 **Forest School List Kit**

**Autumn/Winter** **Summer/Spring**

waterproof coast waterproof coat

winter coat fleece

fleece/jumper top

base-layers base-layer

long trousers (not denim) long trousers

waterproof trousers waterproof trousers

2 x socks thick socks socks

ideally snow boots/waking boots old trainers or wellies in wet weather

2 x gloves because they usually get wet sun hat

hat sun cream

snood insect repellent

spare clothes spare clothes

packed lunch packed lunch

a drink a drink

**The UK weather is always so unpredictable, please check the forecast before the session. It is always much cooler in the woods, layers are great as they will ensure that your child stays happy and enjoys the session!**