

# DISCOVER THE JOY OF SQUARE DANCING!



## FREE INTRO NIGHTS

September 24 & October 1  
7:30 PM – 9:00 PM

Pacheco Community Center  
5800 Pacheco Blvd  
Pacheco, CA 94553

## SQUARE DANCE CLASS BEGINS:

**October 8**

- Classes held Wednesdays
- 7:30 PM – 9:00 PM
- \$20 for youth under 18
- \$40 for adults



## WHY TRY SQUARE DANCING?

- ✓ Fun Exercise – Get moving in a joyful and social setting
- ✓ Meet New People – Make friends and build community
- ✓ Boost Your Mood – Dancing is a great stress reliever
- ✓ Sharpen Your Mind – Great for memory, focus, and coordination
- ✓ Lifelong Hobby – Enjoy a timeless, multi-generational activity

[www.martinezswingers.org](http://www.martinezswingers.org)