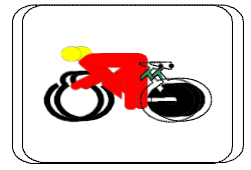




Hikanbyke Highlights



MEMBERSHIP POLICY

Regular member (hard mailed newsletter) **\$22/year**. **Green member** (on-line newsletter) **\$10/year**.

NOTE – hardcopy newsletter cost may vary as printing/ mailing costs increase

To submit events for the next issue of the newsletter:

Deadline for next issue: June 20

By E-mail:

DL Savard at gmail dot com.

Include: Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

Membership

To receive the Hikanbyke newsletter or to renew your membership, fill out the membership application at the back of this newsletter and forward with your check.

Please advise Charlie Uhlman -cju2 at sbcglobal dot net of any changes to your email. If your email is current in our database you will receive a reminder when your subscription is about to expire

Unless specifically invited by the event leader, no animals are permitted on events.

Hikanbyke Web Site:

<https://hikanbyke.org/>

Visit our website for club information, club policies, photos from events, and a "condensed" version of the activity schedule and more.

STATEMENT OF PURPOSE

We are a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere. Hikanbyke membership is open to everyone.

Club Coordinators

Membership / Missing Newsletters:

Charlie Uhlman (925) 370-1123
Email: cju2 at sbcglobal dot net

Special Events:

Rebecca Mallon (925) 933-8033
Email: rmallon2 at AOL dot com

Treasurer:

Niels Povlsen (510) 375-1521
Email: Hikanbyke at gmail dot com

Newsletter Compiler:

Diane Savard (925) 864-7141
Email DL Savard at gmail dot com

Club Historian

Joanne Lagerstrom (925) 922-1462
JRLager at gmail dot com



Event leader Information:

Event Leaders are encouraged to carry a **mobile phone** in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

EMAIL LIST: Hikanbyke maintains an ANNOUNCEMENT EMAIL LIST primarily for notification of ad hoc events, changes to listed events, special notifications, and limited other uses (see the rules on our website). This email list is open to all Hikanbyke members – but the list is self-managed, which means you must subscribe yourself, unsubscribe yourself when you wish to leave the list and update your email if you change your email!

For more help and to read our policy, visit our website:

<https://www.hikanbyke.org/>

TO SUBSCRIBE to the list, simply send an email to Hikanbyke+subscribe@googlegroups.com What is in the subject or body of the email is irrelevant. You should receive a confirmation email.

Once you are subscribed, you may post to the list.

TO POST A MESSAGE, send an email to Hikanbyke@googlegroups.com You should review our policy before posting as non-compliant emails will not post, and violations of the policy will result in being banned from the list.

TO UNSUBSCRIBE from the list, send an email to Hikanbyke+unsubscribe@googlegroups.com You should receive a confirmation email.

Bicycle Ride Rating System

<u>GRADE</u>	<u>PACE</u>
1-Flat	L-Leisurely: 10 MPH or less, with frequent stops
2-Gentle	T-Touring: 10-13 MPH, regroup stops
3-Rolling	M-Moderate: 13-16 MPH, occasional regroup
4-Some Steep	B-Brisk: faster pace may not regroup
5-Steep Hills	

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

Hike Grading System

<u>GRADE</u>	<u>Climb</u>
1-up to 6 miles	A-Less than 1,000 ft.
2-6 to 10 miles	B-1,000 to 2,000 ft.
3-10 to 15 miles	C-2,000 to 3,000 ft.
4-15+ miles	D-Over 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

EDITOR'S CORNER

Thank You's

Spring is upon us. Some needed rain and lots of wildflowers are out. And BIG Thanks to the regulars who stepped up to lead events in March & April. Some degree of normalcy was back as book club meetings and the Sing Along events could take place inside. These loyal members hosted meetings, hikes and rides.

