



2026 2027 – Musical Beginnings – Week 1

PARENT DISCOVERY GUIDE

SU 4:30, MN 4:30, TU 9, WD 9, TH 9, FR 9, ST 9

Calendar

Classes Begin: September 13

No Classes: November 22 – 28

Sunday Only: Make-up Class 1: December 13, 2026 (for January 31 — when there is no class)

No Classes: December 14 – January 2

Important Links:

Parent Discovery Guides: <https://baldwinmusiceducenter.com/parent-discovery-guides>

Calendar: <https://baldwinmusiceducenter.com/current-calendar>

Absence/Flex Form: <https://baldwinmusiceducenter.com/current-student-resources>

Listening Lab: September Lullaby:

Rock-a-bye rock-a-bye
And don't you cry
Sweet baby girl/boy of mine.

Rock-a-bye rock-a-bye
And rest your head
And now it's time for bed

“Jupiter” from “The Planets” by Gustav Holst
(September 21, 1874 – May 25, 1934)

Reading Corner (provided in consultation with Pleasant Ridge Library Staff)

Board Book: My Hair is Like Yours by St. Clair Detrick-Jules

Classics: A Chair for My Mother by Vera B. Williams

Picture Book: Press Here by Hervé Tullet

Parent Must Read: The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind by Daniel J. Siegel, M.D.



Parenting Tips 🌱 by Telea Chenault



Growing Together

10 Weeks of Connection, Communication & Confidence

A 10-week journey toward more connection, communication, confidence, and calm in everyday parenting.

WEEK 1 — BE HERE

The Power of Being Present

Parent Tip

Your baby doesn't need your constant attention. They need to know that when they *do* seek you out, you are there.

Being present doesn't require an elaborate activity or hours of uninterrupted play. It can be putting your phone down during a diaper change, making eye contact during a feeding, or getting down on the floor for a few minutes and following your baby's lead.

You don't have to entertain your baby every minute of the day. Sometimes simply being nearby, noticing them, and responding when they reach out is enough.



Why It Matters

Responsive interactions help babies develop a sense of security and teach them that their actions and communication have an effect on the people around them.

Try It This Week

Spend five minutes each day completely focused on your baby. No phone, no multitasking, no agenda. Simply notice what they're interested in and join them.

Coming Next Week...

Your baby may not have words yet, but they're communicating all day long. Let's learn how to listen.



Music at Home — Week 1: Sing Their Name!

This week, pick one little tune you already know and substitute your child's name for some of the words. That's it!

Try it while getting dressed, changing a diaper, getting into the car seat or just sitting together:



- 🎵 “Hel-lo, Ev-er-ett!”
- 🎵 “Where is Cam-ille?”
- 🎵 “Good morn-ing, No-lan!”

It doesn’t matter what you sing or how your voice sounds. Your child already thinks your voice is the important one!

👶 Have a REALLY tiny baby? This is for you, too! Hold your baby close enough to see your face, sing their name once or twice, and then stop and wait. Watch their eyes, mouth, hands, feet or whole body. A tiny wiggle, a change in expression, looking toward you or becoming very still can be their “answer.”

You don’t need to make anything happen. Sing. Pause. Watch.

That’s music-making already. 🎵

Parent Discovery: The youngest babies may not be able to clap, sing or move on command, but they are still listening and learning. Sometimes the most important thing we can do is give them enough quiet space to respond however they can.