

Hikanbyke Highlights



MEMBERSHIP POLICY

Regular member (hard mailed newsletter) \$22/year. Green member (on-line newsletter) \$10/year.

NOTE – hardcopy newsletter cost may vary as printing/mailing costs increase

To submit events for the next issue of the newsletter:

Deadline for next issue: June 22

By E-mail:

DLSavard at gmail dot com.

Include: Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

Membership

To receive the Hikanbyke newsletter or to renew your membership, fill out the membership application at the back of this newsletter and forward with your check.

Please advise Charlie Uhlman -cju2 at sbcglobal dot net of any changes to your email. If your email is current in our database you will receive a reminder when your subscription is about to expire

Unless specifically invited by the event leader, no animals are permitted on events.

Hikanbyke Web Site: https://hikanbyke.org/

Visit our website for club information, club policies, photos from events, and a "condensed" version of the activity schedule and more.

STATEMENT OF PURPOSE

We are a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere. Hikanbyke membership is open to everyone.

Club Coordinators

Membership / Missing Newsletters: Charlie Uhlman (925) 370-1123 Email: ciu2 at sbcglobal dot net

Special Events: Rita Poulsen (925) 671-9354

Treasurer:

Niels Povlsen (510) 375-1521 Email: Hiknbyke at gmail dot com

Newsletter Compiler:

Diane Savard (925) 864-7141 Email DLSavard at gmail dot com

Club Historian

Joanne Lagerstrom (925) 922-1462 JRLager at gmail dot com

Webmaster

Andi Myers Andi at Myers-clan dot com



Event leader Information:

Event Leaders are encouraged to carry a *mobile phone* in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

EMAIL LIST: Hikanbyke maintains an ANNOUNCEMENT EMAIL LIST primarily for notification of ad hoc events, changes to listed events, special notifications, and limited other uses (see the rules on our website). This email list is open to all Hikanbyke members – but the list is self-managed, which means you must subscribe yourself, unsubscribe yourself when you wish to leave the list and update your email if you change your email!

For more help and to read our policy, visit our website:

https://www.hikanbyke.org/

TO SUBSCRIBE to the list, simply send an email to

Hikanbyke+subscribe@googlegroup s.com What is in the subject or body of the email is irrelevant. You should receive a confirmation email which you need to reply to in order to complete the process. Just hit reply and send. Do NOT click on the blue box "Join This Group".

Once you are subscribed, you may post to the list.

TO POST A MESSAGE, send an email to

Hikanbyke@googlegroups.com You should review our policy before posting as non-compliant emails will not post, and violations of the policy will result in being banned from the list.

TO UNSUBSCRIBE from the list, send an email to

<u>Hikanbyke+unsubscribe@googlegro</u>ups.com

You should receive a confirmation email.

Bicycle Ride Rating System

GRADE
1-Flat
L-Leisurely: 10 MPH or less, with frequent stops
2-Gentle
T-Touring: 10-13 MPH, regroup stops
3-Rolling
M-Moderate: 13-16 MPH, occasional regroup
4-Some Steep
B-Brisk: faster pace may

not regroup

5-Steep Hills

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

Hike Grading System

<u>GRADE</u>	<u>Climb</u>
1-up to 6 miles 2-6 to 10 miles 3-10 to 15 miles 4-15+ miles	A- Less than 1,000 ft. B- 1,000 to 2,000 ft. C- 2,000 to 3,000 ft. D- Over 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

EDITOR'S CORNER

January February Thank Yous

Thanks to the May June event leaders who found the time to lead an event.

Donita England Nancy Nolte Lynne Harris JoAnne Lagerstrom Joan Friedman Diane Savard Trish Hewison Niels Povlsen Don Acamo Debbie Frederick MaryAnn Acamo Arleen Sakamoto Ken Karda Patty Manger Roland Flamme John Murrell Valerie Suzawa Stan Wong

Sheri Rupe

Help Us Update the Website

If you lead an event you can submit photos and/or a write up to our Webmaster, Andi Myers (email on first page) and she will post it on our website.

