

Hikanbyke Highlights



MEMBERSHIP POLICY

Regular member (hard mailed newsletter) \$22/year. Green member (on-line newsletter) \$10/year.

NOTE – hardcopy newsletter cost may vary as printing/mailing costs increase

To submit events for the next issue of the newsletter:

Deadline for next issue: Dec. 18.

By E-mail:

DLSavard at gmail dot com.

Include: Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

Membership

To receive the Hikanbyke newsletter or to renew your membership, fill out the membership application (at the back of this newsletter), or download from https://hikanbyke.org/aMembership.htm and forward with your check. Please advise Charlie Uhlman -cju2 at sbcglobal dot net of any changes to your email. If your email is current in our database you will receive a reminder when your subscription is about to expire

Unless specifically invited by the event leader, no animals are permitted on events.

Hikanbyke Web Site: https://hikanbyke.org/

Visit our website for club information, club policies, photos from events, and a "condensed" version of the activity schedule and more.

STATEMENT OF PURPOSE

We are a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere. Hikanbyke membership is open to everyone.

Club Coordinators

Membership / Missing Newsletters: Charlie Uhlman (925) 370-1123 Email: cju2 at sbcglobal dot net

Special Events:

Rebecca Mallon (925) 933-8033 Email: rmallon2 at AOL dot com

Treasurer:

Niels Povlsen (510) 375-1521 Email: Hiknbyke at gmail dot com

Newsletter Compiler:

Diane Savard (925) 864-7141 Email DLSavard at gmail dot com

Club Historian

Joanne Lagerstrom (925) 922-1462 JRLager at gmail dot com



Event leader Information:

Event Leaders are encouraged to carry a *mobile phone* in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

EMAIL LIST: Hikanbyke maintains an ANNOUNCEMENT EMAIL LIST primarily for notification of ad hoc events, changes to listed events, special notifications, and limited other uses (see the rules on our website). This email list is open to all Hikanbyke members – but the list is self-managed, which means you must subscribe yourself, unsubscribe yourself when you wish to leave the list and update your email if you change your email!

For more help and to read our policy, visit our website:

https://www.hikanbyke.org/

TO SUBSCRIBE to the list, simply send an email to

Hikanbyke+subscribe@googlegroup s.com What is in the subject or body of the email is irrelevant. You should receive a confirmation email.

Once you are subscribed, you may post to the list.

TO POST A MESSAGE, send an email to

Hikanbyke@googlegroups.com You should review our policy before posting as non-compliant emails will not post, and violations of the policy will result in being banned from the list

TO UNSUBSCRIBE from the list, send an email to

<u>Hikanbyke+unsubscribe@googlegroups.com</u>

You should receive a confirmation email.

Bicycle Ride Rating System

GRADE
1-Flat
L-Leisurely: 10 MPH or less, with frequent stops
2-Gentle
T-Touring: 10-13 MPH, regroup stops
3-Rolling
M-Moderate: 13-16 MPH, occasional regroup

4-Some Steep B-Brisk: faster pace may

not regroup

5-Steep Hills

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

Hike Grading System

1-up to 6 miles A-Less than 1,000 ft. 2-6 to 10 miles B-1,000 to 2,000 ft. 3-10 to 15 miles C-2,000 to 3,000 ft. 4-15+ miles D-Over 3,000 ft.	<u>GRADE</u>	<u>Climb</u>
	2 -6 to 10 miles 3 -10 to 15 miles	C- 2,000 to 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

EDITOR'S CORNER

Thank You to ALL

Thanks to the Leaders in September and October. We are slowly getting back to the routine of H&B members stepping up to lead events as restrictions are lifted. And more members attending as they feel safe with the proof of vaccine requirement. We hope it keeps going in that direction.

Niels Povlsen Diane Savard Rebecca Mallon Lynne Harris Joanne Lagerstrom Stan Preftokis Pat Baran Jan Preston Maggie Davis Pat Perez Charlie Uhlman Ginny Bruski Dick Duker Rita Paulson Frank Nolte Nancy Nolte Davna Hannum John Hannum MaryAnn Acamo Don Acamo John Murrell

Membership Position Available

If you enjoy working with computers, programs and have a little time on your hands, have we got a solution for you: Hikanbyke is looking for someone to handle the membership responsibilities. If you are interested, contact Charlie at cju2 at sbcglobal dot net or 925-324-2731

Upcoming Events

Holiday Party

December 4 6pm-10pm Sycamore Clubhouse in Danville

At this time we anticipate the Holiday Party will take place as usual. Same location, same food and drink, same ticket price. Sycamore Association will have to confirm they will lift all pandemic restrictions and welcome social events. We don't want to host this great annual event if we have to wear masks and stay socially distant! A flyer and/or Google announcements will be available to keep members up to date with important details as they become available.

