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'An antidote to the epidemic of loneliness': 19 Carter a haven for arts, community

Carol L. Costello



It was a Wednesday morning at 19 Carter in Berlin. The guests, who had come by for the weekly coffee hour, were gathered around two large wooden tables enjoying a warm beverage and fresh baked goods with their conversations.

We're pleased to share this lovely article from the Worcester Telegram & Gazette written by Carol Costello with photographs by Allan Jung that beautifully captures the essence of what we do at 19 Carter.

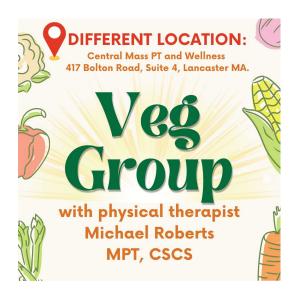
Read Full Article Here



Chocolat Friday February 28, 6:30pm - SOLD OUT!



19 Carter will be closed for a private event on Saturday, March 1.



Veg Group
Saturday, March 1
DIFFERENT TIME + LOCATION: 1:30 - 2:30pm
Central Mass PT and Wellness located at 417 Bolton Road, Suite 4, Lancaster MA.

Please note the change of time and location. Veg Group will NOT be held at 19 Carter this week. Please email ricardam@charter.net with any questions.

The power of exercise in healthy aging! Join Dr. Michele Ricard and special guest Michael Roberts, MPT, CSCS—a physical therapist and owner of Central Mass PT and Wellness—for a discussion about the power of exercise in healthy aging. *Suggested donation:* \$5



Armchair Traveler: Appalachian Trail Sunday, March 2 at 2pm - 3pm

Join George Brenckle as he recounts his adventure through the wilderness on the Appalachian Trail! Learn about his hiking ups and downs and the views he saw along the way - all from the comfort of your seat. All are welcome!

Suggested donation: \$5

Next week at 19 Carter...



Open Mic for Comics Monday, March 3 at 7:30pm - 9:30pm

Join us for a laid-back night of comedy brought to you by Mike'd Up Comedy and Open Mic Pain. It's a chance for comics to workshop their new material in a low-stakes setting. Sign up for a stand-up slot by emailing spots@openmicpain.com.

Audience welcome! Ages 18+ (adult humor may be used).

Suggested donation: \$5

LEARN ABOUT FOSTER PARENTING AND ADOPTING FROM FOSTER CARE

Learn more about the **need for foster and adoptive parents in your community!**

Serving children of all ages who need a home.



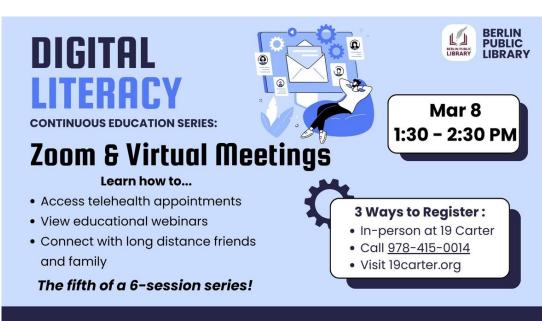
Wednesday, March 5, 2025 10 AM - 12 PM Questions? Contact Katherine Keefe 508-929-2122 Katherine.A.Keefe@Mass.Gov



Free Drop-in Foster Care / Adoption Information Session Wednesday, March 5 at 10am - 12pm

Stop by for an informal information session to learn more about the need for foster and adoptive parents in our community. Can't make the session? Feel free to contact Katherine Keefe with any questions at 508-929-2122 / Katherine.A.Keefe@Mass.Gov or to visit the Foster Care Website.





To register for Digital Literacy: Call 978-415-0014 or click here.



Jazz Jam Sunday March 9 at 6 - 8:30pm

Join us for a lively Jazz Jam! Musicians of all levels improvise, creating spontaneous melodies and rhythms in a fun, welcoming atmosphere. Everyone is invited to play or enjoy the music! Vocalists, please bring your charts. Questions? Email Ken Parrish at ken@parrishworks.net.

Suggested donation: \$5

Coming up...



Register for Art & Play











SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
For tickets, please visit 19Carter.org						11:30AM-12:30PM \$5*
2 Armchair Traveler with George Brenckle 2-3PM Appalachian Trail	3 Open Mic for Comics 7:30PM \$5*	4	5 Drop-in Foster Care/Adoption Info Session 10AM-12PM Irish Session 7-10PM \$5*	6	•	8 Digital Literacy Program 1:30-2:30PM Zoom & Virtual Meetings FREEL Registration encouraged
Jazz Jam6-8:30PM\$5*	10 Office Hours with Senator Robyn Kennedy's Team 2-3PM	11 Art & Play 6:30-8PM 5120 for 3 sessions, supplies provided Jazz Ensemble Workshop 7-9PM	Old Time Music Jam 11AM-1PM \$5* Irish Session 7-10PM \$5*	13	14 Open Mic 7-9PM \$5*	15 Saint Patrick's Day Celebration 6-9PM \$35
16	17	18	Pirish Session 7-10PM \$5*	30	3	Program 1:30-2:30PM Information Literacy & Social Media FREE! Registration encouraged
30 Ignite & Align: A Reiki- Infused Sound Journey 1-2PM \$10	3	The Guest List 2:15-3:15PM \$5 Art & Play 6:30-8PM \$120 for 3 sessions supplies provided Jazz Ensemble Workshop 7-9PM	Old Time Music Jam 11AM-1PM \$5* Irish Session 7-10PM \$5*	3	8 Bruce Almighty 6:30PM \$15 (includes pizza, salad, & popcorn)	*Suggested Donation: \$5



For more information on upcoming events, visit the 19 Carter Calendar of Events!





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Web Version

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