Membership Position Available

If you enjoy working with computers, programs and have a little time on your hands, have we got a solution for you: Hikanbyke is looking for someone to handle the membership responsibilities. If you are interested, contact Charlie at cju2 at sbcglobal dot net or 925-324-2731

Upcoming Events

Patrick Perez

Here are the concerts Patrick plans to host. See instructions for the July 6th concert for more information.

Jul 6 THE UNORIGINALS Locals night: 90's beat Jul 13 PURPLE ONES Tribute to Prince Jul 20 SIDE NOTE 12 piece Rock-a-Capella Jul 27 THE CAROUSEL **COWBOYS** Country favorites Aug 3 JEAN FINEBERG & JAZZPHORIA Concord Jazz Festival Aug 10 LATIN TOUCH BAND Cumbia, Salsa, Latin rock Aug 17 RADIO KEYS the ultimate party band Aug 24 NATIVE ELEMENTS Reggae salute to Bob Marley Aug 31 ZEPPARELLA All, female

Labor Day BBQ Picnic September 4, Monday, 12 noon Heather Farm Park, Walnut Creek Patrick Perez (925) 915-9554 patrick perez 94@gmail.com

Led Zeppelin tribute

patrick.perez.g4@gmail.com Join us for this great BBQ picnic. I will have an area reserved for our group. We will be in the area that is near the San Carlos Drive parking lot. It will be easy to walk to the picnic site from where you park. I will have blue balloons and a Beachcomber banner to mark the location. I will have my cell phone with me in case you get lost. I will provide the coals, utensils, lemonade and hot dogs to grill. Bring your side dish, grill item, and beverage of choice. If you need to go to a store to purchase your food or beverage, there is a shopping center on the corner of Ygnacio Valley Road and San Carlos Drive. They have a great variety of food items and supplies for the picnic. I will have 2 tables in the shade to keep your food cool. If it is warm that day, bring a swimsuit for the pool nearby. There is a beautiful rose garden on the west side of the pond to enjoy as well. Directions: The park is located on North San Carlos Drive which intersects with Ygnacio Valley Road. Our location will I be on the corner of Heather Drive and North San Carlos Drive. Our location will be next to the

swimming pool parking lot. However, it will be easier to park across from our site that is more ample parking and is closer.

Save the Date Annual H&B Picnic

We had 23 responses to our survey. It looks like Pleasant Hill Park is the winner. 9 people voted for Sunday and 6 people voted for Saturday. The most popular weekend was 16-17, so put a placeholder on Sunday September 17. The following people volunteered to help:

Organizer: Charlie, Diane, Roland, Stan

Committee: Niels, Carol A., Charlie, Barbara Sullivan, Kathy Tuggle, Laurel, Maria Lawrence, Dave W., Helen H

Set up: Niels, Debbie, Susan S., Joanne L., Stan W., Barbara, Patty M., Kathy Tuggle, Laurel, Helen H Carol A - purchase supplies Lead a ride: Debbie F., Susan S. if Miller Knox, Jeannette, Ed A., Dave

Lead a hike: Debbie F., Charlie, Roland, Niels, Helen H BBQ: Charlie, Roland, Stan W.,

Helen H

Stay tuned for updated news.

SAVE THE DATE - Dec 2, 2023

Mark your calendar for our Holiday party. We voted at the Policy Meeting to have a potluck party like we had last year at the Brickyard Cove Clubhouse in Point Richmond.. It is a great way to kick off the season with friends. It's a great price (free), great listening music, great food (you provide) and drinks (BYOB). As usual, committees welcome your help – decorating, set up, music, and cleanup. More information will be included with a flyer in the future newsletter. Questions?? If you can join a committee, please email Diane at DLSavard@gmail.com as to which committee you can join. Contact Diane at (925) 864-7141.

Save the Date

Saturday, December 9 12:30 p.m. Delancey Street luncheon, San Francisco Rose M. Azalde and Jan C. Preston.