Rebecca: rmallon2@aol.com

Book Group

Monday, January 17, 2022 (MLK Day) we will convene at the home of Jean Tokarek, in Oakland, (510) 534-5686 at NOON. We will be discussing Trick by Domenico Starnone.

Book Group

Monday, February 21, 2022 (President's Day) the meeting will be at Pat Baran's home, in San Ramon, (925) 735-8064 at NOON. The book selection is to be determined.

Annual Picnic

September 2022
Hidden Lakes Park Martinez
I know it's a LONG way off but save
the date. We will be back on
schedule and the Annual Hikanbyke
Picnic will be September 2022. We
had to wait through the pandemic
restrictions and miss a whole year,
but the 2021 picnic was great.
Everyone was eager to see friends.2
bike rides, a hike, and wonderful
BBQ + side dishes + desserts. I hope
we can do a repeat.

November Events

Tuesday Walk and Talk Event

Every Tuesday at 9:15 am
Leaders: Joanne Lagerstrom, Nancy
Nolte, and Lynne Harris
Come join us for an hour of walking
along the Lafayette-Moraga Trail. It's
a great way to start your day. We
meet at the parking lot just to the
right of Olympic and Pleasant Hill

Road (the circle intersection where Pleasant Hill T's into Olympic Blvd.) We leave right at 9:15 to walk out for 30 minutes or so before returning to our cars. For more information, call Joanne at 925-922-1462. We expect everyone who participates will follow the county's health department's requirements for wearing masks and social distancing.

Lafayette Reservoir Walk

Friday, Nov 5 9:30 AM
New Fall/Winter Start Time

Meet near the flagpole in the parking lot. We walk clockwise on the 2.7 mile paved path. Current restrictions in Lafayette: masks required in any indoor setting. Not required outside. That may change. So be prepared for changes when we meet. I will try to send Google Group announcements about that. The parking lot requires an annual pass. Pay stations are available for parking by the hour in numbered slots. \$1.50/hour. Cash or credit cards. After we walk we gather downtown for coffee, bagels, conversation, etc. Rebecca: rmallon2@aol.com

1/T/35 Bay Trail / E-ville / Point Richmond

Friday November 5 9:45 a.m. Arleen Sakamoto

Sakamo2@Yahoo.com

Kenneth Karda (510) 530-8389

Meet at 9:45 am for a 10:00 am start Start Location: Berkley Aquatic Park Playground (Bolivar Drive) We will ride to the Emeryville marina, then North on the Bay Trail for a clockwise loop to the Red Oak Victory Ship, Miller-Knox Park, Ferry Point Tunnel, & lunch @ Little Louie's. There will be an option to bypass the tunnel.

Moore's Landing Bike Tour, 35 Miles/Grade 3/Pace L/M

Saturday, Nov 6
Dick Duker
(510) 705-2447
Meet at Moore's Landing parking lot in Napa for a leisure-moderate paced 35 mile loop around Napa. Lunch stop during the ride or bring your own. RSVP to be sure the ride is still on at dduker2001@yahoo.com.

Bring: bicycle, pump, helmet, water, mask, money. Meet: Parking lot at the end of Cuttings Wharf Rd in Napa at 10:00 am. Return: to cars by 4:00 pm. Directions: Take Hwy 29

north from Vallejo (or take Hwy 12 from Hwy 80), continue toward Napa, then left at the Hwy 121/12 intersection (there is a traffic light there) and head west toward Sonoma. After about a mile take a LEFT onto Cuttings Wharf Road, and another left to stay on Cuttings Wharf Road, and drive 2 miles to the parking lot at the end of the road. Restroom, but no water available in the parking lot.

