

J.O. - Competition Requirements

Age Group	1 Meter	3 Meter	Platform
9 & Under Age Group	<u>5 Dives</u> 3 - Vols from different groups. All DD is set at 1.8 for Vols. Vols must end in "01" - 101C 2 - Opts from different groups. Max DD per Opt 2.2	<u>5 Dives</u> 3 - Vols from different groups. All DD is set at 1.9 for Vols. Vols must end in "01" - 101C 2 - Opts from different groups. Max DD per Opt 2.6	<u>4 Dives</u> 2 - Vols from different groups. Cumulative Vol DD Max 3.4 2 - Opts from different groups. Max DD per Opt 2.6 (5 Meter Only)
11 & Under Age Group	<u>6 Dives</u> 3 - Vols from different groups. All DD is set at 1.8 for Vols. Vols must end in "01" - 101C 3 - Opts from different groups. Max DD per Opt 2.2	<u>6 Dives</u> 3 - Vols from different groups. All DD is set at 1.9 for Vols. Vols must end in "01" - 101C 3 - Opts from different groups. Max DD per Opt 2.2	<u>5 Dives</u> 3 - Vols from different groups. Cumulative Vol DD Max 5.4 2 - Opts from different groups. Max DD per Opt 2.6 (5 Meter Only)
12 - 13 Girls Age Group	<u>8 Dives</u> 5 - Vols from different groups. All DD is set at 1.8 for Vols. 100/400 Vol - One C & one B. 200/300 Vol - Can choose C or B 3 - Opts from different groups. Max DD per Opt 2.4	<u>8 Dives</u> 5 - Vols from different groups. All DD is set at 1.9 for Vols. 100/400 Vol - One C & one B. 200/300 Vol - Can choose C or B 3 - Opts from different groups. Max DD per Opt 2.8	<u>6 Dives</u> 4 - Vols from different groups. Cumulative Vol DD Max 7.6 2 - Opts from different groups. Max DD per Opt 2.8 (5 & 7.5 Meter Only)
12 - 13 Boys Age Group	<u>8 Dives</u> 5 - Vols from different groups. All DD is set at 1.8 for Vols. 100/400 Vol - One C & one B. 200/300 Vol - One C & one B. 3 - Opts from different groups. Max DD per Opt 2.4	<u>8 Dives</u> 5 - Vols from different groups. All DD is set at 1.9 100/400 Vol - One C & one B. 200/300 Vol - One C & one B. 3 - Opts from different groups. Max DD per Opt 2.8	<u>7 Dives</u> 4 - Vols from different groups. Cumulative Vol DD Max 7.6 3 - Opts from different groups. Max DD per Opt 2.8 (5 & 7.5 Meter Only)
14-15 Girls Age Group	<u>9 Dives</u> 5 - Vols from different groups. Cumulative Vol DD Max 9.0 4 - Opts from different groups. NO Limit on Opt DD	<u>9 Dives</u> 5 - Vols from different groups. Cumulative Vol DD Max 9.5 4 - Opts from different groups. NO Limit on Opt DD	<u>7 Dives</u> 4 - Vols from different groups. Cumulative Vol DD Max 7.6 3 - Opts from different groups. NO Limit on Opt DD (5 Groups must be represented)
14-15 Boys Age Group	<u>9 Dives</u> 5 - Vols from different groups. Cumulative Vol DD Max 9.0 4 - Opts from different groups. No Limit on Opt DD	<u>9 Dives</u> 5 - Vols from different groups. Cumulative Vol DD Max 9.5 4 - Opts from different groups. No Limit on Opt DD	<u>8 Dives</u> 4 - Vols from different groups. Cumulative Vol DD Max 7.6 4 - Opts from different groups. NO Limit on Opt DD (5 Groups must be represented)
16-18 Girls Age Group	<u>10 Dives</u> 5 - Vols from different groups. Cumulative Vol DD Max 9.0 5 - Opts from different groups. No Limit on Opt DD	<u>10 Dives</u> 5 - Vols from different groups. Cumulative Vol DD Max 9.5 5 - Opts from different groups. No Limit on Opt DD	<u>9 Dives</u> 4 - Vols from different groups. Cumulative Vol DD Max 7.6 5 - Opts from different groups. NO Limit on Opt DD
16-18 Boys Age Group	<u>11 Dives</u> 5 - Vols from different groups. Cumulative Vol DD Max 9.0 6 - Opts from different groups. No Limit on Opt DD	<u>11 Dives</u> 5 - Vols from different groups. Cumulative Vol DD Max 9.5 6 - Opts from different groups. No Limit on Opt DD	<u>10 Dives</u> 4 - Vols from different groups. Cumulative Vol DD Max 7.6 6 - Opts from different groups. NO Limit on Opt DD