July Events

Tuesday Walk and Talk Event

Every Tuesday at 9:15 am
Leaders: Joanne Lagerstrom, Nancy
Nolte, and Lynne Harris
Come join us for an hour of walking
along the Lafayette-Moraga Trail. It's
a great way to start your day. We
meet at the parking lot just to the
right of Olympic and Pleasant Hill
Road (the circle intersection where
Pleasant Hill T's into Olympic Blvd.)
We leave right at 9:15 to walk out for
30 minutes or so before returning to
our cars. For more information, call
Joanne at 925-922-1462.

<u>Todos Santos Plaza Concert,</u> <u>Concord</u>

Thursday July 6 6:30 to 8:00 p.m. The Unoriginals - Local's night: 90s beat award winning bugle corps Pat Perez (925) 915-9554 patrick.perez.g4@gmail.com Bring a lawn chair and arrive early for easy parking and choice seating. I will have a blue balloon on me of my 2 lawn chairs. Call me by the day of the event so we can make arrangements to sit together. You can bring your own food and beverage or buy them from nearby restaurants. Directions: From Highway 680, take the Willow Pass Exit and head towards downtown Concord. Look for street parking or if you get there early enough, go to the 5-story parking lot that is on the northeast corner of the park. Parking is free.

1/TM/35 Bay Trail / E-ville / Point Richmond

Friday July 7 9:45 a.m.
Arleen Sakamoto
Sakamo2@Yahoo.com

Ken :Karda (510) 530-8389 Meet at 9:45 am for a 10:00 am start Start Location:Brickyard Cove, Berkelev

NOTE CHANGE OF START LOCATION TO THE WEST SIDE OF PEDESTRIAN BRIDGE (BRICKYARD COVE / SEABREEZE

(BRICKYARD COVE / SEABREEZ CAFE, Berkeley).

We will ride to the Emeryville marina, then North on the Bay Trail for a clockwise loop to the Red Oak Victory Ship, Miller-Knox Park, Ferry Point Tunnel, & lunch at Little Louie's. There will be an option to bypass the tunnel.

Lafayette Reservoir Walk

Friday July 7 9:00 am Patty Manger 925-286-6501 Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation.

Bookgroup Discussion and Potluck

Thur. July 13 6:30 PM Jean 510-541-3469
David Grann, in The Lost City of Z tells of legendary explorer Percy Fawcett's various attempts to find fabled lost civilization deep in the jungle of the Amazon. In 1925 Fawcett disappeared. Grann himself went into the "green hell" of the jungle in an attempt to unravel the mystery. Call for directions

Lafayette Reservoir Walk

Friday July 14 9:00 am
Patty Manger 925-286-6501
Meet near the flagpole in the parking
lot. Either display the Annual Pass
available for purchase at the park
office or pay \$1.50/hour at the pay
station. Allow 1.5 hours for the 2.7
mile walk on the paved path. After
the walk we meet downtown for
drinks, treats, and more
conversation.

Mare Island (A Two-Part Hike)

Sunday July 16 10:00 a.m. Diane Savard (925) 864-7141 For those driving directly to Mare Island: Meet at 9:50am for a 10:00 am departure from the San Pablo Trail trailhead, Mare Island, Vallejo, CA. GPS: 38.10093, -122.28524

Hike Summary: Part 1 - 3.7 miles, 0 elevation gain. Part 2 - 1 mile, 150 ft elevation gain

Mare Island became the first United States naval base on the West Coast in 1854 and was operational until 1996. The history of Mare Island and service supporting WWI and WWII are very much worth investigating. And what could be

more interesting or mysterious than being a submarine port?

This is a two-part hike. Part 1 will take us along the San Pablo Bay on the west side of Mare Island. An easy 3.7 miles out and back trail with views of the bay, Point Pinole, Napa, Sonoma, Marin and the Carquinez bridge. Also, there are many birds to see.

Next, part two, we drive to the Mare Island Preserve on the south end of the island. As we drive to the preserve we will witness some of Mare Island's naval history, housing for the officers, including Commandant's mansion, bunkers built to protect staff and their families in case of nuclear attack, historic St. Peter's Chapel, famous for its Tiffany windows and more.

