

HIKANBYKE EVENT RATING SYSTEM

Bicycle Ride Rating System

GRADE		PACE (Average on flat ground)	
1	Flat	L	Leisurely; 10 mph or less, frequent stops
2	Gentle	T	Touring; 10-13 mph, re-grouping stops
3	Rolling	M	Moderate; 13-16 mph, occasional re-group
4	Some Steep	B	Brisk; faster pace, rarely stop to re-group
5	Steep		<i>e.g.: 3T25 = rolling hills, touring pace, 25 mile ride</i>

*Helmets are **REQUIRED** for all rides!!!*

Hiking Grading System

GRADE		CLIMB	
1	Up to 6 miles	A	Less than 1,000 feet
2	6 to 10 miles	B	1,000 to 2,000 feet
3	10 to 15 miles	C	2,000 to 3,000 feet
4	15 plus miles	D	Over 3,000 feet
			<i>e.g.: 2B = 6 - 10 mile hike, 1,000 - 2,000 foot climb</i>

*Hiking Boots are **Highly** recommended*