Joanne Lagerstrom	Nancy Nolte
Lynne Harris	Rebecca Mallon
Arleen Sakamoto	Ken Karda
Niels Povlsen	Bea Haas
John Murrell	Dick Duker

Membership Position Available

If you enjoy working with computers, programs and have a little time on your hands, have we got a solution for you: Hikanbyke is looking for someone to handle the membership responsibilities. If you are interested, contact Charlie at cju2 at sbcglobal dot net or 925-324-2731

Upcoming Events

Annual H& B Holiday Party

December 10, 6:00 pm-10:00 pm
Sycamore Clubhouse

We canceled the annual party Dec. 2021 because of Covid restrictions. Update as of this publication - We have reserved the same location, Sycamore Clubhouse in Danville 12/10/2022. And we have reserved the buffet dinner presentation with the same caterer – Simple Elegance - we have used for several years. We hope we can sit by the fire in the conversation room and eat, drink & dance in the larger room. We hope we don't need masks in any areas of the clubhouse. But... maybe we have to go backward. Watch this space & Google Groups announcements for an update. No funds are out to club house or caterer at this time.

Annual H&B Picnic

June 12 All Day!

Hidden Valley Park

1078 Center Street Martinez

We had a great picnic September 2021 so we decided not to wait any longer to repeat the experience. We will return to Hidden Valley Park in Martinez but this year we reserved the adjacent site. "Sycamore" Should give us more shade with the same number of tables & BBQs. Activities prior to the official picnic will include 2 bike rides and a walk from this park to Hidden Lakes Park. The picnic is a PERK for members. Guests welcome, just come ready to join this great group with your \$10 membership dues payable by cash or check at the picnic..

Rebecca: mallon2@aol.com

Car Camping – Two trips this year: **Pinnacles** Nat'l Park (near Hollister) – June 13-17 (4 nights) – and **Spring Lake** Regional Park (Santa Rosa) – July 24-28 (4 nights). Contact Dave Sutton (davesutn@comcast.net) for more info.

May Events

Tuesday Walk and Talk Event

Every Tuesday at 9:15 am
Leaders: Joanne Lagerstrom, Nancy Nolte, and Lynne Harris
Come join us for an hour of walking along the Lafayette-Moraga Trail. It's a great way to start your day. We meet at the parking lot just to the right of Olympic and Pleasant Hill Road (the circle intersection where

Pleasant Hill T's into Olympic Blvd.) We leave right at 9:15 to walk out for 30 minutes or so before returning to our cars. For more information, call Joanne at 925-922-1462. We expect everyone who participates will follow the county's health department's requirements for wearing masks and social distancing.

Lafayette Reservoir Walks

Friday, May 6, 9:00 AM

NEW SUMMER SCHEDULE!

Because summer days get pretty hot, we will start at 9:00 am in May and June. Meet near the flagpole in the parking lot. Either display an Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require a mask outside. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.

Rebecca: rmallon2@aol.com

Fernandez Ranch Hike 4+ miles 1A

Sunday May 8 10:00 AM

Niels Povlsen 510-375-1521

Diane Savard 925-864-7141

Bring a lunch that we will eat at the picnic tables at the end of the hike. Hiking boots and poles, if you have them, are recommended mainly because the terrain is uneven, especially on Windmill which is our ending trail. There is a neat canyon filled with poppies and then a short climb to a vista point looking out over the Bay to Mt. Tam and Marin County that we can also explore. Sunscreen and cameras highly recommended. From I-80: Head east on Highway 4. Take the first exit AFTER the Franklin Canyon Golf Course onto Christie Road. It is a minor road and if you blink, you can miss it so turn RIGHT when you see the small train trestle overpass ahead of you. Fernandez Ranch is well marked .7 miles down Christie Road on your right. From Martinez: Head west on Highway 4. Take the Franklin Canyon exit. Turn LEFT and carefully merge onto Highway 4 eastbound. * Follow directions above

Lafayette Reservoir Walks

Friday, May 13, 9:00 AM
NEW SUMMER SCHEDULE!
Because summer days get pretty hot, we will start at 9:00 am in May and June. Meet near the flagpole in the parking lot. Either display an Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require a mask outside. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.
Rebecca: rmallon2@aol.com

Bay Trail / E-ville / Pt Richmond 1/T/35

Friday May 13
Arleen Sakamoto [\(415\) 279-6248](tel:(415)279-6248)
Ken Karda
Meet at 9:45 am for a 10:00 am start
Start Location: [Berkeley - Aquatic Park Playground](#)
We will ride to the Emeryville marina, then North on the Bay Trail for a clockwise loop to the Red Oak Victory Ship, Miller-Knox Park, Ferry Point Tunnel, & lunch at Little Louie's. There will be an option to bypass the tunnel.

