



Hikanbyke Highlights

MEMBERSHIP POLICY

Regular member (hard mailed newsletter) **\$22/year**. **Green member** (on-line newsletter) **\$10/year**.

NOTE – hardcopy newsletter cost may vary as printing/mailling costs increase

To submit events for the next issue of the newsletter:

Deadline for next issue: October 24.

By E-mail:

DLsavard at gmail dot com.

Include: Event title and description; date and time of event; rating and level of effort; meeting place and directions; contact person, phone number and/or EMAIL; and whether rain cancels. Include car pool location, time and any other pertinent information.

Membership

To receive the Hikanbyke newsletter or to renew your membership, fill out the membership application at the back of this newsletter and forward with your check.

Please advise Charlie Uhlman -cju2 at sbcglobal dot net of any changes to your email. If your email is current in our database you will receive a reminder when your subscription is about to expire

Unless specifically invited by the event leader, no animals are permitted on events.

Hikanbyke Web Site:

<https://hikanbyke.org/>

Visit our website for club information, club policies, photos from events, and a "condensed" version of the activity schedule and more.

STATEMENT OF PURPOSE

We are a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining and camping, in a supportive, non-threatening atmosphere. Hikanbyke membership is open to everyone.

Club Coordinators

Membership / Missing Newsletters:

Charlie Uhlman (925) 370-1123
Email: cju2 at sbcglobal dot net

Special Events:

Rebecca Mallon (925) 933-8033
Email: rmallon2 at AOL dot com

Treasurer:

Niels Povlsen (510) 375-1521
Email: Hikanbyke at gmail dot com

Newsletter Compiler:

Diane Savard (925) 864-7141
Email DLsavard at gmail dot com

Club Historian

Joanne Lagerstrom (925) 922-1462
JRLager at gmail dot com



Event leader Information:

Event Leaders are encouraged to carry a **mobile phone** in case of an emergency. When signing the Waiver, it is critical that you list your EMERGENCY telephone number, not your home phone number. If something happens on the event, we need to reach a family member or friend.

EMAIL LIST: Hikanbyke maintains an ANNOUNCEMENT EMAIL LIST primarily for notification of ad hoc events, changes to listed events, special notifications, and limited other uses (see the rules on our website). This email list is open to all Hikanbyke members – but the list is self-managed, which means you must subscribe yourself, un-subscribe yourself when you wish to leave the list and update your email if you change your email!

For more help and to read our policy, visit our website:

<https://www.hikanbyke.org/>

TO SUBSCRIBE to the list, simply send an email to Hikanbyke+subscribe@googlegroups.com What is in the subject or body of the email is irrelevant. You should receive a confirmation email which you need to reply to in order to complete the process.

Once you are subscribed, you may post to the list.

TO POST A MESSAGE, send an email to Hikanbyke@googlegroups.com You should review our policy before posting as non-compliant emails will not post, and violations of the policy will result in being banned from the list.

TO UNSUBSCRIBE from the list, send an email to Hikanbyke+unsubscribe@googlegroups.com You should receive a confirmation email.

Bicycle Ride Rating System

<u>GRADE</u>	<u>PACE</u>
1-Flat	L -Leisurely: 10 MPH or less, with frequent stops
2-Gentle	T -Touring: 10-13 MPH, regroup stops
3-Rolling	M -Moderate: 13-16 MPH, occasional regroup
4-Some Steep	B -Brisk: faster pace may not regroup
5-Steep Hills	

Pace rating is average on level ground. Example: a bike ride rated a 3T25 = Rolling Hills, Touring Pace, 25 mile route. Helmets are REQUIRED for ALL rides!

Hike Grading System

<u>GRADE</u>	<u>Climb</u>
1-up to 6 miles	A -Less than 1,000 ft.
2-6 to 10 miles	B -1,000 to 2,000 ft.
3-10 to 15 miles	C -2,000 to 3,000 ft.
4-15+ miles	D -Over 3,000 ft.

Example: a hike rated 2B would be 6 to 10 miles, with a 1,000 to 2,000 ft. climb. Hiking boots are **HIGHLY** recommended.

