

## **Recommended Podcasts**

Whether you listen at the gym, during your commute, or while running errands, podcasts are a great way to learn about new topics and stay current with the latest information.

Here's my list of thought-provoking podcasts about women, business, and life. I hope you enjoy them!

If you have a favorite podcast, <u>tell me</u> about it! If I add it to this list, you will receive a coupon for 10% off an upcoming event!

Best wishes

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- <u>She Knows</u>: From BlogHer founder Elisa Camahort Page on social, political and cultural topics. Often includes great examples of how to disagree constructively.
- <u>Ellevate Podcast:</u> Ellevate Network was formed expressly to get more women into leadership positions. Sallie Krawcheck and Kristy Wallace interview women from diverse industries and professions. They share their success, their failures and their best advice for other women.
- <u>Innovation Ecosystem</u>: Mark Bidwell and Roddy Millar interview guests on innovation, change and leadership that apply to small businesses, large businesses, executives and entrepreneurs
- The Moth Podcast: Telling a story is the best way to get people to hear and appreciate your message. Listen to some expert story-tellers and learn from their style and content.
- <u>The Strong Women's Club</u>: Host Edie Berg interviews very successful women about their personal stories, and how they overcome their day to day challenges as well as the big obstacles.
- <u>Death Sex and Money</u>: Host Anna Sale interviews real people about real topics that we are often reluctant to discuss. Past episodes have included living alone, aging well, and changing your life. Anna is a great interviewer; listen to her and learn how to ask questions that get people talking.
- The TED Radio Hour: Host Guy Raz brings together excerpts from several TED talks and interviews with the speakers around a common theme. Past episodes have included Misconceptions, the Money Paradox, and Courage – all topics relevant to women who want to take charge of their lives.
- <u>Smart Women, Smart Power</u>: Interviews with top women in corporations, government, and national security, focused on international business and global affairs. These women have mastered the fundamental capabilities learn from their experiences!

## www.fundamentalcapabilities.com info@fundamentalcapabilities.com



- <u>Women in Leadership</u>: Irish journalist and broadcaster Angie Mezzetti interviews a woman in a very senior leadership position. These women used the fundamental capabilities and their core strengths to reach their goals, and Angie helps them tell their stories.
- <u>The Women's Podcast</u>: Another great voice from Ireland, this one brought to us by the Irish Times.