Nimitz Trail at Tilden Park Hike 8 Miles

Saturday, May 14 10:00 am
Join us for a scenic walk along the Nimitz Trail along the ridge overlooking the Bay on the west side and San Pablo reservoir on the east side. No mud on this hike since we will be on a paved path the entire time. The walk is only 8 miles R/T with a 30 minute stop in the middle, so bring lunch or a snack and water for the walk. We meet at the Inspiration Point parking lot (free, no fee). Be sure to RSVP at dduker2001@yahoo.com to be sure the hike is on. Bring: Water, walking shoes, and lunch/snack. Meet: Parking lot at Inspiration Point in Tilden Park at 10:00 am. Return: to cars by 2:00 pm. Directions: From Walnut Creek, take Hwy 24 west and exit at Orinda. Drive north on Camino Pablo about 2 miles until the traffic light at Wildcat Canyon Road. Make

a left and drive about 3 miles to the top and park in the parking lot on the right (Inspiration Point parking lot). From Berkeley, drive along Grizzle Peak Rd to Shasta Rd, left onto Shasta Rd, then right onto Wildcat Canyon Rd. Follow road about 2 miles to Inspiration Point parking lot on the left. Restrooms, but no water available at the parking lot.

Pot Luck and Singalong

Saturday, May 14 6.30 PM
Montclair District, Oakland,
John Murrell (510) 339-1263
John and the gang are once again hosting another of the popular potluck musical evenings at John's house in the Montclair district of Oakland. Song books will be provided which include over 450 songs of all genres, country, folk, rock, blues etc. Don't worry if your voice is not that great, we are here to have fun. You will be able to pick from any of the songs in our books. Bring a potluck dish to share and the beverage of your choice if you plan to join the potluck. If your last name begins with A-K bring an entree, L-T bring a salad, U-Z bring desert, and your own beverages. If you are not sure what to bring, entrees are always a good choice. Also a musical instrument if you have one. Please note that there will be a three dollar charge to cover the cost of paying for professional cleanup help after the event, and for plates, cutlery and glasses, and song books. Directions. 6175 Snake Rd, Oakland. Take the Highway 13 exit toward Hayward from Highway 24 if you are coming from the Walnut Creek-Berkeley area. Go about three miles and exit at Park Bl and turn left to Mountain Bl, go left again on Mountain Bl about three blocks and turn right onto Snake Rd at the light. From Hayward, take Hwy 580 to Hwy 13, exit at Park Rd & turn left onto Mountain Bl. Be careful, Snake Rd makes a sharp left turn a short distance (200 yards) up the hill. If you see a fire station, you have missed the turn. The house is 1/2 mile up on the left opposite Drake.

Book Group Discussion and Pot Luck

Thursday May 19 6:30 PM
Don and Maryann 925-899-5030
Hampton Sides Blood and Thunder brings the history of the American conquest of the West to vivid life through the interactions of three main forces of the territory --- American Indians, Mexicans, and Americans -- and through the exploits of Kit Carson. An illiterate mountain man who mastered seven Indian dialects, a trapper, scout, and soldier, Carson had more respect for the tribes than did any other American; yet he was also a cold blooded killer willingly following orders tantamount to massacre. Call for directions

Lafayette Reservoir Walks

Friday, May 20, 9:00 AM
NEW SUMMER SCHEDULE!
Because summer days get pretty hot, we will start at 9:00 am in May and June. Meet near the flagpole in the parking lot. Either display an Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require a mask outside. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.
Rebecca: rmallon2@aol.com

Palo Alto - Stanford - Woodside - Crvstal Springs Bike Ride (3A/B25+)

Sunday May 22 10:00 AM
Niels Povlsen (510) 375-1521
We'll begin our ride in Palo Alto, cruise through the beautiful Stanford campus, and meander up to Woodside where we can buy lunch at one of California's best delis. We continue up Canada Road to the Pulgas Water Temple where we will enjoy our picnic lunches. This is a nice ride through some lovely countryside. Suitable for strong beginners. Bring water and helmet is required. Bring or buy food. Note, we have a new starting place with bathrooms. Meet us at the Alexander Peers Park at the corner of Stanford Avenue and Park Blvd.

