



RISING MOMENTUM Newsletter



Weekly Newsletter
3 January 2019

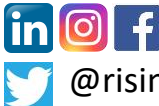
Back to School

We hope everyone enjoyed their holiday! We are excited to get back to work, and continue to build relations with the schools and the community as the students return back to school. We hope to have dates and times finalized next week. Signing up for the Newsletter will ensure you are informed of upcoming programs and registration. Starting next week, special offers and opportunities will be sent along with the newsletter E-mail. Our first opportunity will be for High School seniors. We want to find a few bright students that would be interested in acting as Junior Mentors during the Pilot Program. More details will be included in next week's newsletter E-mail. If you have someone in mind, feel free to send us an E-mail, or use the message form on the first page of our website. To receive this and future opportunities, be sure to Sign-up to stay informed! Already signed up? Tell a parent or teen about us!

www.risingmomentumfl.com/newsletter

Our Future

As a new business (we officially became an LLC on January 1st), we have big plans! Our goal is to open a physical location in Palm Coast to serve both high school and middle school students in the area. Similar to a martial-arts or dance studio, students would be dropped off to us to experience our programs. We want to be an integral part of their development all the way to graduation, and hope they return year after year. Our idea is a big one, but we have to start somewhere. Our Pilot Program is the first step in a long journey to something great! The Pilot is incredibly important to us, as it will shape our future, and begin the process of earning the communities trust. We are excited for what we can create, and hope you join us in that journey!

 @risingmomentumfl
@risingmomentfl



What's the big idea?

We are often asked: What does this program look like? Here's an example of a session:

Introduction – First, a short discussion focusing on a particular topic, such as “decision-making”.

Activity - We will then jump into a 15-20 minute activity centered on that topic. The activities will vary, with new and creative activities each session. As an example, we may break into groups and have the students build something together out of recyclables, maybe a fort.

Discussion – We will then have a 5-10 minute discussion about the activity. These discussions will be led by an accomplished leader from Rising Momentum. The students will do most of the talking, focusing on the actions and reactions of each team member. In our experience, the students enjoy the discussions more than the activities! Having a chance to discuss their performance, what they did well, or how to improve is fulfilling and rewarding.

Activity-Discussion – We will then jump right into another activity! It may be something new, or a variation of the first activity. Changing the rules or objective. In our example, we may assign a leader, or require a group vote and see if decisions change. 2-4 activities per session!

Close-out – Finally, we will close-out the session. Summing up the key learning points and take-aways from the activities for the day.

Leadership Quotes

Here are a few of my favorite leadership quotes. Some are famous, others are from my own experiences as a subordinate to some great leaders during an interesting and exciting 20 year career in the military. Enjoy!

From David Paradis – Owner and Founder

“If your actions inspire others to dream more, learn more, do more and become more, you are a leader.”

- *Simon Sinek*

“The minute you start worrying about your evaluation more than your Soldiers, you will get a bad one.”

- *SFC Bezerra*

“What you do has far greater impact than what you say.”

- *Stephen Covey*

“What does your age have to do with it? Being young isn't an excuse to stop being a leader.”

- *1SG David Hankins*

“You don't have to hold a position in order to be a leader.”

- *Henry Ford*

“Stop being in charge, and start being a leader!”

- *1SG Bernie Westover*

Early registration and special opportunities.

Subscribe to the newsletter to be eligible:

www.risingmomentumfl.com/newsletter

Safety is important to us. All Instructors undergo:





- local and state background checks
- volunteer clearance with Flagler Schools
- participate in safety training
- primary instructors undergo federal screening

Rising Momentum LLC

Palm Coast, Florida

(386)-400-3456

www.RisingMomentumFL.com

   @risingmomentumfl  @risingmomentfl

Learn more about the founder and primary instructor of Rising Momentum at:

www.linkedin.com/in/davidparadis1