

Day One	Day Two
Hands-On Scanning Master the Top 20 Podiatry Injections	US-Guided Injection Training on Cadaveric Specimens + Final Scanning Mentoring
9:00 Live Hands on Ultrasound "Which buttons do what"? Learn how to operate the machine by working it yourself "What I am looking at?" Learn how different tissues appear on ultrasound	9:00 Cadaver Lab to practice injections During this session you will perfect the needle placement for all injections you learned on Day 1. 1 - Achilles Tendon 2 - Retrocalcaneal Bursa 3 - Plantar Fascia 4 - 1st Tarsometatarsal Joint 5 - Talonavicular Joint 6 - Talocuboid Joint 7 - 1st Toe MTP Joint 8 - Sesamoids 9 - Morton's Neuroma 10 - Intermetatarsal Bursa 11 - Talocrural (Tibiotalar) Joint - Anterior Aspect 12 - Talocrural (Tibiotalar) Joint - Posterior Aspect 13 - Subtalar (Posterior Facet) 14 - Tibialis Posterior Tendon 15 - Tibial Nerve 16 - ATFL 17 - CFL 18 - Peroneus (Fibularis) Longus & Brevis Tendons 19 - Subtalar Joint (Lateral) 20 - Sinus Tarsi
9:15 The Hindfoot Fundamentals Scanning to perform injections of the 1 - Achilles Tendon 2 - Retrocalcaneal Bursa 3 - Plantar Fascia	
10:15 Break	
10:25 The Midfoot Fundamentals Scanning to perform injections of the 4 - 1st Tarsometatarsal Joint 5 - Talonavicular Joint 6 - Talocuboid Joint	
11:30 Break	
11:45 The Forefoot Fundamentals Scanning to perform injections of the 7 - 1st Toe MTP Joint 8 - Sesamoids 9 - Morton's Neuroma 10 - Intermetatarsal Bursa	
12:25 Repeat all the scans from the morning	
12:45 LUNCH	
1:30 The Anterior Ankle & Posterior Ankle Fundamentals Scanning to perform injections of the 11 - Talocrural (Tibiotalar) Joint - Anterior Aspect 12 - Talocrural (Tibiotalar) Joint - Posterior Aspect 13 - Subtalar (Posterior Facet)	
2:25 Break	
2:30 The Medial Ankle Fundamentals Scanning to perform injections of the: 14 - Tibialis Posterior Tendon 15 - Tibial Nerve	
3:10 Break	
3:20 The Lateral Ankle Fundamentals Scanning to perform injections of the: 16 - ATFL 17 - CFL 18 - Peroneus (Fibularis) Longus & Brevis Tendons 19 - Subtalar Joint (Lateral) 20 - Sinus Tarsi	
4:30 Repeat all the scans from the day	
5:00 END OF DAY	1:00 LUNCH 2:00 FINAL SCANNING SESSION If you are able to stay around, we'd love to help you even more. This is the time when you refresh your memory on each injection! We think this is very important to help you retain your learning. During this session, you will be helped with: 1-How the patient should be positioned for each injection 2-Where the machine should be for each injection 3-How you should hold the probe for each injection 4:00 END OF DAY
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