



# The Christian Warrior Prayer Blueprint

**A simple daily strategy for prayer, focus, and victory**

## **OPEN – ALIGN YOUR HEART (2–3 minutes)**

**Scripture: Psalm 139:23–24**

*<sup>23</sup>Search me, O God, and know my heart; Try me, and know my anxieties;*

*<sup>24</sup>And see if there is any wicked way in me, And lead me in the way everlasting.*

**Take a couple of deep breaths. Quiet your thoughts. Invite Holy Spirit.**

## **PRAISE BEFORE PETITION**

**Scripture: Psalm 100:4** - Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name.

- **Thank God for His goodness**
- **Thank Him for protection**
- **Thank Him for what He's working out – even if you don't see it yet**

## **ARMOR UP – EPHESIANS 6 PRAYER**

**Pray each piece intentionally. Focus on each piece not being something that you physically put on, but something that should be a lifestyle - it should be IN you:**

- **Belt of Truth**
- **Breastplate of Righteousness**

- Shoes of Peace
- Shield of Faith
- Helmet of Salvation
- Sword of the Spirit (Word of God)

## WAR WITH WISDOM – DISCERN THE BATTLE

Ask: Is this spiritual? Is this emotional? Is this something I need to change practically?

Then pray: “Holy Spirit, show me the root – not just the symptoms.”

## DECLARATIONS (SPEAK THE WORD)

**Philippians 3:13–14 declaration**

<sup>13</sup> Brethren, I do not count myself to have <sup>[a]</sup>apprehended; but one thing *I do*, forgetting those things which are behind and reaching forward to those things which are ahead, <sup>14</sup> I press toward the goal for the prize of the upward call of God in Christ Jesus.

Add: “No weapon formed against me shall prosper.” “I have peace, wisdom, and clarity in Jesus’ name.”

## COVER YOUR FAMILY & ASSIGNMENTS

Pray over: • family • finances • health • ministry/work • decisions ahead

Ask God for strategy – not just relief.

## LISTEN – BE STILL (1–3 minutes)

Ask: “Lord, what do You want me to do next?”

Write any thoughts, scriptures, or nudges down.

## CLOSE WITH GRATITUDE

“God, thank You for hearing me. Help me walk in obedience and faith today.

In Jesus’ name, Amen.”

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