Once we arrive at the preserve parking lot, we will then hike up to a metal sculpture dedicated to the ships and ship builders working on Mare Island called the "Spirit Ship". We will then tour the cemetery, the oldest naval cemetery on the west coast has been designated as a National Historic Landmark. It has three Congressional Medal of Honor recipients — James Coonev. Alexander Parker and William Halford. Anna Arnold Key Turner, the daughter of Francis Scott Key, is also buried there. She had eleven children with her husband David. She served as one of Vallejo's first public school teachers and died in 1884.



In World War I, Mare Island set a record when the destroyer USS Ward was built in seventeen and a half days. During the Second World War, Mare Island built 17 submarines, 31 destroyer escorts, and more than 300 landing craft. Its final vehicle was the USS Drum, a nuclear-powered attack submarine in 1970.



Toward the front of the cemetery lie six other Russian sailors, who died during the Civil War era. They'd served on the Bogatyr, flagship of Admiral A.A. Popov's Pacific Squadron, which visited the Bay Area at the invitation of President Abraham Lincoln in 1863. Lincoln was seeking international support to counter the French and British fleets gathering behind the Confederacy. While the Russians were in San Francisco, fire broke out in the Financial District. The six Russian sailors died fighting the blaze. The original markers, paid for by their shipmates, were probably wooden crosses. The US Navy purchased more permanent markers for them in the 19th century, but those had become illegible over the years. The Mare Island Cemetery made the news in April 2011 after the Russian Consulate voluntarily replaced the worn headstones of the Russian sextet with granite crosses copied from the crew of the Lena. Unfortunately, because the cemetery is a National Historical Landmark, it is illegal to change it in any way. While the Russian Consul-General had applied for the appropriate permits, they had not been signed by the time the replacement work was done.

The director of the nonprofit Mare Island Heritage Trust, Myrna Hayes, pushed for criminal charges to be filed against the Russian Consulate for vandalism. Apparently an uneasy peace has been reached, because the new monuments continue to stand.

Optional: After the hike, we may visit Mare Island Brewing Co. – Coal Shed Brewery for beer and food or Savage and Cooke Distillery for whiskey tasting.

Bring water (1-2 liters) and snacks. Boots or sturdy hiking shoes are recommended. Because the area is exposed, sunscreen and a hat are highly recommended. Dress/layer for changing weather, e.g., wind. Poles optional, but for this hike not likely needed. Outhouses are located at both trailhead parking lots.

Driving Directions: I-680 north to I-780 west thru Benicia to Curtola Pkwy, Vallejo (\$Toll). Continue on Curtola Pkwy past the ferry terminal (Curtola will become Mare Island Way). Continue on Mare Island Way to the Mare Island Causeway, turn left. Continue on the causeway to Azuar Drive, turn left. Continue on Azuar Drive 0.3 miles to Dump Road (Dump Road/A Street), turn right. Continue on Dump Rd to the San Pablo Trail parking lot, GPS: 38.10093, -122.2852 Part Two - From the San Pablo Bay Trail parking lot: Head east on Dump Rd/A St to Azuar Drive turn right. Continue on Azuar Dr to the end 670 O'Hara Ct, the Mare Island Preserve parking lot, GPS: 38.08128, -122.25640

Lafayette Reservoir Walk

Friday July 21 9:00 am
Patty Manger 925-286-6501
Meet near the flagpole in the parking
lot. Either display the Annual Pass
available for purchase at the park
office or pay \$1.50/hour at the pay
station. Allow 1.5 hours for the 2.7
mile walk on the paved path. After
the walk we meet downtown for
drinks, treats, and more
conversation.

