

Age Group	Requirements	Example List - 1M	# D.D.
Novice 9 and under Both Boys & Girls Both 1M & 3M	5 Dives or Skills	100a	1.00
	Skills may be repeated by changing position	200a	1.00
	Dives are true dd	101c	1.20
	Max of 2 dives in each category	401c	1.40
		102c	1.40
Novice 10-11 Both Boys & Girls Both 1M & 3M	5 Dives or Skills	101c	1.20
	Skills may be repeated by changing position	201c	1.50
	Dives are true dd	401c	1.40
	Max of 2 dives in each category	103c	1.60
		202c	1.50
Novice 12-13 Both Boys & Girls Both 1M & 3M	6 Dives or Skills	100a	1.00
	Skills may be repeated by changing position	5101a	1.00
	Dives are true dd	101c	1.20
	Max of 2 dives in each category	201c	1.50
		401c	1.40
		5221d	1.70
Novice 14-15 Both Boys & Girls Both 1M & 3M	7 Dives or Skills	101c	1.20
	Skills may be repeated by changing position	201c	1.50
	Dives are true dd	301c	1.60
	Max of 2 dives in each category	401c	1.40
		103c	1.60
		202c	1.50
		302c	1.60
Novice 16-18 Both Boys & Girls Both 1M & 3M	7 Dives or Skills	100a	1.00
	Skills may be repeated by changing position	100c	1.00
	Dives are true dd	200a	1.00
	Max of 2 dives in each category	200c	1.00
		001b	1.00
		002a	1.00
		5101a	1.00