

## DAYTIME ACTIVITIES

**OPEN** 

M-F 9am-5pm SAT 10am-1pm

**SUGGESTED DONATION: \$5** 

**MONDAY** 

A Politics-Free Tea Time 2-4pm

Turn off your TV and stop by for 2 hours of pleasant tea, pleasantries, and no politics!



**TUESDAY** 

**Armchair Meditation 8-8:30am** 



WEDNESDAY

Coffee Hour 9am-12pm

**Office Hours** with Melissa, 10-11am *Berlin Council on Aging Director* 

**Old Time Music Jam** 11am-1pm 2nd & 4th Wednesday



THURSDAY

**Afternoon Games** 2-4pm



**FRIDAY** 

Coffee Hour 9am-12pm

Open Art Studio 9am-12pm

Fiber Arts Group 2-4pm



SATURDAY

**Saturday Social** 10am-1pm Stop by for baked goods and a friendly chat!



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