Pot Luck and Singalong

Saturday, July 22 6.30 PM Montclair District, Oakland John Murrell (510) 339-1263 John and the gang are once again hosting another of the popular potluck musical evenings at John's house in the Montclair district of Oakland. Song books will be provided which include over 450 songs of all genres, country, folk, rock, blues etc. Don't worry if your voice is not that great, we are here to have fun. You will be able to pick from any of the songs in our books. Bring a potluck dish to share and the beverage of your choice if you plan to join the potluck. If your last name

begins with A-K bring an entree, L-T bring a salad, U-Z bring desert, and your own beverages. If you are not sure what to bring, entrees are always a good choice. Also a musical instrument if you have one. Please note that there will be a three dollar charge to cover the cost of paying for professional cleanup help after the event, and for plates, cutlery and glasses, and song books. If you would like to be removed from this email posting, please advise. Directions. 6175 Snake Rd, Oakland. Take the Highway 13 exit toward Hayward from Highway 24 if you are coming from the Walnut Creek-Berkeley area. Go about three miles and exit at Park BI and turn left to Mountain Bl, go left again on Mountain BI about three blocks and turn right onto Snake Rd at the light. From Hayward, take Hwy 580 to Hwy 13, exit at Park Rd & turn left onto Mountain Bl. Be careful. Snake Rd makes a sharp left turn a short distance (200 yards) up the hill. If you see a fire station, you have missed the turn. The house is 1/2 mile up on the left opposite Drake.

<u>Lafayette Reservoir Summer</u> <u>Evenings Stroll</u>

July 27 7:00 p.m. Carla den Dulk. 209-988-4265 Get out of the heat, come to Lafayette reservoir for a cool evening stroll. Meet near the flagpole in the parking lot. If you don't have an annual pass, there are meters, \$1.50 per hour, allow 1.5 hours. After the walk we'll gather at my house, a short drive away, for dessert and beverage. If you want, skip the walk and come for dessert, call and let me know so I can give you the gate code

Lafayette Reservoir Walk

Friday July 28 9:00 am Patty Manger 925-286-6501 Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation.

<u>John Muir House Tour and Hike</u> Mt. Wanda

Sunday July 30 10:30 am Diane Savard 925-864-7141 Meet at the Park and Ride at the junction of Franklin Canyon Road and Alhambra for a 1 hour and 30 minute to 2 hour hike on Mt. Wanda. The trail is approximately 2.4 miles long with an elevation gain of 538 feet. Afterwards we will have a picnic lunch at the John Muir house followed by a video and docent lead tour of the house. The John Muir House is at 4202 Alhambra Ave. Martinez, CA 94553. We need to be at the house at 1:30 to watch a 20 minute video about John Muir's life followed up at 2:00 p.m. with a one hour docent lead tour of the house. You can join us for both the hike and tour or just the video and tour.

August Events

Tuesday Walk and Talk Event

Every Tuesday at 9:15 am
Leaders: Joanne Lagerstrom, Nancy
Nolte, and Lynne Harris
Come join us for an hour of walking
along the Lafayette-Moraga Trail. We
meet at the parking lot just to the
right of Olympic and Pleasant Hill
Road (the circle intersection where
Pleasant Hill T's into Olympic Blvd.)
We leave right at 9:15 to walk out for
30 minutes or so before returning to
our cars. For more information, call
Joanne at 925-922-1462.

Spelling Bee at the Woodminister

Thursday August 3 7:00 p.m. Don & MaryAnn, 925 899- 5030 Join us for opening night of Spelling Bee at the Woodminister Amphitheater in Joaquin Miller Park, 3540 San Born Drive, Oakland CA. All seats are \$25 dollars. Box office opens at 7pm. Musical starts at 8 pm. The box office is located on top of the walk way prior to entering the amphitheater. This is a pot luck, so bring something to share, along with your dinner ware, napkin, and beverage. We will be at the picnic tables to the right after you enter the amphitheater. Spelling Bee is one unforgettable experience. An eclectic group of 6 mid pubescents apply for the spelling championship of a lifetime. The 6 contestants bring

about hilarious and touching stories of their home life.

Lafayette Reservoir Walk

Friday August 4 9:00 am Patty Manger 925-286-6501 Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more.

