

BRANDIE ALLEN, MSW, MA

Author | Speaker | Workshops

When it comes to self-mastery, Brandie Allen has been a catalyst for many. She is a dynamic professional speaker, workshop facilitator, author, and therapist. She's earned a Master's Degree in Social Work as well as a Master of Arts Degree in Consciousness & Transformative Studies. Brandie's authentic messages resonate, keeping audiences engaged, inspired, and motivated for change. She offers the perfect combination of compassion, humor, and empowerment to deliver her message.

WORKSHOPS (virtual or live)

- The Power of Self-Mastery
- Emotional Abuse
- You Determine Your Self-Worth
- The Impact of our Relationships
- How Childhood Trauma Manifests in Adulthood
- The Subconscious Mind
- Emotional Intelligence
- Your Highest Potential

connect.

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For Scheduling Info: 949-371-1957



SPEAKING TOPICS

- The Power of Self-Mastery
- Overcoming Adversity
- The Impact of Abuse
- The Hero's Journey
- You Determine Your Self-Worth
- The Wisdom of Relationships
- Awakening & Transformation
- Spiritual Awakening
- Creating Your Reality
- Consciousness & Transformation
- Living in an Unconscious Society

