease as it increases circulation. Great for people with dense connective tissue from overuse and stress built up over time who aren't able to feel much pressure on their body's proprioception, increases cerebellar response and improves proprioception in the surrounding musculature and joint ligamentous and tendinous structures for position in space, two point skin discrimination, increased bulbous ruffini proprioception for hypodermal pressure reception and more. Will leave small red marks that look like bruises in most people that will last 1-2 weeks. These are not painful and indicate that stagnant blood was pulled out of the tissues. The cups are the silicone suction cups and not the fire glass cups of Traditional Chinese Medicine. The ICD-10 code is under unlisted modality of constant attendance modality 97039, or under therapeutic skills to improve function to circulatory and MSK 97139.



☐ Sugar Foot scrub add-on service **\$20.00**

Add in a relaxing sugar foot scrub to your massage session. The feet are under a lot of pressure and can ache after a long day of being seated or walking around a work site all day. Get back circulation and use the many various nerve endings in the feet to stimulate the autonomic nervous system into relaxation and detoxing of stress. Hot towel machine, hot towels, and sugar foot scrub and foot butter (CosmoProf's brand of the time) are used and supplied in this cost to deliver you a wonderful experience like at the spas but in your home. Add this service to your group spa wellness party or event and entertain your best folks if you like. Not designed for those that have ticklish feet, your feet will still be ticklish. Also, diabetic patients that are controlled under a physician's care with diet and medication should consult with your physician to see if you are allowed to have a sugar foot scrub, as transdermal application of the sugar could potentially leak into the venous system and lymphatic systems connected under skin and spike glucose levels similarly to how transdermal patches work to send medication to patients who use them. The ICD-10 code for this is therapeutic skills to improve function 97139 unlisted/specific for improving autonomic nervous system relaxation parasympathetic state of healing and reflexology, or maintenance care for ANS S8990.



☐ Guasha Scraping **\$20.00**

Instrument Assisted Soft Tissue Mobilization (IASTM) or guasha scraping for tendonous body aches to stimulate healing, similar to cross fiber friction massage but over the tendon and muscle fascia as well to promote break down of scar tissue and healing to prevent neurovascular compression and better range of motion. This is a fast but light application of massage and body work with use of smooth metal instruments or guasha tools specific to remove excess fluid in peripheral edema. ICD-10 code for scraping is under 97139 unlisted/specific therapeutic skills to improve function, or 97140 for mobilization under therapeutic skills to improve function.

Enter coupon

Apply

**Total**

**\$0.00**

**Gratuity is included with all services. If you did leave a gratuity this is what you added as gratuity. Thank you so much, much appreciated.**

**Any additional notes to add to this receipt are noted below, such as time spent in massage, areas of focus, with modality used majority of time, like Massage, stretching, rehab, AROM/RRROM/PROM, joint assessment orthopedic testing for ROM and strength bilaterally, MRT, XFT, TrP, and if any codes can be used, the units of each for billing health insurance, HSA, or FSA for reimbursement. Thank you so much.**