There is plenty street parking. Call Niels if you can't find us.

Sunday Afternoon Piano Concert in El Sobrante

May 22 2:00 P.M.
Our first concert for 2022 will feature Virginia Tichenor. The daughter of the late Trebor Tichenor, a noted ragtime scholar, pianist, composer, educator, and collector of ragtime music. Virginia was surrounded by ragtime music while growing up in St. Louis. Virginia is a renowned ragtime musician who performs locally and at festivals and venues across the country. Blanche Korfmacher is hosting this event. We serve sandwiches and other goodies at the intermission. Advanced registration is required. The cost of the concert is \$25.00 to cover the musician fee and refreshments. To register send a check with your e-mail address to John Ulrich, 4184 Garden Lane, El Sobrante, Ca.94803. The concert is held at this address. Parking is available in driveways on the property or in the street. Register ASAP as seating is limited. Arrive early-doors close promptly at 2:00 PM. For your protection and for the protection of other attendees, COVID vaccine cards showing you are fully vaccinated are mandatory for this concert. No exceptions. Please bring a mask as we have a small venue and seating is close. For more information, contact Blanche at (415) 665-1135 or blanchek@sbcglobal.net

Lafayette Reservoir Walks

Friday, May 27, 9:00 AM
NEW SUMMER SCHEDULE!
Because summer days get pretty hot, we will start at 9:00 am in May and June. Meet near the flagpole in the parking lot. Either display an Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require a mask outside. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.
Rebecca: rmallon2@aol.com

Memorial Day BBQ Picnic Heather
Farm Park, Walnut Creek May 30
Monday 12 noon
Patrick Perez (925) 915-9554
patrick.perez.g4@gmail.com

Join us for this great BBQ picnic. I will have an area reserved for our group. We will be in the area that is near the San Carlos Drive parking lot. It will be easy to walk to the picnic site from where you park. I will have blue balloons and a Beachcomber banner to mark the location. I will have my cell phone with me in case you get lost. I will provide the coals, utensils, lemonade and hot dogs to grill. Bring your grill item, and beverage of choice. If you need to go to a store to purchase your food or beverage, there is a shopping center on the corner of Ygnacio Valley Road and San Carlos Drive. They have a great variety of food items and supplies for the picnic. I will have 2 tables in the shade to keep your food cool. If it is warm that day, bring a swimsuit for the pool nearby. There is a beautiful rose garden on the west side of the pond to enjoy as well. **Directions:** The park is located on North San Carlos Drive which intersects with Ygnacio Valley Road. Our location will be on the corner of Heather Drive and North San Carlos Drive. Our location will be next to the swimming pool parking lot. However, it will be easier to park across from our site that is more ample parking and is closer.

June Events

Tuesday Walk and Talk Event

Every Tuesday at 9:15 am
Leaders: Joanne Lagerstrom, Nancy Nolte, and Lynne Harris
Come join us for an hour of walking along the Lafayette-Moraga Trail. It's a great way to start your day. We meet at the parking lot just to the right of Olympic and Pleasant Hill Road (the circle intersection where Pleasant Hill T's into Olympic Blvd.) We leave right at 9:15 to walk out for 30 minutes or so before returning to our cars. For more information, call Joanne at 925-922-1462. We expect everyone who participates will follow the county's health department's requirements for wearing masks and social distancing.

Lafayette Reservoir Walks

Friday, June 3 9:00 AM
NEW SUMMER SCHEDULE!
Because summer days get pretty hot, we will start at 9:00 am in May and June. Meet near the flagpole in the parking lot. Either display an Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require a mask outside. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.
Rebecca: rmallon2@aol.com

Lafayette Reservoir Walks Friday,
June 10, 9:00 AM
NEW SUMMER SCHEDULE!