Lafayette Reservoir Walk

9:30 AM Friday, Nov 12 **New Fall/Winter Start Time** Meet near the flagpole in the parking lot. We walk clockwise on the 2.7 mile paved path. Current restrictions in Lafayette: masks required in any indoor setting. Not required outside. That may change. So be prepared for changes when we meet. I will try to send Google Group announcements about that. The parking lot requires an annual pass. Pay stations are available for parking by the hour in numbered slots. \$1.50/hour. Cash or credit cards. After we walk we gather downtown for coffee, bagels, conversation, etc. Rebecca: rmallon2@aol.com

SF Hill Hike

Saturday November 13 9:45 a.m. (925) 864-7141 Diane Savard Join me on a scenic hill hike. traversing a few hills and 4 miles in SF. We will visit famous spots such as Grace Cathedral. Fountain of the Tortoises, Ghiberti's Gates, and the Palace of Fine Arts, stopping for a traditional lunch at a restaurant along the way. We will meet at the Richmond Ferry Terminal 1453 Harbour Way South in Richmond. The ferry leaves at 9:50 a.m. Discounted Clipper rate is \$2.25. We will take the 4:30 p.m. ferry back to Richmond, arriving at 5:05 p.m. The Ferry arrives and departs from Gate E, just south of the Ferry building. Rain Cancels.

Book Group

Thursday, November 18, we will be meeting at the home of Bea Haase, in Orinda (925) 255-3421 at 6:30 PM. The book selection is Paradise: One Town's Struggle to Survive an American Wildfire by Lizzie Johnson. This book is in heavy demand at the county libraries so I am giving a copy

to Pat Baran to read and when she is finished she will post information how it can be circulated to others in the book group. Netflix currently is showing Fire in Paradise and if you watch it you will meet the two teachers that are in the book and see some very vivid scenes of the fire.

<u>Lafayette Reservoir Walk</u> Friday, Nov 19, 9:30 AM

New Fall/Winter Start Time Meet near the flagpole in the parking lot. We walk clockwise on the 2.7 mile paved path. Current restrictions in Lafayette: masks required in any indoor setting. Not required outside. That may change. So be prepared for changes when we meet. I will try to send Google Group announcements about that. The parking lot requires an annual pass. Pay stations are available for parking by the hour in numbered slots. \$1.50/hour. Cash or credit cards. After we walk we gather downtown for coffee, bagels, conversation, etc. Rebecca: rmallon2@aol.com

Pot Luck and Singalong

Saturday November 20 6.30 PM Montclair District, Oakland, (510) 339-1263 John Murrell John and the gang are once again hosting another of the popular potluck musical evenings at John's house in the Montclair district of Oakland. Some restrictions will apply because of the Covid. All participants need to be vaccinated. Windows and sliding glass doors will be left open to ensure plenty of ventilation. Song books will be provided which include over 450 songs of all genres, country, folk, rock, blues etc. Don't worry if your voice is not that great, we are here to have fun. You will be able to pick from any of the songs in our books. Bring a potluck dish to share and the beverage of your choice if you plan to join the potluck: If your last name begins with A-K bring an entree, L-T bring a salad, U-Z bring desert, and your own beverages. If you are not sure what to bring, entrees are always a good choice. Also a musical instrument if you have one. Please note that there will be a three dollar charge to cover the cost of paying for professional cleanup help after the event, and for plates, cutlery and glasses, and song books.

Directions, 6175 Snake Rd, Oakland, Take the Highway 13 exit toward Hayward from Highway 24 if you are coming from the Walnut Creek-Berkeley area. Go about three miles and exit at Park BI and turn left to Mountain Bl, go left again on Mountain BI about three blocks and turn right onto Snake Rd at the light. From Hayward, take Hwy 580 to Hwy 13, exit at Park Rd & turn left onto Mountain Bl. Be careful, Snake Rd makes a sharp left turn a short distance (200 yards) up the hill. If you see a fire station, you have missed the turn. The house is 1/2 mile up on the left opposite Drake St.

Thanksgiving Day NEW LOCATION Point Pinole Regional Park

Thursday November 25 10:00 AM Niels Povlsen (510) 375-1521 Heighten your appetite for turkey dinner with a brisk 2 to 3 hour walk in Point Pinole Regional Park. The journey is as scenic as the destination at Point Pinole Regional Shoreline, a 2,315-acre parkland right next to densely populated Pinole, Richmond, and San Pablo. Trails lead through breezy meadows, through aromatic eucalyptus woods, and along bluffs and beaches on San Pablo Bay. There are beautiful views of Mt. Tamalpais, the Marin shoreline, and San Pablo Bay with its sailboat and shipping traffic - stay out of the way of the cooks & begin the holiday with friends. DIRECTIONS: GPS Address is 3000 Atlas Road, Richmond, CA 94806. Take Richmond Parkway exit from Highway 80 turn South turn right at Atlas Road. Park entrance is at the end of Atlas Road. Plenty of free parking. Make sure you go to the newer entrance, not the original one. The address is key.

