

# BRANDIE ALLEN, MSW, MA

## Author | Speaker | Workshops

When it comes to self-mastery, Brandie Allen has been a catalyst for many. She is a dynamic professional speaker, workshop facilitator, author, and therapist. She's earned a Master's Degree in Social Work as well as a Master of Arts Degree in Consciousness & Transformative Studies. Brandie's authentic messages resonate, keeping audiences engaged, inspired, and motivated for change. She offers the perfect combination of compassion, humor, and empowerment to deliver her message.

### WORKSHOPS (virtual or live)

- The Power of Self-Mastery
- Recovering from Emotional Abuse
- You Determine Your Self-Worth
- Childhood Trauma in the Adult Years
- The Subconscious Mind
- Emotional Intelligence
- Your Highest Potential
- Spiritual Lessons in Life



### SPEAKING TOPICS

- The Power of Self-Mastery
- Overcoming Adversity
- The Impact of Abuse
- The Hero's Journey
- Addiction
- The Wisdom in Relationships
- Awakening & Transformation
- Spiritual Awakening
- Creating Your Reality
- Consciousness & Transformation
- Living in an Unconscious Society
- Conscious Leadership

**connect.**

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