Because summer days get pretty hot, we will start at 9:00 am in May and June. Meet near the flagpole in the parking lot. Either display an Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require a mask outside. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.
Rebecca: rmallon2@aol.com

Alameda Creek Trail Bike Ride 1A

Saturday, June 11 10.00 a.m.
John Murrell 510-390-4863
Join us for a safe and pleasant bike ride off busy streets, along Alameda Creek in Fremont to the Bay, and along part of the Bay until we arrive at the National Wildlife Refuge for lunch. After lunch, we may explore the Visitor Center before our return. Trip length is a mostly flat 25 miles, with one hill and an unpaved stretch along the Bay front. Helmets are required. Water and a spare inner tube are recommended. Afterwards, we may stop at the Bronco Billy's for refreshments. Directions; From Hwy 880 south at Union City, take the Niles Bl exit and continue for 3 or 4 miles until you come to Bronco Billy's Pizza in old Niles town, Fremont at

37651 Niles Blvd,. We'll meet at the Niles Depot Museum across the street from Bronco Billy's Pizza, at 10.00 am.

Annual Hikanbyke Picnic

Sunday June 12 - All Day!
Hidden Valley Park in Martinez
The Hikanbyke Club began at a picnic at Moraga Commons more than 25 years ago. We have celebrated almost every year since then. Today there will be 2 bike rides and a short hike before the traditional potluck. You bring a dish to share and your own beverage. The club will provide something on the BBQ. All current members are welcome and new members can join this day for a \$10 membership fee. See the attached flyer for more details or contact Rebecca at rmallon2@aol.com

Car Camping – Pinnacles Nat'l Park (near Hollister) – June 13-17 (4 nights) Contact Dave Sutton (davesutn@comcast.net) for more info.

Car Camping at Pinnacles National Park

June 13-17 (4 nights Mon.-Fri.)
Pinnacles is 30 miles south of Hollister - 116 miles from Oakland. 23 million years ago multiple volcanoes erupted, flowed, and slid to form what would become Pinnacles National Park. What remains is a landscape unlike any other. It has more than 30 miles of trails that showcase the beauty of the park up close and personal. Hikes range from flat stretches of grasslands to uphill climbs through talus caves onward to the rocky spires that Pinnacles is famous for. Pinnacles is one of four sites where captive-bred California condors are released to live in the wild. See <https://www.nps.gov/pinn/index.htm> for lots more park info. No cell service, but you can purchase Wi-Fi. We have two adjoining group camps away from the crowds but a longer walk to the restroom. Showers and a pool are available further away. Campers will be responsible with others for providing one evening meal (plan on spending up to \$40 for dinner food that you buy) and for providing their own breakfasts, lunches and happy hours. Campfire

at night (maybe a propane fire). 15 signed up so far – room for 10 more. Carpooling encouraged.

Currently we are requiring that everyone be fully vaccinated, so please make sure you have your vaccine card with you on the trip. You will also be required to sign a Hikanbyke liability waiver at the campsite. Reservations OK up to 2 weeks prior to trip if space allows. Refunds if cancelling 3 or more weeks prior. Please send a \$50 check: MADE OUT TO Howard Herskowitz and MAIL TO: Dave Sutton: 3731 Barrington Dr, Concord CA 94518. PLEASE INCLUDE YOUR ADDRESS, EMAIL + HOME AND CELL PHONE #s for the campers' roster. Leader: Stan Wong. Contact Stan at swong522@sbcglobal.net Co-leader Sheri Rupe.

Those who sign up will receive more details later about signing up for dinner crews, what equipment to bring, list of campers so you can arrange carpools, etc.

Book Group Discussion and Pot Luck

Thursday June 16 6:30 PM
Jean 510-534-5686
Fredrick Backman's *Anxious People* is a poignant comedy about a crime that never took place, a would-be bank robber who disappears into thin air, and eight extremely anxious strangers who find they have more in common than they ever imagined. Call for directions.