Lafayette Reservoir Walk

Friday, Nov 26, 9:30 AM

New Fall/Winter Start Time

Meet near the flagpole in the parking
lot. We walk clockwise on the 2.7
mile paved path. Current restrictions
in Lafayette: masks required in any
indoor setting. Not required outside.
That may change. So be prepared
for changes when we meet. I will try
to send Google Group
announcements about that. The
parking lot requires an annual pass.

Pay stations are available for parking by the hour in numbered slots. \$1.50/hour. Cash or credit cards. After we walk we gather downtown for coffee, bagels, conversation, etc. Rebecca: rmallon 2 @ aol.com

<u>Bike Ride Local – With Friends –</u> <u>Coffee Optional</u>

Saturday, November 27 9:30 AM. Enjoy great views and fine company. This ride is ~ 20 +/- miles with some rolling hills, leisurely paced. From Heather Farms (Walnut Creek) to Moraga Commons. Bring water, helmets, money (for coffee). Rain cancels / call leader by 8:00 AM ride day if in doubt. Meet at Heather Farms parking lot on North San Carlos Drive, Walnut Creek. Off Ygnacio Valley Road, make 1 st right into parking lot after stop sign. Colisted event. Leaders: David Weiner. 925-382-3381, Roland Flamme 925-686-9153

December Events

Tuesday Walk and Talk Event

Every Tuesday at 9:15 am Leaders: Joanne Lagerstrom, Nancy Nolte, and Lynne Harris Come join us for an hour of walking along the Lafayette-Moraga Trail. It's a great way to start your day. We meet at the parking lot just to the right of Olympic and Pleasant Hill Road (the circle intersection where Pleasant Hill T's into Olympic Blvd.) We leave right at 9:15 to walk out for 30 minutes or so before returning to our cars. For more information, call Joanne at 925-922-1462. We expect everyone who participates will follow the county's health department's requirements for wearing masks and social distancing.

Lafayette Reservoir Walk

Friday, Dec 3 9:30 AM

New Fall/Winter Start Time

Meet near the flagpole in the parking lot. We walk clockwise on the 2.7 mile paved path. Current restrictions in Lafayette: masks required in any indoor setting. Not required outside. That may change. So be prepared for changes when we meet. I will try to send Google Group announcements about that. The parking lot requires an annual pass. Pay stations are available for parking

by the hour in numbered slots. \$1.50/hour. Cash or credit cards. After we walk we gather downtown for coffee, bagels, conversation, etc. Rebecca: rmallon2@aol.com

Hike to the Tao House

Saturday December 4 10:00 a.m. Arleen Sakamoto 415 279-6248 Ken Karda Meet at 9:45 am @ the Danville train station, Railroad and Prospect. Distance: 6 miles R/T A 3.1-mile hike from Front Street Park in Danville, along the Iron Horse Trail and into the Las Trampas Hills. At the Eugene O'Neill National Historic Site, tour Tao House, and hike back to Danville or catch the NPS shuttle.

Holiday Party

6:00-0:00 pm December 4 Sycamore Clubhouse in Danville At this time we anticipate the Holiday Party will take place as usual. Same location, same food and drink, same ticket price. Sycamore Association will have to confirm they will lift all pandemic restrictions and welcome social events. We don't want to host this great annual event if we have to wear masks and stay socially distant! A flver and/or Google announcements will be available to keep members up to date with important details as they become available.

Book Group

Thursday, December 9, we will be celebrating the holidays at the home of Gretchen Hayes, in Oakland, (510) 530-3557 at 6:30 PM. Bring a wrapped book if you want to participate in the gift exchange.

Lafayette Reservoir Walk

Rebecca: rmallon2@aol.com

Friday, Dec 10 9:30 AM

New Fall/Winter Start Time

Meet near the flagpole in the parking lot. We walk clockwise on the 2.7 mile paved path. Current restrictions in Lafayette: masks required in any indoor setting. Not required outside. That may change. So be prepared for changes when we meet. I will try to send Google Group announcements about that. The parking lot requires an annual pass. Pay stations are available for parking by the hour in numbered slots.