EDITOR'S CORNER

July - August Thanks You

Summer months turned out be great activity months. Some events are repeated week after week, month after month, like the Lafayette Reservoir walks and Walk & Talk and Book Club meetings. But summer is also an opportunity for camping, BBQs and a variety of bike rides. And of course outdoor concerts in city parks or homes. So here's a salute to leaders of the events.

Joanne Lagerstrom	Pat Perez
Dick Duker	Nancy Nolte
Lynne Harris	Rebecca Mallon
Roland Flamme	Dave Weiner
Dave Sutton	Frank Nolte
Pat Baran	Maria Lawrence
Arleen Sakamoto	Ken Karda
John Murrell	Niels Povlsen
Blanche Korfmacher	
Howie Herskowitz	

Membership Position Available

If you enjoy working with computers, programs and have a little time on your hands, have we got a solution for you: Hikanbyke is looking for

someone to handle the membership responsibilities. If you are interested, contact Charlie at cju2 at sbcglobal dot net or 925-324-2731

Upcoming Events

Save the Date Friday evening November 11th. San Francisco Opera live simulcast at the SF Giants ballpark. Free and wonderful!. Details to follow via Google Groups and November newsletter. If you need early information email Debbie Frederick, debbie254@comcast.net.

Thanksgiving Day **CHANGED LOCATION Point Pinole Regional Park**

Thursday November 25 10:00 AM
Niels Povlsen (510) 375-1521
Heighten your appetite for turkey dinner with a 1-2 hour walk in Point Pinole Regional Park. The journey is as scenic as the destination at Point Pinole Regional Shoreline, a 2,315-acre parkland right next to densely populated Pinole, Richmond, and San Pablo. Trails lead through breezy meadows, through aromatic eucalyptus woods, and along bluffs and beaches on San Pablo Bay. There are beautiful views of Mt. Tamalpais, the Marin shoreline, and San Pablo Bay with its sailboat and shipping traffic. Stay out of the way of the cooks & begin the holiday with friends. DIRECTIONS: GPS Address is [3000 Atlas Road, Richmond, CA 94806](https://www.google.com/maps/place/3000+Atlas+Road,+Richmond,+CA+94806). Take Richmond Parkway exit from Highway 80 turn South turn right at Atlas Road. Park entrance is at the end of Atlas Road. Plenty of free parking. Make sure you go to the newer entrance, not the original one. The address is key.

Save the Date for Niels' 80th Birthday Party

Saturday December 3 from 5:30 PM – 10 PM
Old Time HikanByke members will remember when we were celebrating members turning 50. Now it's time to celebrate our octogenarians. You may be surprised to learn how many of us there are. This will be our traditional HikanByke potluck at my Point Richmond clubhouse in Point Richmond, the location of HikanByke's first holiday party, which

coincidentally also fell on my birthday, December 3. More details in the November/December Newsletter

Annual Holiday Party??

DATE ERROR

Last newsletter said Dec. 3 but correct date is Dec.10. The venue is on hold; the caterer is on hold. But...there is still hesitation about an indoor event with close contact with friends, even if vaccinated & boosted. The purpose of the party is to celebrate ending another year with our friends. We drink, eat, dance and hang out in the conversation room for 4 hours. What fun is that if we wear masks out of caution and concern about our health and the health of others? If you have an opinion - either FOR or AGAINST the idea of the party, PLEASE contact me. Rebecca rmallon2@aol.com

September Events

On-going Monday Hikes

Mondays 10:00 AM
Donita England 925 339 2234
Hikers! Join me and other Hike and Bikers as we hike on Mondays. Look for updates and notices via email. Goal is to keep the hikes to 3-5 miles with little elevation gain. We will meet at the trailhead at 10 am. Call or text if you have questions.

Tuesday Walk and Talk Event

Every Tuesday at 9:15 am
Leaders: Joanne Lagerstrom, Nancy Nolte, and Lynne Harris
Come join us for an hour of walking along the Lafayette-Moraga Trail. It's a great way to start your day. We meet at the parking lot just to the right of Olympic and Pleasant Hill Road (the circle intersection where Pleasant Hill T's into Olympic Blvd.) We leave right at 9:15 to walk out for 30 minutes or so before returning to our cars. For more information, call Joanne at 925-922-1462. We expect everyone who participates will follow the county's health department's requirements for wearing masks and social distancing.

