

What does Neurodiversity mean?

Neurodiversity is a word used to describe how unique each individual's brain works, the different ways we think, move, process the world around us and communicate.

Some people with Neurodiverse traits can be diagnosed with conditions such as Autism and ADHD but some people do not have or want a diagnosis and just may need some support from time to time.



My role is a Children's and Young Person's Neurodiversity Care Co-ordinator (5-21 years)

I work within your GP Surgery, and I am here to help make sure you can access any support you may need.

Will I need to see the Neurodiversity Care Co-ordinator on a regular basis?

It is important that you feel that you can access my support whenever you need to. You may feel that one appointment or conversation is all you need, or you may need more

My support is not time limited, meaning my door is always open for you and those who support you.

How can a Neurodiversity Care Co-ordinator help me?

- · A single point of contact for you and your family for any problems and questions, advice and signposting
- Support to put reasonable adjustments in place, for example, if you need longer appointments
- Creating health passports and care plans to make sure everyone involved in your care is aware of your needs and wishes.

How do I contact a Neurodiversity Care Co-ordinator?

My working days are Monday to Wednesday 9.00am - 5.00pm.

You can call the Care Co-ordinator team on 01757 244980.