\$1.50/hour. Cash or credit cards. After we walk we gather downtown for coffee, bagels, conversation, etc. Rebecca: rmallon2@aol.com

Redwood Regional Park Hike

Saturday, December 11 10.00 am John Murrell (510) 339-1263 Meet at the Trudeau Center parking lot at 10:00 am for a moderate 5 mile hike. From the Trudeau Center we take the Dunn trail to Graham, then West Ridge and Tate to Golden Spike returning to trailhead. Directions. Meet at the Trudeau Center at 11500 Skyline BI, Oakland at 10:00 am

<u>Hikanbyke Holiday Luncheon -</u> San Francisco

Saturday December 11 12:30 pm 925-930-9407 Rose Azalde Come join us for a delicious lunch at Delancey Street Restaurant in San Francisco. Special thanks to the Acamo's who started this yearly tradition and it has continued. Reservations are at 12:30 pm on Saturday, December 11 and we will be seated in the Main Dining Room with a limit of 14 and you will be able to order off the menu. This year will be a bit different in that I will need a \$10 deposit to confirm your reservation and this should be mailed to me (my address will be given to you once you reply) no later than December 1. Taxes in San Francisco are 8.625% and tip will be 20%. Unfortunately, separate checks will not be given so I will put it on my credit card and I ask to be paid in cash. We will ride BART into SF and get off at Embarcadero to walk to the Ferry Building where we can go for coffee or just tour around before we walk to the restaurant. Details re BART will come at a later date.

SF Waterfront Walk - 8 Miles 2A Hike

Sunday, Dec 12 09:30 a.m. Dick Duker 510-705-2447 Join us at the Pt Richmond ferry terminal for a ferry ride to SF, an 8-mile walk along the Embarcadero toward China Basin, and return on the 4:30 ferry to Pt Richmond. The price for seniors is a reasonable \$2.25 each way, or \$4.50 for adults (using clipper cards). We will buy lunch on the walk. The ferry leaves

at 09:50 sharp, so get to the parking lot around 09:30. Mask may be required on the ferry. RSVP to confirm the walk is still on to: dduker2001@yahoo.com. Cancelled by rain. Meet: Pt Richmond ferry terminal in Pt Richmond at 09:30, to catch the 09:50 ferry. Use your clipper card. Parking is free. Directions: Take Hwy 580 toward the Richmond Bridge. Exit at Harbor Way. Drive west to end of road and park. If you live in San Francisco, you can meet us in front of the ferry building at 10:45 am.

Lafayette Reservoir Walk

Friday, Dec 17 9:30 AM **New Fall/Winter Start Time** Meet near the flagpole in the parking lot. We walk clockwise on the 2.7 mile paved path. Current restrictions in Lafayette: masks required in any indoor setting. Not required outside. That may change. So be prepared for changes when we meet. I will try to send Google Group announcements about that. The parking lot requires an annual pass. Pay stations are available for parking by the hour in numbered slots. \$1.50/hour. Cash or credit cards. After we walk we gather downtown for coffee, bagels, conversation, etc. Rebecca:rmallon2@aol.com

Beachcomber Christmas Party

December 18, Saturday, 5:30 p.m. Appetizers 6:00 p.m. Dinner Patrick Perez Jerry Gulick: (510) 799-7447 ggulick3724@sbcglobal.net * E-mail Reservations Required by Dec. 15*



Jerry's putting on his 22nd annual Christmas party at his house in Hercules. It's always a great time and there'll be

lots of Christmas cheer for all. Jerry will cook the main dishes while you provide the side and dessert items. We'll have a gift exchange (don't be a Grinch - value of gift should be \$10.00 or more and **new items only**. There will also be a special guest appearance by you-know who. The first 20 men and 20 women to sign up will be treated to this Christmas delight for just \$10 each.

Sign up early as this event always fills up.

To attend, you must have been vaccinated for COVID, be two weeks past the last shot, bring your CDC card with you as proof, and have made a reservation.