Todos Santos Plaza Concert, The New Frantics Garland Rodeo Blues, Soul, and Rock

September 1 Thursday 6:30 to 8:00 p.m.

Patrick Perez (925) 915-9554

patrick.perez.g4@gmail.com

Bring a lawn chair and arrive early or easy parking and choice seating. I will have a blue balloon on me of my 2 lawn chairs. Call me by the day of the event so we can make arrangements to sit together. You can bring your own food and beverage of choice. They have early restaurants nearby. Directions: From Highway 680, take the Willow Pass Exit and head towards downtown Concord. Look for street parking or if you get there early enough, go to the 5-story parking lot that is on the northeast corner of the park. Parking is free

Lafayette Reservoir Walk

Friday September 2 9:00 AM

Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.

Rebecca rmallon2@aol.com

Labor Day BBQ Picnic – Heather Farm Park

September 5 Monday 12 p.m.

Pat Perez (925) 915-9554

Email: Patrick.perez.g4@gmail.com

Join us for this great BBQ picnic. I will have an area reserved for our group. We will be in the area that is near the North San Carlos Drive parking lot. It will be easy to walk to the picnic site from where you park. I will have blue balloons and a US and Canadian flags to mark the location. I will have my smart phone with me in case you get lost. I will provide the coals, utensils, some beverages and hot dogs and chicken to grill. Bring your side dish choice and beverage and \$2 to cover the picnic supplies. Also bring your lawn chairs or blanket whichever you prefer and

don't forget the sunscreen. The park offers ample parking, and an Olympic sized pool, a great rose garden, children's play area, short hiking areas, and a lot of open space for those of you who have equipment for volleyball, croquet, etc. Dogs are welcome but they must be on a leash. No smoking please.

Directions: Take Ygnacio Valley Rd past John Muir Hospital and turn left on North San Carlos Dr. The park is located on North San Carlos Drive which intersects with Ygnacio Valley Road. Our location will be on the corner of Heather Drive and North San Carlos Drive. The location will be next to the swimming pool parking lot. However, it will be easier to park across from our site that is more ample parking and is closer. The USA and Canadian flags will be on your left and the parking lot entrance will be on your right I will try to get the same picnic site with a large tree for shade.

Todos Santos Plaza Concert, Fast Times 70s and 80s party band

September 8, Thursday, 6:30 to 8:00 p.m.

Patrick Perez (925) 915-9554

patrick.perez.g4@gmail.com

Bring a lawn chair and arrive early for easy parking and choice seating. I will have a blue balloon on me on my 2 lawn chairs. Call me by the day of the event so we can make arrangements to sit together. You can bring your own food and beverage of choice. They have nearby restaurants nearby.

Directions: From Highway 680, take the Willow Pass Exit and head towards downtown Concord. Look for street parking or if you get their early enough, go to the 5-story parking lot that is on the northeast corner of the park. Parking is free

Lafayette Reservoir Walk

Friday September 9 9:00 AM

Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy

meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.

Rebecca rmallon2@aol.com

Todos Santos Plaza Concert, Steve Snyder's Big Band Jazz Orchestra

September 15, Thursday, 6:30 to 8:00 p.m.

Patrick Perez (925) 915-9554

patrick.perez.g4@gmail.com

Bring a lawn chair and arrive early for easy parking and choice seating. I will have a blue balloon on me on my 2 lawn chairs. Call me by the day of the event so we can make arrangements to sit together. You can bring your own food and beverage of choice. They have nearby restaurants nearby. Directions: From Highway 680, take the Willow Pass Exit and head towards downtown Concord Look for street parking or if you get their early enough, go to the 5-story parking lot that is on the northeast corner of the park. Parking is free.

Lafayette Reservoir Walk

Friday September 16 9:00 AM

Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.

