



The Christian Warrior Prayer Blueprint

A simple daily strategy for prayer, focus, and victory

OPEN — ALIGN YOUR HEART (2–3 minutes)

Scripture: Psalm 139:23–24

²³ *Search me, O God, and know my heart; Try me, and know my anxieties;*

²⁴ *And see if there is any wicked way in me, And lead me in the way everlasting.*

Take a couple of deep breaths. Quiet your thoughts. Invite Holy Spirit.

PRAISE BEFORE PETITION

Scripture: Psalm 100:4 - Enter into His gates with thanksgiving, *and* into His courts with praise. Be thankful to Him, *and* bless His name.

- **Thank God for His goodness**
- **Thank Him for protection**
- **Thank Him for what He's working out — even if you don't see it yet**

ARMOR UP — EPHESIANS 6 PRAYER

Pray each piece intentionally. Focus on each piece not being something that you physically put on, but something that should be a lifestyle - it should be IN you:

- **Belt of Truth**
- **Breastplate of Righteousness**

- Shoes of Peace
- Shield of Faith
- Helmet of Salvation
- Sword of the Spirit (Word of God)

WAR WITH WISDOM — DISCERN THE BATTLE

Ask: Is this spiritual? Is this emotional? Is this something I need to change practically?

Then pray: “Holy Spirit, show me the root — not just the symptoms.”

DECLARATIONS (SPEAK THE WORD)

Philippians 3:13–14 declaration

¹³ Brethren, I do not count myself to have ^[a]apprehended; but one thing *I do*, forgetting those things which are behind and reaching forward to those things which are ahead, ¹⁴ I press toward the goal for the prize of the upward call of God in Christ Jesus.

Add: “No weapon formed against me shall prosper.” “I have peace, wisdom, and clarity in Jesus’ name.”

COVER YOUR FAMILY & ASSIGNMENTS

Pray over: • family • finances • health • ministry/work • decisions ahead

Ask God for strategy — not just relief.

LISTEN — BE STILL (1–3 minutes)

Ask: “Lord, what do You want me to do next?”

Write any thoughts, scriptures, or nudges down.

CLOSE WITH GRATITUDE

“God, thank You for hearing me. Help me walk in obedience and faith today.

In Jesus’ name, Amen.”

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