Reserve your space now so Jerry can plan the food. RSVP by e-mail only ggulick3724@sbcglobal.net

Lafayette Reservoir Walk

Friday, Dec 24 9:30 AM New Fall/Winter Start Time Meet near the flagpole in the parking lot. We walk clockwise on the 2.7 mile paved path. Current restrictions in Lafayette: masks required in any indoor setting. Not required outside. That may change. So be prepared for changes when we meet. I will try to send Google Group announcements about that. The parking lot requires an annual pass. Pay stations are available for parking by the hour in numbered slots. \$1.50/hour. Cash or credit cards. After we walk we gather downtown for coffee, bagels, conversation, etc. Rebecca: rmallon2@aol.com

<u>Lafayette Reservoir Christmas</u> <u>Day Walk</u>

Saturday December 25 11:00 AM Niels Povlsen (510) 375-1521 You have opened your presents, played with your toys, and now need some way to pass the time until Christmas dinner. Join friends for a leisurely winter's walk around the Lafayette Reservoir. Bring snacks & drinks to share. Weather permitting; we will have holiday cheer at the picnic tables at the reservoir. Don't forget what to do after you open your gifts. PLEASE NOTE: If possible do not park at the meters at the Reservoir - the 2 hours allowed is just not long enough. Instead continue on Mt Diablo Blvd toward downtown Lafayette and park on Village Ct. It's the first right turn as you leave the Reservoir heading toward Lafayette. Park along Village Ct and I will make regular sweeps starting around 10:30 am to take people back up to the Reservoir. Of course, if you want a little extra exercise, you could walk up to the Reservoir!

Christmas Day Open House

Saturday, December 25 2:00 p.m. Carla den Dulk 209.988.4265
Stop in at my house for turkey soup and dessert anytime between 2 PM and 6 PM to celebrate the holidays.
No RSVP necessary everybody's welcome, vaccinations are required Call for specific driving directions and gate code.

Lafayette Reservoir Walk

Friday, Dec 31 9:30 AM **New Fall/Winter Start Time** Meet near the flagpole in the parking lot. We walk clockwise on the 2.7 mile paved path. Current restrictions in Lafayette: masks required in any indoor setting. Not required outside. That may change. So be prepared for changes when we meet. I will try to send Google Group announcements about that. The parking lot requires an annual pass. Pay stations are available for parking by the hour in numbered slots. \$1.50/hour. Cash or credit cards. After we walk we gather downtown for coffee, bagels, conversation, etc. Rebecca: rmallon2@aol.com

New Year's Day Marina Green/Crissy Field San Francisco Bav Walk

Saturday January 1 10:30 AM Niels Povlsen (510) 375-1521 Start the New Year the right way with your friends with some (not too much) exercise. Meet across the street from Safeway in the Marina Green parking lot for a leisurely walk along San Francisco Bay. We'll wander through Crissy Field to Fort Point returning through the Presidio with a stop at the Log Cabin, where we'll share snacks and perhaps say a toast to our good fortune of having such wonderful friends. We will continue the walk through the Presidio back to our cars. Bring food/drink to share. If you don't want to carry your dish, come ½ hour early and Diane will take your dish to the Log Cabin.



HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION

Hikanbyke is a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining, camping, and social events in a supportive non-threatening atmosphere. Membership in Hikanbyke is open to all. To become a member and receive our bi-monthly newsletter, complete the application below along with a check or money order payable to Hikanbyke. Mail with completed application to:

Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553. New Membership Renewal (for renewals, only list any information that has changed)

Mailing Address:	
City/State: Zip:	
Primary Phone: () Other Phone: ()	
Internet email address:	
Membership Includes 6 issues per year plus annual member directory, please check type desired. Multiple year memberships are accepted, please include correct amount.	
Regular (paper, mailed) = \$22/Yr.	
Green (email delivery) = \$10/Yr. An email address is required	
Hikanbyke distributes a member directory to its members yearly. Your address is not included. May we: include your Primary Phone Number? Yes \(\bigcap\) No \(\bigcap\) Your Email Address? Yes \(\bigcap\) No \(\bigcap\)	
I enjoy the following: Hiking/Walking Cycling Camping Backpacking DH Skiing XC Ski	
Tennis Running Other (please specify)	
Hikanbyke 1201 Brickyard Way, #111 Place stamp	
Point Richmond. CA 94801 here	
Do NOT send renewals to above address	
Address Correction Requested	
Check the expiration date on your mailing label If within 3 months, please renew promptly .	