Rebecca rmallon2@aol.com

1/T/35 Bay Trail / E-ville / Point Richmond

Friday September 16

Arleen Sakamoto

Sakamo2@Yahoo.com

Ken Karda (510) 530-8389

Meet at 9:45 am for a 10:00 am start Start Location: [Berkeley - Aquatic Park Playground](#)

We will ride to the Emeryville marina, then North on the Bay Trail for a clockwise loop to the Red Oak Victory Ship, Miller-Knox Park, Ferry Point Tunnel, & lunch @ Little Louie's. There will be an option to bypass the tunnel.

Joaquin Miller Hike

Saturday September 17 10:00 A.M.
Niels Povlsen 510-375-1521
We meet in Joaquin Miller Park in the ranger station parking lot. Joaquin Miller park is off Hwy 13 south. Take Joaquin Miller exit and go up the hill about 1 1/2 mile and turn into park on Sanborn. Ranger lot is first on left. We hike about 5 miles and have lunch at picnic tables at end near parking lot. Bring lunch. Questions? Call or email me. Hiknbyke@fastmail.fm

Sunday Afternoon Piano Concert in El Sobrante

September 18 2:00 PM
Our next piano concert features Carl Sonny Leyland. Sonny, who is in the Boogie Woogie Hall of Fame, performs in music festivals and venues in the USA and abroad. If you enjoy boogie woogie and blues, don't miss this concert. Blanche Korfmacher is hosting this event. We serve sandwiches and other goodies at the intermission. *Advanced registration is required.* The cost of the concert is \$25.00 to cover the musician fee and refreshments. To register, send a check with your e-mail address to John Ulrich, 4184 Garden Lane, El Sobrante, Ca .94803. The concert is held at this address. Parking is available in driveways on the property or in the street. Register ASAP as seating is limited. Arrive early- concert begins promptly at 2PM. For your safety, covid-19 vaccine cards showing you are fully vaccinated are required for this concert-no exceptions. For more information, call or text Blanche Korfmacher at 415 265-3387.

Todos Santos Plaza Concert, Midnight Sun Reggae

September 22, Thursday, 6:30 to 8:00 p.m.
Patrick Perez (925) 915-9554
patrick.perez.g4@gmail.com
Bring a lawn chair and arrive early for easy parking and choice seating. I will have a blue balloon on me on my 2 lawn chairs. Call me by the day of the event so we can make arrangements to sit together. You can bring your own food and beverage of choice. They have

nearby restaurants nearby. Directions: From Highway 680, take the Willow Pass Exit and head towards downtown Concord. Look for street parking or if you get there early enough, go to the 5-story parking lot that is on the northeast corner of the park. Parking is free.

Book Group Discussion and Pot Luck

Thursday, Sept. 22 6:30 PM
Nancy 925 930-0133
In Jess Walter's "The Cold Millions" The Dolans live by their wits; jumping freight trains and lining up for day work at crooked job agencies. While Rye yearns for a steady job and home, his older brother dreams of a better world, fighting alongside other union men for fair pay and decent treatment. Dubious of Gig's idealism, Rye finds himself drawn to a fearless nineteen-year-old activist and feminist. But a storm is coming threatening to overwhelm them all, and Rye will be forced to decide where he stands. Is it enough to win the occasional battle, even if you cannot win the war? Call for directions

Lafayette Reservoir Walk

Friday September 23 9:00 AM
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events. Rebecca rmallon2@aol.com

Pot Luck and Singalong

Saturday September 24 6.30 PM
Montclair District, Oakland,
John Murrell (510) 339-1263
John and the gang are once again hosting another of the popular potluck musical evenings at John's house in the Montclair district of Oakland. Song books will be provided which include over 450 songs of all genres, country, folk, rock, blues etc. Don't worry if your voice is not that great, we are here to

