



# Supporting Your Child's Mental Health: BPS Virtual Events for Parents and Caregivers

In honor of Mental Health Awareness Month, Boston Public Schools is hosting a special virtual event for parents and caregivers. Join us on select evenings in May for a presentation led by BPS school psychologists. You'll learn more about mental health, how to support your child's emotional well-being, and how to access school and community resources. The same presentation will be offered on multiple dates, with some sessions available in other languages. Read below for the full list of details:



Date	Time	Language	Zoom Link
5/5	6:00 PM	English	<a href="https://k12-bostonpublicschools.zoom.us/j/87031188570">https://k12-bostonpublicschools.zoom.us/j/87031188570</a>
5/7	5:30 PM	English	<a href="https://k12-bostonpublicschools.zoom.us/j/81982786678">https://k12-bostonpublicschools.zoom.us/j/81982786678</a>
5/7	6:00 PM	Portuguese	<a href="https://k12-bostonpublicschools.zoom.us/j/81009513983">https://k12-bostonpublicschools.zoom.us/j/81009513983</a>
5/12	6:00 PM	Haitian Creole	<a href="https://k12-bostonpublicschools.zoom.us/j/83640735493">https://k12-bostonpublicschools.zoom.us/j/83640735493</a>
5/12	7:00 PM	Cantonese	<a href="https://k12-bostonpublicschools.zoom.us/j/81408290741">https://k12-bostonpublicschools.zoom.us/j/81408290741</a>
5/13	6:30 PM	Arabic	<a href="https://k12-bostonpublicschools.zoom.us/j/84453199674">https://k12-bostonpublicschools.zoom.us/j/84453199674</a>
5/14	6:00 PM	English	<a href="https://k12-bostonpublicschools.zoom.us/j/83398101708">https://k12-bostonpublicschools.zoom.us/j/83398101708</a>
5/15	5:00 PM	Spanish	<a href="https://k12-bostonpublicschools.zoom.us/j/89116567858">https://k12-bostonpublicschools.zoom.us/j/89116567858</a>
5/16	6:00 PM	Mandarin	<a href="https://k12-bostonpublicschools.zoom.us/j/86108573610">https://k12-bostonpublicschools.zoom.us/j/86108573610</a>
5/20	6:00 PM	English	<a href="https://k12-bostonpublicschools.zoom.us/j/83710886699">https://k12-bostonpublicschools.zoom.us/j/83710886699</a>
5/21	6:00 PM	English	<a href="https://k12-bostonpublicschools.zoom.us/j/88549675873">https://k12-bostonpublicschools.zoom.us/j/88549675873</a>

The Behavioral Health Services (BHS) department of the Boston Public Schools (BPS) is comprised of over 100 school psychologists and over 50 graduate students. Our mission is to ensure that BPS students have a safe and supportive school environment where they can be successful.



[www.CBHMBoston.com](http://www.CBHMBoston.com)