The Hikanbyke Car Camping

Group has a trip planned for Fallen Leaf Lake near South Lake Tahoe -August 7-11 (4 nights – Mon - Fri) Fallen Leaf Campground is situated on the north shore of Fallen Leaf Lake and adjacent to Taylor Creek. The south shore of Lake Tahoe is less than a mile away. The campsites are nestled among towering native pine, cedar, fir and aspen. Guests only need to walk a short distance to Fallen Leaf Lake. Registration costs \$50. Campers will be responsible with others for providing one evening meal (plan on spending up to \$40 for dinner food that you buy) and for providing their own breakfasts. lunches and happy hours. Campfire at night. 25 person limit. If you'd like to sign up for the wait list, please email Dave Sutton at davesutn@comcast.net

Lafayette Reservoir Walk

Friday August 11 9:00 am
Patty Manger 925-286-6501
Meet near the flagpole in the parking
lot. Either display the Annual Pass
available for purchase at the park
office or pay \$1.50/hour at the pay
station. Allow 1.5 hours for the 2.7
mile walk on the paved path. After
the walk we meet downtown for
drinks, treats, and more.

Lafayette Reservoir Walk

Friday August 18 9:00 am Patty Manger 925-286-6501 Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more.

Bookgroup Discussion and Potluck

6:30 PM Thur. August 17 Gretchen 510-530-3557 Jim DeFede in "The Day the World Came to Town" chronicles the events in Gander. Newfoundland, when President Bush closed American airspace on 9/11/2001. The people of Gander, population 10,000 had 38 planes diverted to the town. On thirty minutes notice, they housed, fed, and clothed the passengers, almost 8000 people. Ganderites and the passengers came together and proved that the hatred shown by the hijackers was an anomaly; real love and consideration are Western traits that no one can obliterate. Call for directions.

Lafayette Reservoir Walk

Friday August 25 9:00 am Patty Manger 925-286-6501 Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more.

Lafayette Resevoir Walk

Friday September 1 9:00 am Patty Manger 925-286-6501 Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more.

Castro: Tales of the Village

Saturday August 26 11:00 a.m. Diane Savard (925) 864-7141 I am listing this event, but it is a docent lead walk by the SF City Guides. They advertise that the walks are free, but suggest a \$20.00 donation for this event. Meet near the giant rainbow flag - Market and Castro at Harvey Milk Plaza. When Harvey Milk won his historic 1977 race for the Board of Supervisors, he ran the campaign out of his humble Castro District camera shop. For the past decade, a vibrant gay community had been taking root in the Castro. You'll learn about the evolution of the Castro's architecture, historic businesses and the people and places that played a role in making the Castro one of the epicenters of the gay rights movement — a tradition that continues today. Tour Length: Approximately 2 hours. I will be starting my journey from North Concord BART at 9:06 a.m. and transfer at the Montgomery BART at 9:56 a.m. to MUNI lines K< L or M to the corner of Castro and Market. After the tour we can discuss if we want to find a local restaurant for a late lunch. Call or email in advance as I can't have more than 6 people and we need to sign up ahead of time. I currently have signed up for 4 people and can change that up or down up until a week before.

HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION

Hikanbyke is a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining, camping, and social events in a supportive non-threatening atmosphere. Membership in Hikanbyke is open to all. To become a member and receive our bi-monthly newsletter, complete the application below along with a check or money order payable to Hikanbyke. Mail with completed application to:

Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553. Please check one: New Membership Renewal (for renewals, only list any information that has changed) Name: Mailing Address: City/State: _____ Zip: _____ Primary Phone: () ______ Other Phone: () ______ Internet email address: Membership Includes 6 issues per year plus annual member directory, please check type desired. Multiple year memberships are accepted, please include correct amount. Regular (paper, mailed) = \$22/Yr. * An email address is required **Green** (email delivery) = \$10/Yr. Hikanbyke distributes a member directory to its members yearly. Your address is not included. May we: include your Primary Phone Number? Yes No Your Email Address? Yes No I enjoy the following: Hiking/Walking Cycling Camping Backpacking DH Skiing XC Ski Tennis Running Other (please specify) Hikanbyke 1201 Brickyard Way, #111 Place stamp Point Richmond, CA 94801 here Do NOT send renewals to above address **Address Correction Requested** Check the **expiration date** on your mailing label

If within 3 months, please **renew promptly**.