have fun. You will be able to pick from any of the songs in our books. Bring a potluck dish to share and the beverage of your choice if you plan to join the potluck. If your last name begins with A-K bring an entree, L-T bring a salad, U- bring desert, and your own beverages. If you are not sure what to bring, entrees are always a good choice. Also a musical instrument if you have one. Please note that there will be a three dollar charge to cover the cost of paying for professional cleanup help after the event, and for plates, cutlery and glasses, and song books. If you would like to be removed from this email posting, please advise. Directions. 6175 Snake Rd, Oakland. Take the Highway 13 exit toward Hayward from Highway 24 if you are coming from the Walnut Creek-Berkeley area. Go about three miles and exit at Park Bl and turn left to Mountain Bl, go left again on Mountain Bl about three blocks and turn right onto Snake Rd at the light. om Hayward, take Hwy 580 to Hwy 13, exit at Park Rd & turn left onto Mountain Bl. Be careful, Snake Rd makes a sharp left turn a short distance (200 yards) up the hill. If you see a fire station, you have missed the turn. The house is 1/2 mile up on the left opposite Drake.

Todos Santos Plaza Concert, House of Floyd The music of Pink Floyd Reggae

September 29, Thursday, 6:30 to 8:00 p.m.
Patrick Perez (925) 915-9554
patrick.perez.g4@gmail.com
Bring a lawn chair and arrive early for easy parking and choice seating. I will have a blue balloon on me on my 2 lawn chairs. Call me by the day of the event so we can make arrangements to sit together. You can bring your own food and beverage of choice. They have nearby restaurants nearby. Directions: From Highway 680, take the Willow Pass Exit and head towards downtown Concord. Look for street parking or if you get there early enough, go to the 5-story parking lot that is on the northeast corner of the park. Parking is free

Lafayette Reservoir Walk

Friday September 30 9:00 AM
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.
Rebecca rmallon2@aol.com

October Events

Tuesday Walk and Talk Event

Every Tuesday at 9:15 am
Leaders: Joanne Lagerstrom, Nancy Nolte, and Lynne Harris
Come join us for an hour of walking along the Lafayette-Moraga Trail. It's a great way to start your day. We meet at the parking lot just to the right of Olympic and Pleasant Hill Road (the circle intersection where Pleasant Hill T's into Olympic Blvd.) We leave right at 9:15 to walk out for 30 minutes or so before returning to our cars. For more information, call Joanne at 925-922-1462. We expect everyone who participates will follow the county's health department's requirements for wearing masks and social distancing.

Napa to Sonoma Loop

Sunday October 2 Road Ride 10:00 am
Pace 2 /level B/hills B
Dick Duker 510-705-2447
Join us for a bike ride in rural Sonoma as we ride through wine country. The ride will be 32 miles on mostly flat terrain with some rollers. Bring or buy lunch at our stop in downtown Sonoma. So be sure to rsvp to confirm there are no changes in the ride location:
dduker2001@yahoo.com. Bring: bicycle, pump, helmet, water, money.
Meet: Parking lot at the end of Cuttings Wharf Rd in Napa at 10:00 am. Return: to cars by 4:00 pm.
Directions: Take Hwy 29 north from Vallejo (or take Hwy 12 from Hwy 80), continue toward Napa, then left at the Hwy 121/12 intersection (there

is a traffic light there) and head west toward Sonoma. After about a mile take a LEFT onto Cuttings Wharf Road and drive 2 miles to the parking lot at the end of the road. Restroom available in the parking lot. If you encounter problems during transit, call my cell at (510) 705-2447.

Lafayette Reservoir Walk

NEW FALL START TIME! 9:30
Friday October 7 9:30 AM
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.
Rebecca rmallon2@aol.com

SF Walk Along the Waterfront

Saturday October 8 10:00 a.m.
Diane Savard (925) 864-7141
Join me in front of what used to be Louis Restaurant at 902 Pt. Lobos Avenue SF 94121 overlooking Seal Rock for a leisurely 3 mile walk along the waterfront. (It is just below the gift store, Ranger station)

Bookgroup Discussion and Pot

Luck

Thursday Oct. 13 6:30 PM
Nancy 925 930-0133
William Kent Krueger's Ordinary Grace is set in a time of innocence and hope for the country. But for a thirteen-year-old minister's son it was a grim summer in which death visited frequently and assumed many forms: accident, nature, suicide, even murder. This is an account of a boy trying to understand a world that seems to be falling apart around him. Call for directions