Lafayette Reservoir Walks

Friday, June 17, 9:00 AM
NEW SUMMER SCHEDULE!
Because summer days get pretty hot, we will start at 9:00 am in May and June. Meet near the flagpole in the parking lot. Either display an Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require a mask outside. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events. Rebecca: rmallon2@aol.com

Lafayette Reservoir Walks

Friday, June 24, 9:00 AM
NEW SUMMER SCHEDULE!
Because summer days get pretty hot, we will start at 9:00 am in May and June. Meet near the flagpole in the parking lot. Either display an Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require a mask outside. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events. Rebecca: rmallon2@aol.com

Wildcat Canyon Hike 4 +/- miles

Saturday June 18 10:00 A.M.
Niels Povlsen 510-375-1521
Diane Savard 925-864-7141
Wildcat Canyon is a popular place for hikers, mountain bikers, equestrians, and those simply looking for a quiet place to spend an afternoon. Alvarado Park, with its historic stonework, provides picnic areas for large and small groups, and access to Wildcat Creek, all just steps from the busy streets of Richmond. Join Diane and Niels at the Alvarado Park to hike this picturesque park. Some hills, so we recommend bringing hiking poles. Masks and social distancing will be required. Bring a sandwich if you would like to join us after the hike for a picnic lunch. To get to Alvarado Park and the Wildcat Canyon Staging Area on the north end of Wildcat Canyon **From El Cerrito**, take Interstate 80 east (towards Sacramento) to Richmond and exit at Solano Ave. Turn left at the bottom of the off ramp onto Amador. Continue on Amador to the second stop sign which will be McBryde Ave. Turn right on McBryde and continue to the first stop sign. There are ornamental stone pillars and a tall hedge on the left. This is the entrance to Alvarado Park. Park on the street, and walk across and into Alvarado. For the staging area and trail access, continue straight through the stop sign putting you on Park Ave. The Wildcat Canyon

staging area is approximately 1/4 mile farther on Park Ave.

From North Richmond and Pinole, take I-80 west to the McBryde exit. At the bottom of the ramp, turn left onto McBryde Ave. Follow McBryde to the second stop sign. The ornamental stone pillars to your left mark the entrance to Alvarado Park. Proceed straight through the stop sign onto Park Ave. for approximately 1/4 mile to reach the Wildcat Canyon staging area.

HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION

Hikanbyke is a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining, camping, and social events in a supportive non-threatening atmosphere. Membership in Hikanbyke is open to all. To become a member and receive our bi-monthly newsletter, complete the application below along with a check or money order payable to Hikanbyke. Mail with completed application to:

Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553.

Please check one: New Membership Renewal (for renewals, only list any information that has changed)

Name: _____

Mailing Address: _____

City/State: _____ Zip: _____

Primary Phone: () _____ Other Phone: () _____

Internet email address: _____

Membership Includes 6 issues per year plus annual member directory, please check type desired. Multiple year memberships are accepted, please include correct amount.

Regular (paper, mailed) = \$22/Yr.

Green (email delivery) = \$10/Yr. * An email address is required

Hikanbyke distributes a member directory to its members yearly. Your address is not included. May we: include your Primary Phone Number? Yes No Your Email Address? Yes No

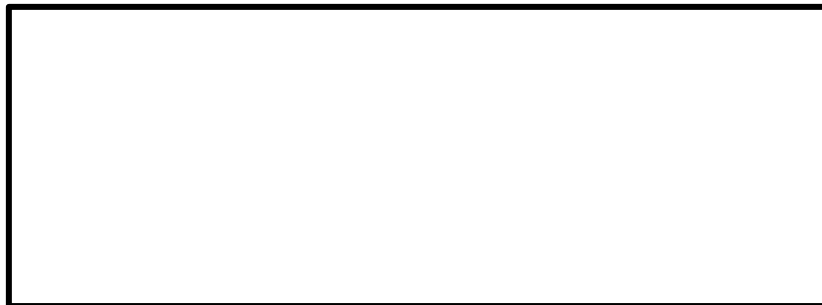
I enjoy the following: Hiking/Walking Cycling Camping Backpacking DH Skiing XC Ski

Tennis Running Other (please specify) _____

Hikanbyke
1201 Brickyard Way, #111
Point Richmond, CA 94801

Place stamp
here

Do NOT send renewals to above address



Address Correction Requested

Check the **expiration date** on your mailing label
If within 3 months, please **renew promptly**.