



Rising
Momentum

Weekly Newsletter
6 February 2019

Dates and times announced!

Tuesdays 2:30 - 4:00

Matanzas High School Campus

19 February – 2 April 2019

*Late buses available after each session

Thursdays 2:45 - 4:15

Town Center behind FPC High School

21 February – 4 April 2019

ALL teens are invited to either program.
Homeschool & virtual school both welcome!

Leadership Immersion Pilot Program

This activity-based program places teens into small teams to complete a task, challenge, game or modified sport. Followed by a short discussion led by a leadership mentor focusing on teamwork, communication, decision-making and problem-solving. Build the skills to overcome adversity, tackle challenges and accomplish goals as a team!

Register now online or call us: (386)-400-3456

www.risingmomentumfl.com

We are two weeks away!

We are two short weeks away! We are excited to get started and start building a program that will be a continued part of the growth and development of our local teens. This program promises to be a unique experience the students will remember for a lifetime!

Although fun and excitement is the name of the game, the benefit received will be much more than just a game. Leadership, communication, team-building, and much more will be intertwined into each activity.

Discussions will be short but meaningful. Focusing on important skills that will surely increase the success of each student. From interpersonal skills to confidence, students will learn and grow.

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Engage with Each Other

As I go out and meet people, there is a similar concern among parents of teens. Many parents feel their teens are losing the ability to meaningfully engage with each other. The obvious influence of streaming video, video games, and social media has shifted the way teens communicate. It is not uncommon to see teens huddled around together, yet no one is talking. Many teens spend most of their afternoons staring at their phones or computers texting or “liking” other people texts.

The only way to fix that is to get teens to put down their phones and engage with each other. We hope Rising Momentum can help with that need. Once a week for 90-minutes is a small commitment for the development of the teens, although the impact will be much larger. Getting teens to engage with each other, communicate without texting, and ultimately achieve success as a team will have tremendous benefit for years to come.

By keeping the activities interesting, the program should not feel like school or typical sports or clubs. We will take measures to stay in touch with latest trends and interests, mostly by allowing the teens themselves to guide us. Which in itself is a leadership development opportunity for the teen. We want the students to learn, practice skills, develop, and eventually lead us as we grow. Exciting stuff!

Thanks to the community!

We owe special gratitude to a few important supporters in the community. These people had a part in allowing this program to take place, and we wanted to take a few moments to mention them here:

Department of Community Engagement: Flagler School District, particularly the Community Engagement office, helped us in two important ways. First, they helped find ways for us to get involved in existing mentor programs. Second, they were key in helping approve Matanzas HS as a location.

Parks and Recs: Both the county and city P&R were friendly and helpful to us in looking at other options for our program locations.

Matanzas HS: Matanzas administration was welcoming from the first visit! They continue to support the program both in-person and through social media. Not to mention giving us the final approval in allowing us to use their campus as a location.

FPC HS: Also supportive of the program, we have continued relations with their administration, and look forward to building on that relationship. We look forward to seeing their students at our Town Center program!

Registration Open! Register online or by phone:
(386)-400-3456

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Safety is important to us. All Instructors undergo:

- local and state background checks
- volunteer clearance with Flagler Schools
- participate in safety training
- primary instructors undergo federal screening

Rising Momentum LLC

Experience Something New!

Palm Coast, Florida

   @risingmomentumfl  @risingmomentfl

Learn more about the founder and primary instructor of Rising Momentum at:

www.linkedin.com/in/davidparadis1