Lafayette Reservoir Walk

NEW FALL START TIME! 9:30
Friday October 14 9:30 AM
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7

mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.
Rebecca rmallon2@aol.com

Alameda Creek Trail Bike Ride 1A

Saturday October 15 10:00 a.m.
John Murrell 510-390-4863
We'll meet in the parking lot across the street from Bronco Billy's Pizza, in downtown Niles. From there we'll ride along scenic Alameda Creek out to the Bay and part of the shoreline until we arrive at the National Wildlife Refuge for lunch. After lunch, may explore the Visitor Center if it is open before our return. Trip length is a mostly flat 25 miles. Helmets are required. Water and a spare inner tube are recommended. Afterwards, we may stop at the Bronco Billy's for refreshments. Directions; Take Niles Bl off 880 and continue about 4 miles until you arrive in downtown Niles.

Lafayette Reservoir Walk

NEW FALL START TIME! 9:30
Friday October 21 9:30 AM
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid restrictions do not require masks outdoors. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.
Rebecca rmallon2@aol.com

Lafayette Reservoir Walk

NEW FALL START TIME! 9:30
Friday October 28 9:30 AM
Meet near the flagpole in the parking lot. Either display the Annual Pass available for purchase at the park office or pay \$1.50/hour at the pay station. Allow 1.5 hours for the 2.7 mile walk on the paved path. After the walk we meet downtown for drinks, treats, and more conversation. Current Covid

restrictions do not require masks outdoors. At the annual club policy meeting 2/2/22 it was decided that proof of vaccine is required to participate in H&B events.
Rebecca rmallon2@aol.com

Martin Luther King Regional Shoreline Bike Ride (1T19)

Saturday October 29 10:00 AM
Niels Povlsen 510-375-1521

If you want an easy ride with fantastic views, then this is the one. This is an easy and nearly flat bike ride, about half on paved trails free of traffic and nearly all with bay front views! And we have short cuts if 19 miles is too much. We'll follow the ML King path around the San Leandro Bay and then shoot down to the San Leandro Marina where you can almost reach out and touch the jets landing at OAK. We'll return via the Oyster Bay regional shoreline bike path and then circle Bay Farm Island, completing our loop by crossing over to Alameda briefly before completing our loop back to the start. See:

<http://www.regionalparksfoundation.org/document.doc?id=263> for a

description and map. Driving Directions: We begin at the Tidewater Boating Center. From I-880 in Oakland take the High St. exit and drive west towards the bay. Just before the High St. Bridge, turn left on Tidewater Avenue. Look for the Tidewater Boating Center sign 1/8 mile ahead on the right. Turn right and continue to the end of the street. There is no charge for parking, there are restrooms and water. It is also a short distance from the Fruitvale BART station.

HIKANBYKE MEMBERSHIP and RENEWAL APPLICATION

Hikanbyke is a non-profit group of friends, dedicated to sharing the enjoyment of activities, such as biking, hiking, skiing, jogging, dining, camping, and social events in a supportive non-threatening atmosphere. Membership in Hikanbyke is open to all. To become a member and receive our bi-monthly newsletter, complete the application below along with a check or money order payable to Hikanbyke. Mail with completed application to:

Hikanbyke Membership; 125 Lees Place; Martinez, CA 94553.

Please check one: New Membership Renewal (for renewals, only list any information that has changed)

Name: _____

Mailing Address: _____

City/State: _____ Zip: _____

Primary Phone: () _____ Other Phone: () _____

Internet email address: _____

Membership Includes 6 issues per year plus annual member directory, please check type desired.
Multiple year memberships are accepted, please include correct amount.

Regular (paper, mailed) = \$22/Yr.

Green (email delivery) = \$10/Yr. * An email address is required

Hikanbyke distributes a member directory to its members yearly. Your address is not included. May we:
include your Primary Phone Number? Yes No Your Email Address? Yes No

I enjoy the following: Hiking/Walking Cycling Camping Backpacking DH Skiing XC Ski

Tennis Running Other (please specify) _____

Hikanbyke
1201 Brickyard Way, #111
Point Richmond. CA 94801

Place stamp
here

Do NOT send renewals to above address



Address Correction Requested

Check the **expiration date** on your mailing label
If within 3 months, please **renew promptly**.